

THE LANCET

Diabetes & Endocrinology

Supplementary appendix

This appendix formed part of the original submission and has been peer reviewed.
We post it as supplied by the authors.

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Supplementary appendix for:

Disease progression and treatment response in data-driven subgroups of type 2 diabetes compared to models based on simple clinical features: an evaluation using clinical trial data

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Cluster assignment and characteristics (ADOPT and RECORD)

Supplementary Table 1: ADOPT cluster distributions, overall and by sex (n=4,003). SAID=severe autoimmune diabetes. SIDD=severe insulin-deficient diabetes. SIRD=severe insulin-resistant diabetes. MOD=mild obesity-related diabetes. MARD=mild age-related diabetes.

| Cluster | Male | | Female | | Overall | |
|---------|------|-----|--------|-----|---------|-----|
| | N | % | N | % | N | % |
| 1 SAID | 94 | 4% | 74 | 4% | 168 | 4% |
| 2 SIDD | 506 | 22% | 302 | 18% | 808 | 20% |
| 3 SIRD | 448 | 19% | 369 | 22% | 817 | 20% |
| 4 MOD | 411 | 18% | 447 | 26% | 858 | 21% |
| 5 MARD | 844 | 37% | 508 | 30% | 1352 | 34% |

Supplementary Table 2: Cluster centre coordinates in ADOPT

| | Cluster | HbA1c | BMI | Age at diagnosis | HOMA2-B | HOMA2-IR |
|---------|-----------|-----------|-----------|------------------|-----------|-----------|
| Females | C2 (SIDD) | 1.357582 | -0.438702 | 0.209430 | -0.873420 | -0.508708 |
| | C3 (SIRD) | -0.207560 | 0.801772 | -0.048181 | 1.168571 | 1.276217 |
| | C4 (MOD) | -0.283972 | 0.282755 | -0.956176 | -0.257172 | -0.274304 |
| | C5 (MARD) | -0.406427 | -0.570389 | 0.751853 | -0.103295 | -0.383230 |
| Males | C2 SIDD | 1.146754 | -0.334983 | -0.300259 | -0.780702 | -0.448964 |
| | C3 (SIRD) | -0.419911 | 0.021167 | 0.587122 | 1.132740 | 0.960985 |
| | C4 (MOD) | 0.102709 | 1.357982 | -0.838457 | 0.480047 | 0.743829 |
| | C5 (MARD) | -0.514633 | -0.471697 | 0.276666 | -0.366980 | -0.603150 |

Supplementary Table 3: ADOPT Cluster characteristics by sex (n=4,003). SAID=severe autoimmune diabetes. SIDD=severe insulin-deficient diabetes. SIRD=severe insulin-resistant diabetes. MOD=mild obesity-related diabetes. MARD=mild age-related diabetes. HOMA2-B=homoeostatic model assessment 2 estimates of β -cell function. HOMA2-IR=homoeostatic model assessment 2 estimates of insulin resistance.

A) Females

| Cluster | Number of participants (%) | HbA1c (mmol/mol) | | BMI kg/m ² | | Age at diagnosis (years) | | HOMA2-B (%) | | HOMA2-IR (%) | |
|---------|----------------------------|------------------|-------|-----------------------|-------|--------------------------|-------|-------------|--------|--------------|---------|
| | | Median | IQR | Median | IQR | Median | IQR | Median | IQR | Median | IQR |
| 1 SAID | 74 (4%) | 59 | 50-65 | 33 | 28-38 | 59 | 51-64 | 63 | 46-87 | 2.4 | 1.5-3.4 |
| 2 SIDD | 302 (18%) | 69 | 65-75 | 30 | 27-34 | 57 | 52-64 | 49 | 38-59 | 2.2 | 1.7-2.8 |
| 3 SIRD | 369 (22%) | 55 | 49-61 | 39 | 35-43 | 55 | 49-62 | 102 | 87-125 | 4.3 | 3.8-5.0 |
| 4 MOD | 447 (26%) | 54 | 50-58 | 35 | 31-40 | 46 | 41-50 | 67 | 54-79 | 2.6 | 2.1-3.1 |
| 5 MARD | 508 (30%) | 53 | 49-57 | 30 | 27-33 | 64 | 58-68 | 70 | 58-83 | 2.5 | 1.9-3.0 |

B) Males

| Cluster | Number of participants (%) | HbA1c (mmol/mol) | | BMI kg/m ² | | Age at diagnosis (years) | | HOMA2-B (%) | | HOMA2-IR (%) | |
|---------|----------------------------|------------------|-------|-----------------------|-------|--------------------------|-------|-------------|--------|--------------|---------|
| | | Median | IQR | Median | IQR | Median | IQR | Median | IQR | Median | IQR |
| 1 SAID | 94 (4%) | 57 | 53-64 | 29 | 27-33 | 57 | 49-64 | 60 | 46-77 | 2.4 | 1.7-3.1 |
| 2 SIDD | 506 (22%) | 67 | 63-73 | 29 | 27-32 | 53 | 46-60 | 49 | 38-59 | 2.3 | 1.8-2.8 |
| 3 SIRD | 448 (19%) | 52 | 48-57 | 31 | 29-34 | 63 | 57-68 | 100 | 86-117 | 3.7 | 3.2-4.6 |
| 4 MOD | 411 (18%) | 57 | 52-63 | 37 | 34-42 | 49 | 41-54 | 83 | 68-98 | 3.5 | 3.0-4.3 |
| 5 MARD | 844 (37%) | 52 | 48-56 | 28 | 26-31 | 59 | 53-65 | 60 | 51-72 | 2.2 | 1.7-2.6 |

Supplementary Table 4: Cluster characteristics for each trial population

ADOPT (n=4,003). Median (interquartile range) unless stated.

| | 1 SAID | 2 SIDD | 3 SIRD | 4 MOD | 5 MARD |
|---|---------------|----------------|---------------|---------------|---------------|
| N. participants (%) | 168 (4%) | 808 (20%) | 817 (20%) | 858 (21%) | 1352 (34%) |
| HbA1c (mmol/mol) | 58 (52-64) | 67 (64-74) | 53 (48-60) | 55 (51-61) | 53 (49-56) |
| BMI (kg/m ²) | 30 (27-36) | 29 (27-32) | 34 (30-38) | 36 (33-40) | 29 (26-31) |
| Age at diagnosis (years) | 57 (49-64) | 55 (48-61) | 59 (53-66) | 47 (41-52) | 61 (55-66) |
| HOMA2-B (%)* | 61 (46-83) | 49 (38-59) | 101 (87-121) | 74 (59-89) | 64 (53-76) |
| HOMA2-IR* | 2.4 (1.6-3.3) | 2.3 (1.8-2.8) | 4.0 (3.4-4.7) | 3.1 (2.4-3.7) | 2.3 (1.8-2.7) |
| Male sex (%) | 94 (56%) | 506 (63%) | 448 (55%) | 411 (48%) | 844 (62%) |
| Ethnicity (% White) | 158 (94%) | 745 (92%) | 804 (98%) | 801 (93%) | 1327 (98%) |
| Fasting glucose (mmol/l) | 8.3 (7.6-9.3) | 9.2 (8.4-10.2) | 7.9 (7.2-8.7) | 8.3 (7.5-9.2) | 8.0 (7.4-8.6) |
| Fasting insulin (pmol/L) | 108 (70-150) | 93 (72-129) | 208 (150-280) | 158 (114-215) | 96 (72-126) |
| Fasting C-peptide (nmol/L) | 0.9 (0.6-1.3) | 0.8 (0.7-1.0) | 1.6 (1.4-1.8) | 1.2 (1.0-1.4) | 0.9 (0.7-1.1) |
| eGFR (ml/min per 1.73m ²)** | 93 (82-103) | 98 (87-106) | 90 (77-100) | 104 (96-112) | 93 (82-100) |
| eGFR <60 at baseline (%)** | 4 (2%) | 14 (2%) | 41 (5%) | 8 (1%) | 44 (3%) |
| Albuminuria (mg/g)*** | 7 (4-16) | 8 (4-17) | 8 (4-18) | 7 (4-19) | 6 (4-13) |
| Albuminuria ≥ 30 at baseline (%)*** | 26 (16%) | 126 (16%) | 145 (18%) | 154 (18%) | 158 (12%) |
| HDL (mmol/L) | 1.2 (1.1-1.5) | 1.2 (1.0-1.5) | 1.1 (1.0-1.3) | 1.1 (1.0-1.4) | 1.3 (1.1-1.5) |
| LDL (mmol/L) | 3.0 (2.4-3.6) | 3.3 (2.7-4.0) | 2.9 (2.4-3.6) | 3.1 (2.5-3.7) | 3.2 (2.6-3.8) |
| ALT (U/L) | 21 (16-31) | 22 (17-31) | 26 (19-36) | 26 (18-37) | 21 (16-29) |

*Calculated with HOMA2 calculator using fasting glucose and fasting C-peptide

** Calculated with CKD-EPI formula ***71 individuals with missing albuminuria at baseline

RECORD (n=4,148; ADOPT-defined clusters). Median (interquartile range) unless stated.

| | 1 SAID | 2 SIDD | 3 SIRD | 4 MOD | 5 MARD |
|---|--------|---------------|---------------|---------------|---------------|
| N. participants (%) | NA | 974 (23%) | 803 (19%) | 852 (21%) | 1519 (37%) |
| HbA1c (mmol/mol) | | 72 (68-75) | 58 (55-64) | 62 (57-66) | 60 (55-63) |
| BMI (kg/m ²) | | 29 (27-32) | 34 (31-37) | 35 (31-37) | 29 (27-31) |
| Age at diagnosis (years) | | 50 (44-55) | 54 (48-59) | 44 (40-48) | 56 (51-61) |
| HOMA2-B (%)* | | 18 (13-24) | 57 (45-74) | 32 (23-42) | 28 (20-36) |
| HOMA2-IR* | | 1.1 (0.7-1.5) | 2.4 (1.9-3.1) | 1.4 (1.0-2.0) | 1.0 (0.7-1.3) |
| Diabetes duration (years) | | 7 (4-11) | 5 (3-7) | 6 (4-10) | 5 (3-8) |
| Male sex (%) | | 571 (59%) | 361 (45%) | 313 (37%) | 898 (59%) |
| Ethnicity (% White) | | 964 (99%) | 795 (99%) | 841 (99%) | 1510 (99%) |
| Fasting glucose (mmol/l) | | 11 (10-13) | 9 (8-10) | 10 (8-11) | 9 (8-10) |
| Fasting insulin (pmol/L) | | 48 (32-66) | 114 (91-146) | 67 (48-91) | 45 (32-61) |
| Fasting C-peptide (nmol/L) | | NA | NA | NA | NA |
| eGFR (ml/min per 1.73m ²)** | | 100 (91-106) | 97 (88-105) | 106 (99-112) | 96 (87-102) |
| eGFR <60 at baseline (%)** | | 13 (1%) | 28 (3%) | 9 (1%) | 30 (2%) |
| Albuminuria (mg/g)*** | | 9 (5-25) | 9 (5-23) | 9 (5-24) | 8 (4-17) |
| Albuminuria ≥ 30 at baseline (%)*** | | 190 (22%) | 142 (20%) | 149 (20%) | 209 (16%) |
| HDL (mmol/L) | | 1.2 (1.0-1.4) | 1.1 (0.9-1.3) | 1.2 (1.0-1.4) | 1.2 (1.0-1.4) |
| LDL (mmol/L) | | 3.4 (2.8-4.0) | 3.2 (2.5-3.8) | 3.2 (2.6-3.8) | 3.3 (2.6-3.8) |
| ALT (U/L) | | 25 (19-36) | 29 (21-41) | 26 (19-39) | 23 (17-31) |

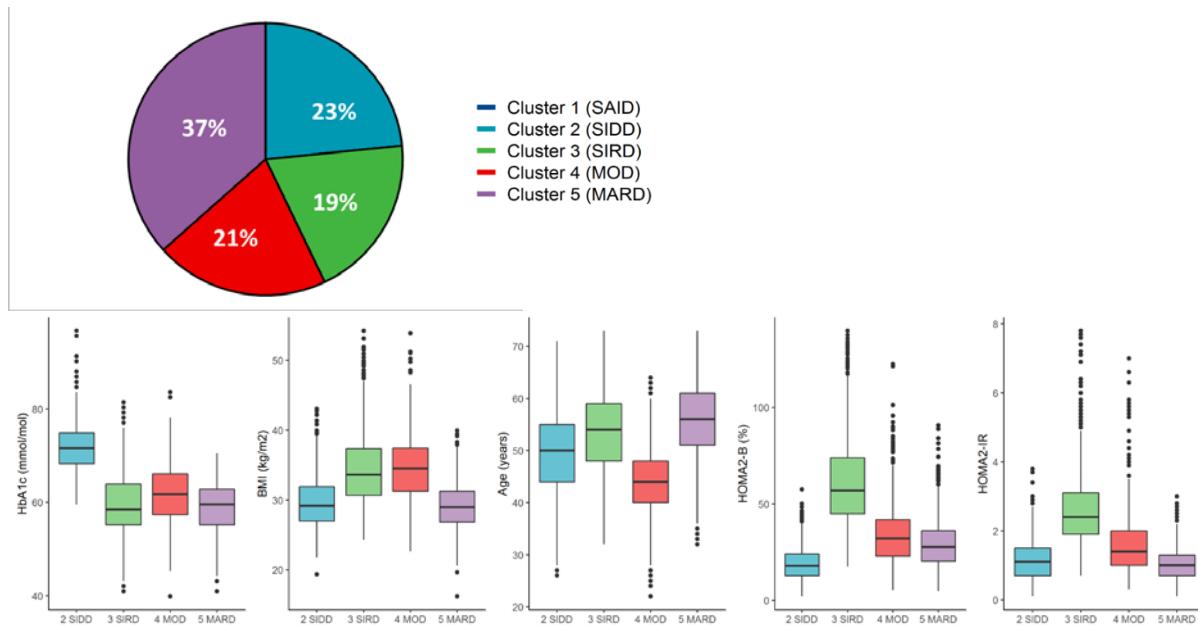
*Calculated with HOMA2 calculator using fasting glucose and fasting insulin as fasting C-peptide not available

** Calculated with CKD-EPI formula, 2 individuals missing eGFR at baseline ***479 individuals with missing albuminuria at baseline

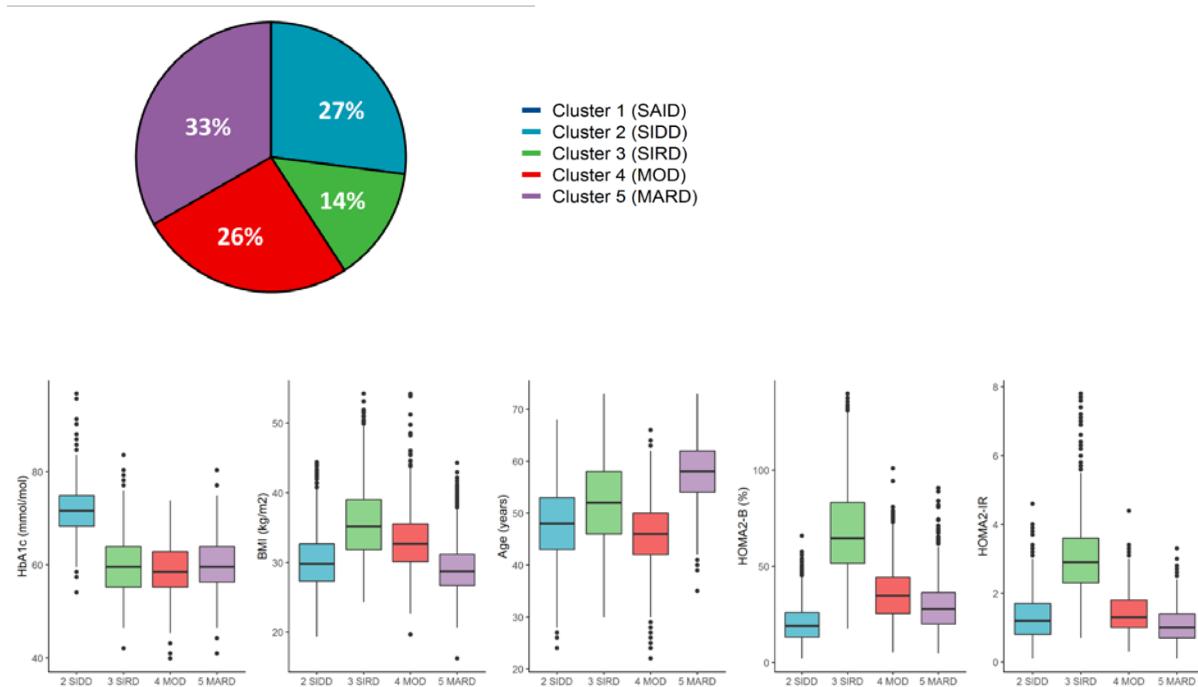
Supplementary Figure 1: clusters characteristics in RECORD. Cluster distribution and cluster characteristics (n=4,148). RECORD participants assignment and distributions of baseline clinical characteristics according to k-means clustering (A) Clusters derived in ADOPT and assigned to RECORD participants (B) Clusters derived in RECORD and assigned to RECORD participants.

SAID=severe autoimmune diabetes. SIDD=severe insulin-deficient diabetes. SIRD=severe insulin-resistant diabetes. MOD=mild obesity-related diabetes. MARD=mild age-related diabetes. HOMA2-B=homoeostatic model assessment 2 estimates of β -cell function. HOMA2-IR=homoeostatic model assessment 2 estimates of insulin resistance.

(A) ADOPT derived clusters

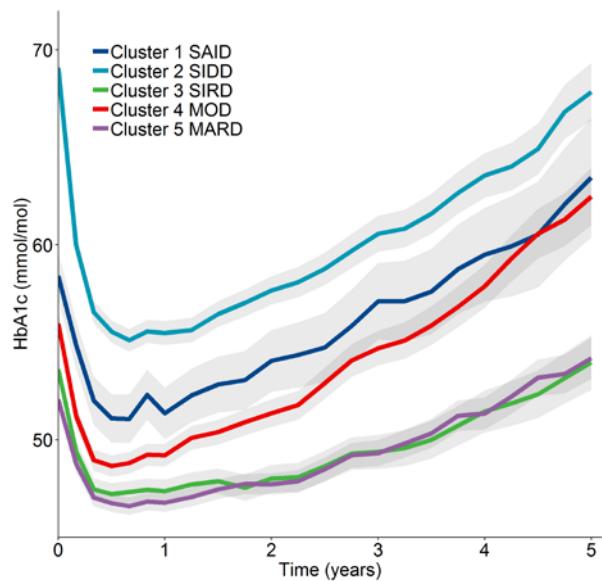


(B) RECORD derived clusters



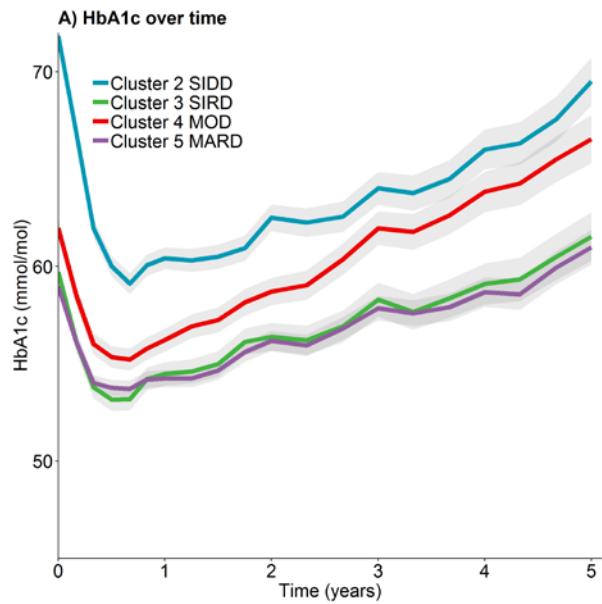
Glycaemic progression

Supplementary Figure 2: HbA1c over time from randomisation by cluster in ADOPT (n=3,802).



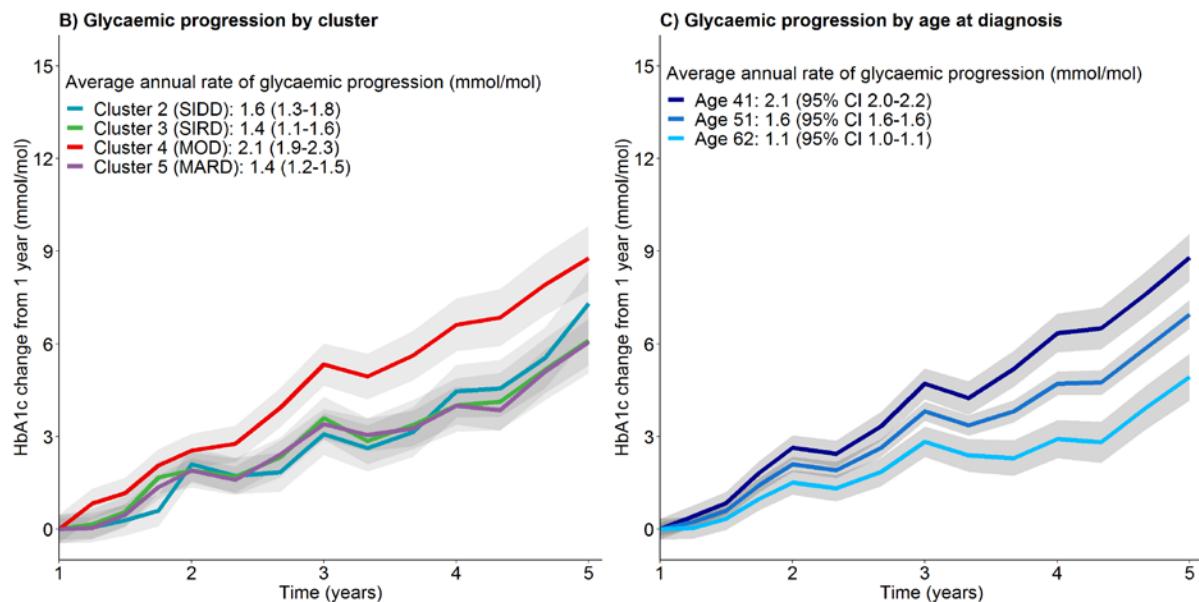
Supplementary Figure 3: HbA1c in RECORD

(A) HbA1c over time from randomisation by cluster (n=4,057);



Supplementary Figure 3 (cont.): HbA1c in RECORD.

(B) Glycaemic progression from 1 year by ADOPT derived cluster (n=3,586); (C) Glycaemic progression from 1 year by age at diagnosis (10th, 50th and 90% percentile of RECORD participants) (n=3,586). Data are estimates from repeated measures mixed effects models.



Supplementary Table 5: Glycaemic progression model performance measures to compare model using clusters and model using age at diagnosis. A higher adequacy index suggests a better model (calculated as model LR χ^2 / Combined model LR χ^2)

A) ADOPT

| | R ² | AIC | LR χ^2 | Adequacy Index |
|--|----------------|--------|-------------|----------------|
| Clusters | 0.084 | 221404 | 1225 | 0.95 |
| Age at diagnosis | 0.088 | 221318 | 1210 | 0.94 |
| Combined model (clusters + age at diagnosis) | 0.093 | 221371 | 1292 | 1.00 |

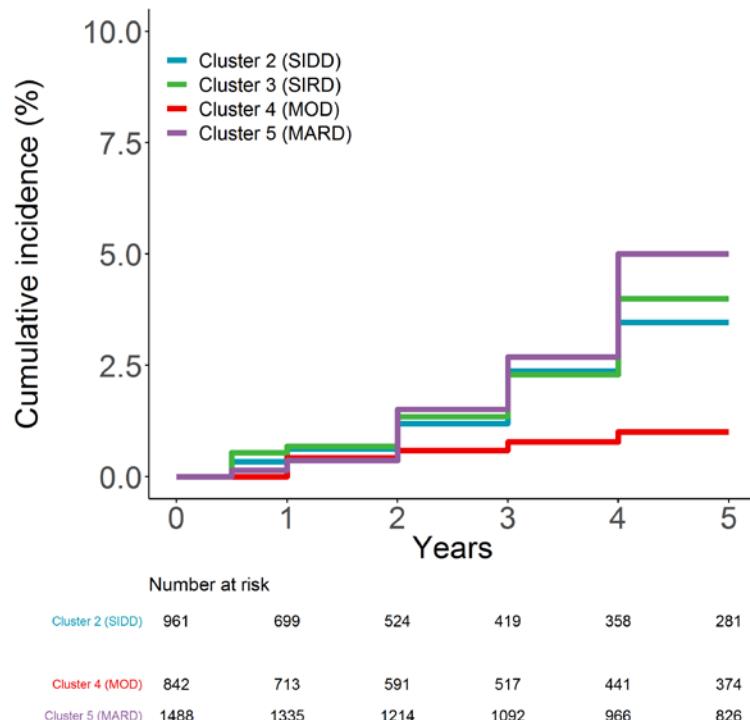
B) RECORD

| | R ² | AIC | LR χ^2 | Adequacy Index |
|--|----------------|--------|-------------|----------------|
| Clusters | 0.048 | 274658 | 1065 | 0.89 |
| Age at diagnosis | 0.052 | 274624 | 1099 | 0.92 |
| Combined model (clusters + age at diagnosis) | 0.055 | 274642 | 1196 | 1.00 |

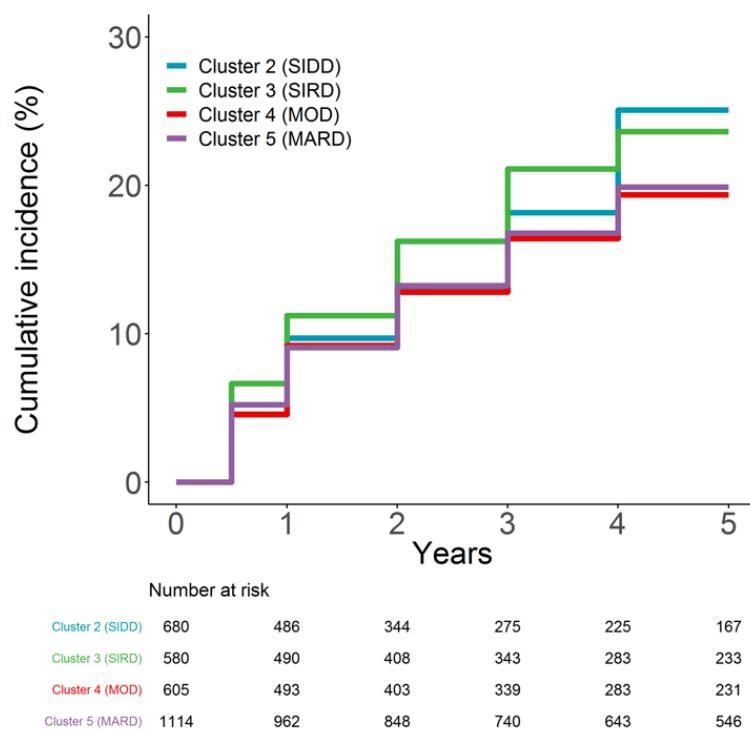
Renal progression

Supplementary Figure 4: Renal progression by cluster in RECORD (clusters derived from ADOPT)

(A) Cumulative incidence of CKD Stage 3 (confirmed eGFR <60) in individuals with eGFR ≥ 60 at baseline (n=4,066). eGFR calculated using CKD-EPI formula.



(B) Cumulative incidence of albuminuria (UACR ≥ 30 mg/g) in individuals with UACR <30 mg/g at baseline (n=2,979).



Supplementary Table 6: Risk of renal progression by cluster in RECORD (clusters derived from ADOPT)

(A) Time to CKD Stage 3 (n=4,066). eGFR calculated using CKD-EPI formula.

| | No. | Person years at risk | Events | Hazard ratio (95% CI) | |
|--------------------|------|----------------------|--------|-----------------------|------------------|
| | | | | Unadjusted | Adjusted* |
| Time to CKD | | | | | |
| Cluster | | | | | |
| C1 (SAID) | NA | NA | NA | NA | NA |
| C2 (SIDD) | 961 | 2551 | 17 | 1.00 (ref) | 1.00 (ref) |
| C3 (SIRD) | 775 | 2789 | 22 | 1.12 (0.60-2.11) | 0.96 (0.51-1.81) |
| C4 (MOD) | 842 | 2811 | 6 | 0.31 (0.12-0.78) | 0.57 (0.22-1.45) |
| C5 (MARD) | 1488 | 5658 | 55 | 1.37 (0.79-2.36) | 1.16 (0.67-2.00) |

*Adjusted for baseline eGFR

(B) Time to albuminuria (n=2,979)

| | No. | Person years at risk | Events | Hazard ratio (95% CI) | |
|----------------------------|------|----------------------|--------|-----------------------|------------------|
| | | | | Unadjusted | Adjusted* |
| Time to albuminuria | | | | | |
| Cluster | | | | | |
| C1 (SAID) | NA | NA | NA | NA | NA |
| C2 (SIDD) | 680 | 1679 | 103 | 1.00 (ref) | 1.00 (ref) |
| C3 (SIRD) | 580 | 1860 | 113 | 1.04 (0.80-1.36) | 1.02 (0.78-1.34) |
| C4 (MOD) | 605 | 1869 | 90 | 0.82 (0.62-1.09) | 0.82 (0.62-1.09) |
| C5 (MARD) | 1114 | 3906 | 188 | 0.85 (0.66-1.08) | 0.92 (0.72-1.17) |

*Adjusted for baseline UACR

Supplementary Table 7: Time to CKD Stage 3. eGFR calculated using MDRD formula.

(A) ADOPT (n=3,650)

| | No. | Person years at risk | Events | Hazard ratio (95% CI) | |
|--------------------|------|----------------------|--------|-----------------------|------------------|
| | | | | Unadjusted | Adjusted* |
| Time to CKD | | | | | |
| Cluster | | | | | |
| C1 (SAID) | 152 | 492 | 7 | 3.00 (1.16-7.72) | 1.67 (0.64-4.32) |
| C2 (SIDD) | 748 | 2235 | 11 | 1.00 (ref) | 1.00 (ref) |
| C3 (SIRD) | 729 | 2427 | 35 | 2.99 (1.53-5.92) | 1.65 (0.84-3.26) |
| C4 (MOD) | 799 | 2406 | 11 | 0.93 (0.40-2.14) | 1.33 (0.57-3.06) |
| C5 (MARD) | 1222 | 4325 | 41 | 2.00 (1.03-3.90) | 1.52 (0.78-2.97) |

*Adjusted for baseline eGFR

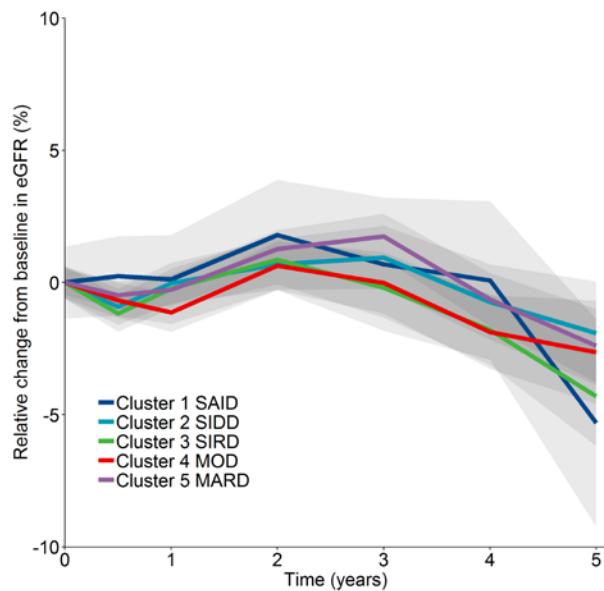
(B) RECORD (n=4,032)

| | No. | Person years at risk | Events | Hazard ratio (95% CI) | |
|--------------------|------|----------------------|--------|-----------------------|------------------|
| | | | | Unadjusted | Adjusted* |
| Time to CKD | | | | | |
| Cluster | | | | | |
| C1 (SAID) | NA | NA | NA | NA | NA |
| C2 (SIDD) | 956 | 2528 | 20 | 1.00 (ref) | 1.00 (ref) |
| C3 (SIRD) | 769 | 2753 | 30 | 1.31 (0.74-2.31) | 1.10 (0.91-1.94) |
| C4 (MOD) | 838 | 2781 | 15 | 0.66 (0.34-1.28) | 0.98 (0.50-1.91) |
| C5 (MARD) | 1469 | 5570 | 74 | 1.58 (0.96-2.59) | 1.41 (0.86-2.32) |

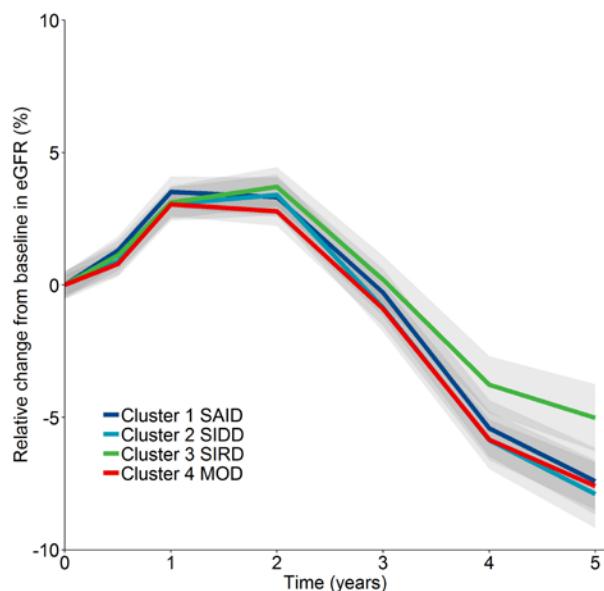
*Adjusted for baseline eGFR

Supplementary Figure 5: Relative change in eGFR from baseline, by cluster. eGFR calculated using CKD-EPI formula. Estimates are from mixed effects models.

A) ADOPT (n=3,694)

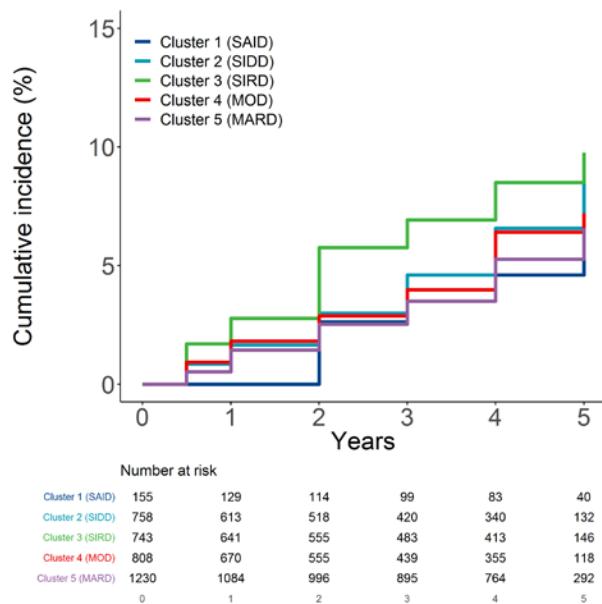


B) RECORD (n=4,066)

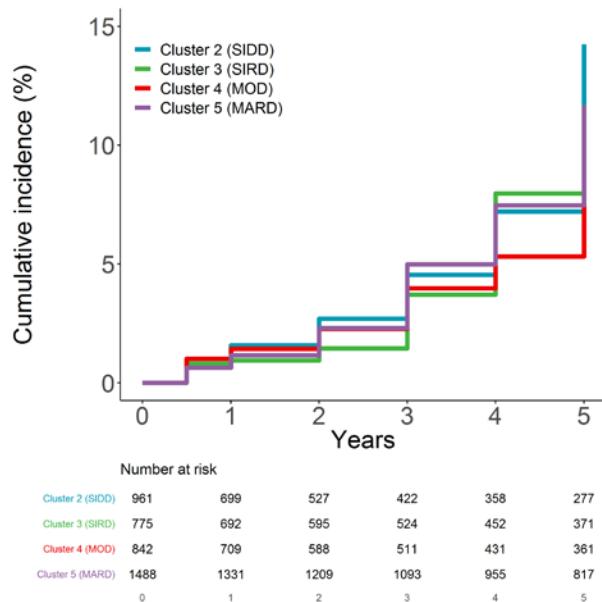


Supplementary Figure 6: Cumulative incidence of 30% relative change in eGFR from baseline, by cluster. eGFR calculated using CKD-EPI formula.

A) ADOPT (n=3,694)



B) RECORD (n=4,066)



Supplementary Table 8: Risk of 30% relative change in eGFR from baseline by cluster. eGFR calculated using CKD-EPI formula.

(A) ADOPT (n=3,694)

| | No. | Person years at risk | Events | Hazard ratio (95% CI) | |
|--|------|----------------------|--------|-----------------------|------------------|
| | | | | Unadjusted | Adjusted* |
| Time to 30% relative change in eGFR | | | | | |
| Cluster | | | | | |
| C1 (SAID) | 155 | 508 | 7 | 0.88 (0.39-1.97) | 0.78 (0.35-1.77) |
| C2 (SIDD) | 758 | 2239 | 35 | 1.00 (ref) | 1.00 (ref) |
| C3 (SIRD) | 743 | 2452 | 51 | 1.33 (0.87-2.05) | 1.16 (0.75-1.79) |
| C4 (MOD) | 808 | 2387 | 34 | 0.92 (0.57-1.48) | 1.05 (0.65-1.69) |
| C5 (MARD) | 1230 | 4359 | 54 | 0.79 (0.51-1.20) | 0.72 (0.47-1.10) |

*Adjusted for baseline eGFR

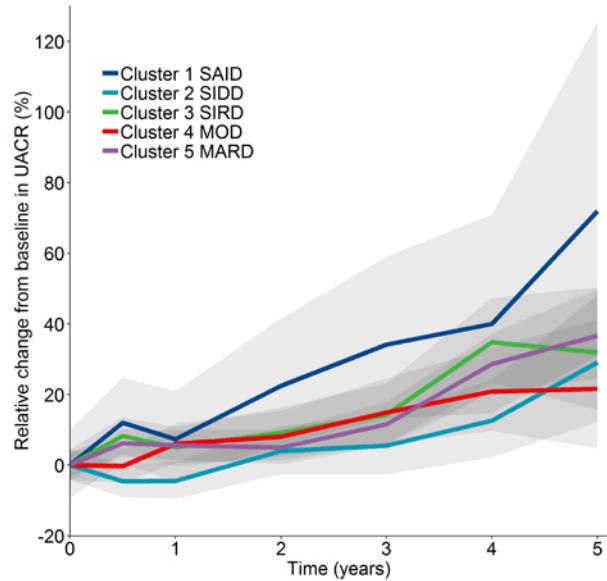
(B) RECORD (n=4,066)

| | No. | Person years at risk | Events | Hazard ratio (95% CI) | |
|--|------|----------------------|--------|-----------------------|------------------|
| | | | | Unadjusted | Adjusted* |
| Time to 30% relative change in eGFR | | | | | |
| Cluster | | | | | |
| C1 (SAID) | NA | NA | NA | NA | NA |
| C2 (SIDD) | 961 | 2547 | 58 | 1.00 (ref) | 1.00 (ref) |
| C3 (SIRD) | 775 | 2771 | 57 | 0.83 (0.58-1.20) | 0.78 (0.54-1.12) |
| C4 (MOD) | 842 | 2773 | 40 | 0.59 (0.39-0.88) | 0.74 (0.49-1.11) |
| C5 (MARD) | 1488 | 5625 | 122 | 0.85 (0.62-1.16) | 0.78 (0.57-1.07) |

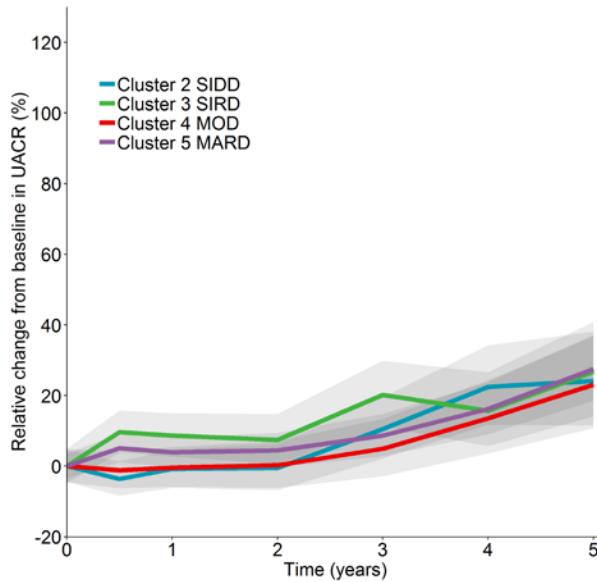
*Adjusted for baseline eGFR

Supplementary Figure 7: Relative change in urinary albumin to creatinine ratio from baseline, by cluster.
 Estimates are from mixed effects models with UACR modelled on log scale.

A) ADOPT (n=3,168)

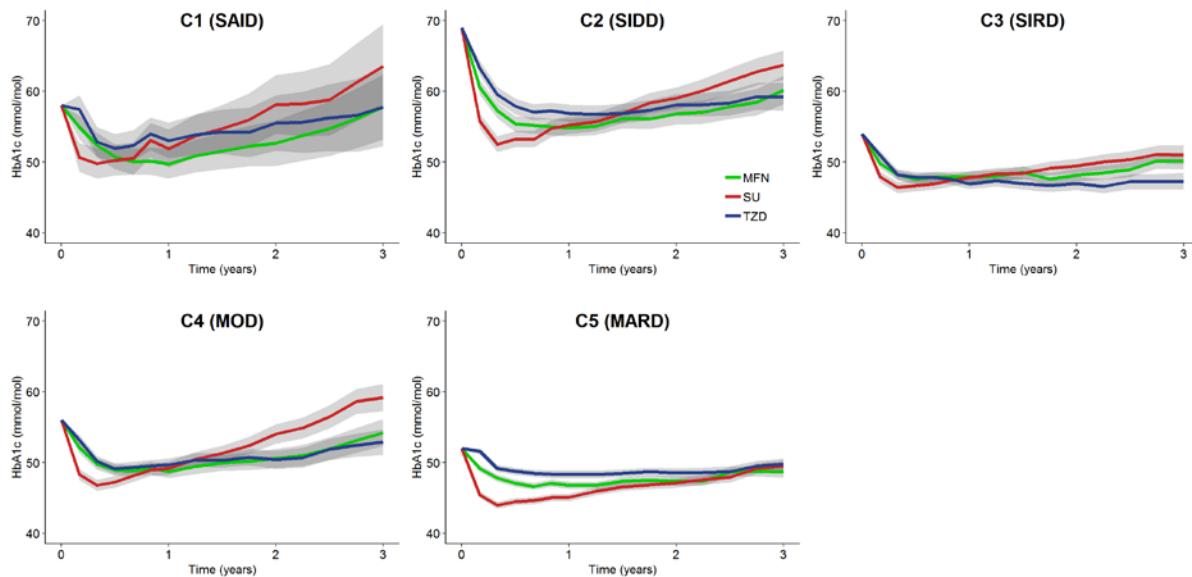


B) RECORD (n=2,979)



HbA1c response

Supplementary Figure 8: Changes in HbA1c (ADOPT trial, n=3,785). Adjusted mean HbA1c over 3 years by drug for clusters 1-5 (repeated measures mixed model). Grey shading shows 95% CIs.



Supplementary Table 9: Beta coefficients from mixed effects models for clinical features, by drug. For continuous features beta coefficients represent the change in HbA1c response for a 1-unit increase in the clinical feature. A negative coefficient indicates a higher value of the clinical feature is associated with greater reduction in HbA1c.

| | Metformin | Sulfonylureas | Thiazolidinediones |
|--------------------------|--------------------|---------------------|---------------------|
| Baseline HbA1c (time 0)* | 0.69 (0.66;0.72) | 0.59 (0.55;0.63) | 0.69 (0.65;0.73) |
| BMI | -0.02 (-0.07;0.03) | 0.03 (-0.02;0.09) | -0.11 (-0.16;-0.06) |
| Age at diagnosis | 0.00 (-0.03;0.03) | -0.02 (-0.05;0.01) | -0.02 (-0.06;0.01) |
| Sex: Male | 0.53 (-0.07;1.13) | -1.54 (-2.19;-0.89) | 0.59 (-0.06;1.23) |

*Full baseline HbA1c:study visit interaction terms not reported for brevity.

Treatment selection

Supplementary Table 10

ADOPT number of concordant individuals, by cluster, for treatment selection at 3 years based on Strategy A) treatment selection based on clusters

| Cluster | Discordant | Concordant |
|-----------|------------|------------|
| C1 (SAID) | 93 | 65 |
| C2 (SIDD) | 257 | 502 |
| C3 (SIRD) | 510 | 265 |
| C4 (MOD) | 272 | 539 |
| C5 (MARD) | 838 | 424 |

Supplementary Table 11

ADOPT number (%) of concordant individuals, by drug at 3 years, for:

Strategy A) treatment selection based on clusters

| | Discordant | Concordant |
|---------------------|------------|------------|
| Overall | 1970 (52%) | 1795 (48%) |
| By randomised drug: | | |
| Metformin | 702 (55%) | 569 (45%) |
| Sulfonylureas | 555 (45%) | 672 (55%) |
| Thiazolidinedione | 713 (56%) | 554 (44%) |

Strategy B) treatment selection based on clinical features

| | Discordant | Concordant |
|---------------------|------------|------------|
| Overall | 1227 (33%) | 2538 (67%) |
| By randomised drug: | | |
| Metformin | 225 (18%) | 1046 (82%) |
| Sulfonylureas | 455 (37%) | 772 (63%) |
| Thiazolidinedione | 547 (43%) | 720 (57%) |

Supplementary Table 12

RECORD number of concordant individuals, by cluster, for treatment selection at 3 years based on Strategy A) treatment selection based on clusters

| Cluster | Discordant | Concordant |
|-----------|------------|------------|
| C1 (SAID) | - | - |
| C2 (SIDD) | 455 | 493 |
| C3 (SIRD) | 406 | 386 |
| C4 (MOD) | 239 | 594 |
| C5 (MARD) | 1121 | 363 |

Supplementary Table 13

RECORD number (%) of concordant individuals, by drug at 3 years, for:

Strategy A) treatment selection based on clusters

| | Discordant | Concordant |
|---------------------|------------|------------|
| Overall | 2221 (55%) | 1836 (45%) |
| By randomised drug: | | |
| Metformin | 540 (54%) | 463 (46%) |
| Sulfonylureas | 469 (46%) | 546 (54%) |
| Thiazolidinedione | 1212 (59%) | 827 (41%) |

Strategy B) treatment selection based on clinical features

| | Discordant | Concordant |
|---------------------|------------|------------|
| Overall | 1117 (28%) | 2940 (72%) |
| By randomised drug: | | |
| Metformin | 23 (2%) | 980 (98%) |
| Sulfonylureas | 494 (49%) | 521 (51%) |
| Thiazolidinedione | 600 (29%) | 1439 (71%) |

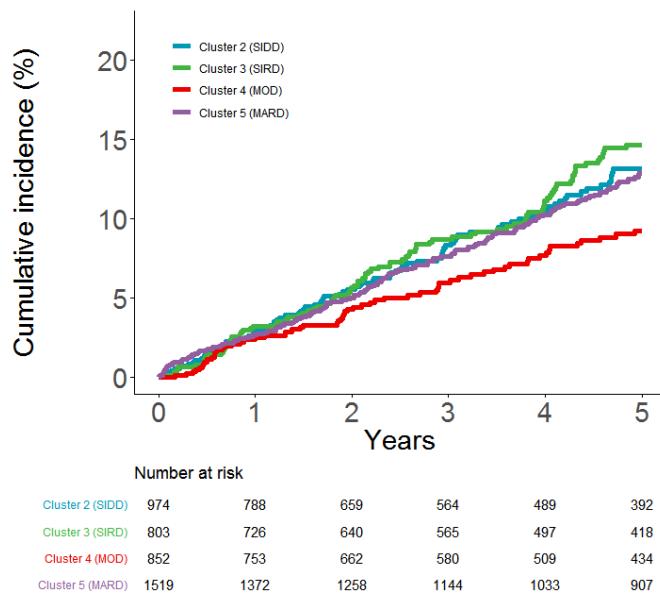
Supplementary Table 14: Change in AUC HbA1c over three years in concordant and discordant treatment selection groups using different HbA1c thresholds to define concordant/discordant groups, for clusters model and clinical features model (RECORD n=4,057)

| HbA1c threshold (mmol/mol) | Clusters 3 Year AUC HbA1c | | Continuous features 3 Year AUC HbA1c | |
|-------------------------------|---------------------------|---------------------|--------------------------------------|---------------------|
| | Concordant | Discordant | Concordant | Discordant |
| 0 | -18.0 (-19.6;-16.4) | -15.0 (-16.1;-14.0) | -18.3 (-20.0;-16.7) | -14.8 (-15.9;-13.8) |
| 1 | -17.0 (-18.4;-15.6) | -15.2 (-16.3;-14.0) | -18.3 (-19.6;-16.9) | -13.9 (-15.1;-12.7) |
| 2 | -17.0 (-18.4;-15.6) | -15.2 (-16.3;-14.0) | -17.6 (-18.7; -16.5) | -13.2 (-14.7;-11.8) |
| 3 | -16.9 (-18.2;-15.6) | -15.1 (-16.3;-13.9) | -17.0 (-18.0;-15.9) | -13.1 (-14.9;-11.4) |
| 4 | -16.9 (-18.1;-15.7) | -14.9 (-16.2;-13.6) | -16.6 (-17.5;-15.6) | -13.4 (-15.4;-11.4) |

Cardiovascular outcomes (RECORD trial)

Supplementary Figure 9: Cumulative incidence of cardiovascular hospitalisation or death, by ADOPT-derived cluster.

RECORD (n=4,057)



Supplementary Table 15: Risk of cardiovascular hospitalisation or death by cluster in RECORD (clusters derived from ADOPT)

RECORD (n=4,057)

| | No. | Person years at risk | Events | Hazard ratio (95% CI) | |
|--|------|----------------------|--------|-----------------------|------------------|
| | | | | Unadjusted | Adjusted* |
| Time to cardiovascular hospitalisation or death | | | | | |
| Cluster | | | | | |
| C1 (SAID) | NA | NA | NA | NA | NA |
| C2 (SIDD) | 948 | 3172 | 88 | 1.00 (ref) | 1.00 (ref) |
| C3 (SIRD) | 792 | 3038 | 94 | 1.11 (0.83-1.49) | 1.06 (0.79-1.41) |
| C4 (MOD) | 833 | 3141 | 62 | 0.71 (0.51-0.98) | 1.02 (0.73-1.43) |
| C5 (MARD) | 1484 | 5996 | 161 | 0.97 (0.74-1.25) | 0.79 (0.61-1.03) |

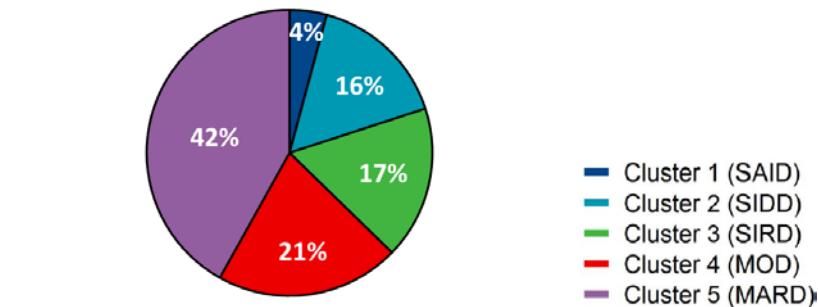
*Adjusted for age at trial entry

Application of clusters from the Swedish All New Diabetics in Scania cohort (ANDIS) to ADOPT

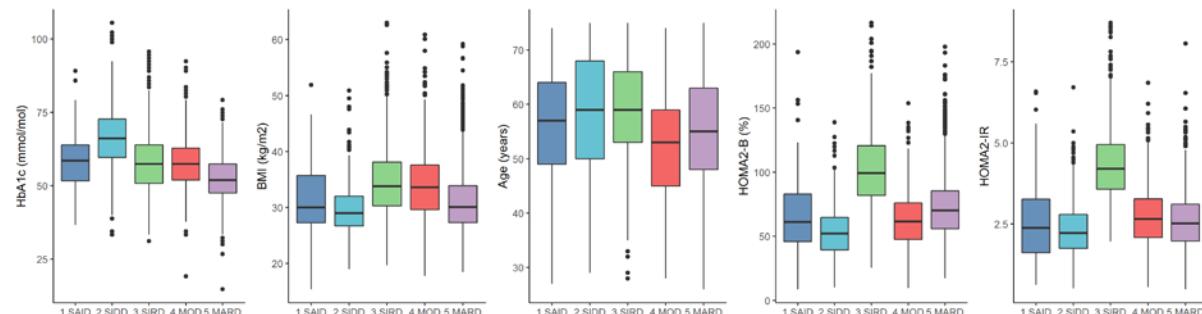
Supplementary Figure 10: Characteristics of clusters assigned in ADOPT from the cluster centre coordinates in ANDIS (n=4,003). Cluster centre coordinates originally published in Table S3, Ahlqvist et al., Lancet Diabetes Endocrinology 2018;6:361-69.

SAID=severe autoimmune diabetes. SIDD=severe insulin-deficient diabetes. SIRD=severe insulin-resistant diabetes. MOD=mild obesity-related diabetes. MARD=mild age-related diabetes. HOMA2-B=homoeostatic model assessment 2 estimates of β -cell function. HOMA2-IR=homoeostatic model assessment 2 estimates of insulin resistance.

(A) Distribution of ADOPT participants according to ANDIS clustering



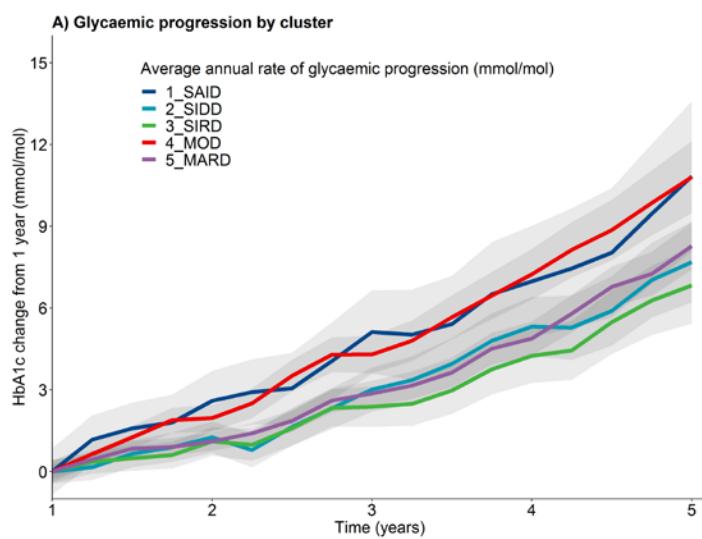
(B) Distributions of HbA1c, BMI, age at diagnosis, HOMA2-B, and HOMA2-IR at baseline for each ANDIS-derived cluster.



Supplementary Table 16: Concordance between clusters defined de-novo in ADOPT and clusters assigned in ADOPT from ANDIS cluster centre coordinates

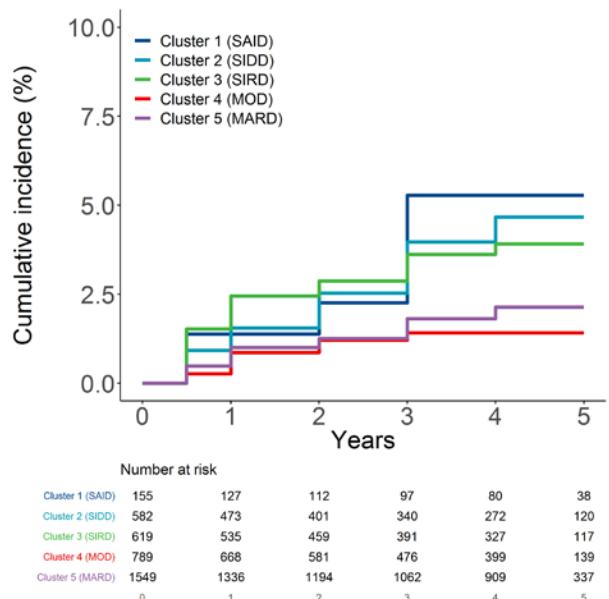
| ADOPT clusters | ANDIS clusters | | | | |
|----------------|----------------|------------|------------|------------|------------|
| | C1 (SAID) | C2 (SIDD) | C3 (SIRD) | C4 (MOD) | C5 (MARD) |
| C1 (SAID) | 100% | 0% | 0% | 0% | 0% |
| C2 (SIDD) | 0% | 56% | 9% | 25% | 9% |
| C3 (SIRD) | 0% | 1% | 59% | 2% | 38% |
| C4 (MOD) | 0% | 2% | 12% | 43% | 43% |
| C5 (MARD) | 0% | 11% | 3% | 18% | 68% |

Supplementary Figure 11: Glycaemic progression by cluster in ADOPT from one to five years using ANDIS-derived clusters (n=3,016)

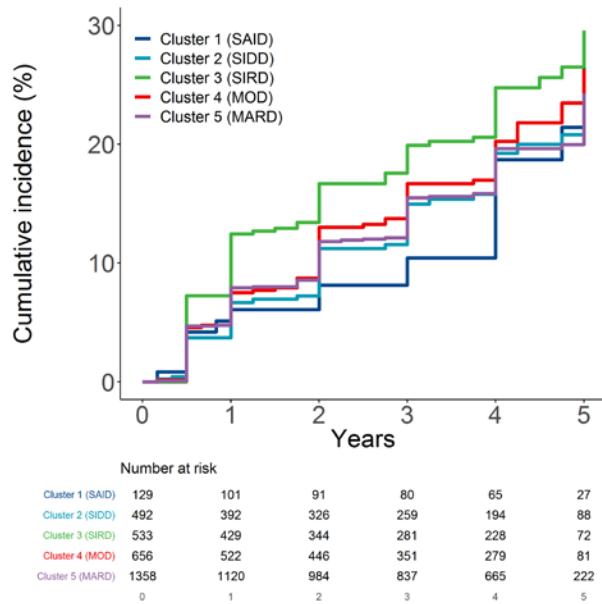


Supplementary Figure 12: Renal progression by cluster in ADOPT over five years using ANDIS-derived clusters.

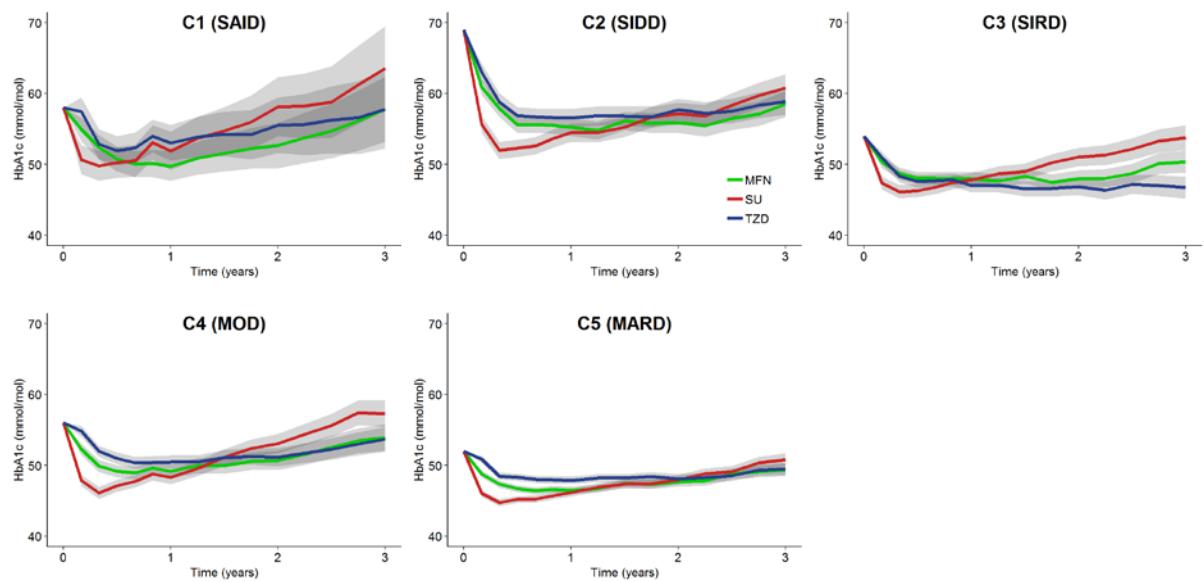
(A) Cumulative incidence of CKD Stage 3 (confirmed eGFR <60) in individuals with eGFR ≥ 60 at baseline (n=3,694). eGFR calculated using CKD-EPI formula.



(B) Cumulative incidence of albuminuria (UACR ≥ 30 mg/g) in individuals with UACR < 30 mg/g at baseline (n=3,168).



Supplementary Figure 13: Change in HbA1c by drug for each cluster in ADOPT over three years using ANDIS-derived clusters (n=3,785). Adjusted mean HbA1c over three years by drug. Grey shading shows 95% confidence intervals.



Supplementary Table 17: Model performance measures to compare clusters defined de-novo in ADOPT and clusters assigned in ADOPT from ANDIS cluster centre coordinates

A) Glycaemic progression from one to five years (n=3,016)

| | R ² | AIC |
|----------------|----------------|--------|
| ADOPT clusters | 0.084 | 221404 |
| ANDIS clusters | 0.078 | 221446 |

B) Time to CKD Stage 3 (confirmed eGFR <60) in individuals with eGFR ≥60 at baseline (n=3,694). eGFR calculated using CKD-EPI formula.

| | C-statistic | R ² |
|----------------|-------------|----------------|
| ADOPT clusters | 0.58 | 0.01 |
| ANDIS clusters | 0.59 | 0.01 |

C) Time to albuminuria (UACR ≥30 mg/g) in individuals with UACR <30 mg/g at baseline (n=3,168).

| | C-statistic | R ² |
|----------------|-------------|----------------|
| ADOPT clusters | 0.52 | 0.002 |
| ANDIS clusters | 0.52 | 0.003 |

D) Treatment response (changes in HbA1c over 3 years) explained variation (R²)

| | Metformin | Sulfonylurea | Thiazolidinedione |
|----------------|-----------|--------------|-------------------|
| ADOPT clusters | 0.15 | 0.20 | 0.17 |
| ANDIS clusters | 0.10 | 0.12 | 0.09 |