Supplementary Information for Genome-wide analysis of dental caries and periodontitis combining clinical and self-reported data D. Shungin *et al* 

# **Table of Contents**

Supplementary Figures

Supplementary Figure 1: Manhattan plot of transcript-level association statistics for combined DMFS/dentures metaanalysis

Supplementary Figure 2: Manhattan plot of transcript-level association statistics for combined periodontitis/loose teeth meta-analysis

Supplementary Tables

Supplementary Table 1: Estimated genetic correlation between dental disease traits within GLIDE

Supplementary Table 2: Estimated genetic correlation between dental disease traits within UKB

Supplementary Table 3: Risk loci with multiple conditionally-independent signals of association in DMFS/dentures combined analysis

Supplementary Table 4: Genes mapped to the lead single-variant association signal at *C5orf66* using the FUMA annotation tool.

Supplementary Table 5: Summary of results of PhenoScanner cross-trait comparison at lead DMFS/dentures associated loci

Supplementary Table 6: Association between HLA haplotypes and dentures in UK Biobank

Supplementary Table 7: Tests for heterogeneity in genetic effects on DMFS between participants with and without periodontitis.

Supplementary Table 8: Tests for heterogeneity in DMFS genetic effect estimates between HCHS/SOL and other studies in GLIDE

Supplementary Table 9: Estimated genetic correlations between DMFS/dentures and diseases or traits in the LD-hub catalogue

Supplementary Table 10: Estimated genetic correlations between periodontitis/loose teeth and traits or diseases in the LDHub catalogue.

Supplementary Table 11: Estimated causal effect of DMFS/dentures on metabolic traits and cardiovascular outcomes using alternative MR estimation tools

Supplementary Table 12: Estimated causal effect of metabolic traits on DMFS/dentures in GSMR primary analysis Supplementary Table 13: Estimated causal effect of metabolic traits on DMFS/dentures using alternative MR estimation tools

Supplementary Table 14: Estimated casual effect of BMI and fasting glucose on DMFS/dentures in multivariable IVW MR

Supplementary Table 15: Estimated causal effect of metabolic traits on periodontitis/loose teeth in GSMR primary analysis

Supplementary Table 16: Estimated causal effect metabolic traits on periodontitis/loose teeth using alternative MR estimation tools.

Supplementary Table 17: Source data for Figure 1a

Supplementary Table 18: Source data for Figure 1b

Supplementary Notes

Supplementary Note 1: Acknowledgements

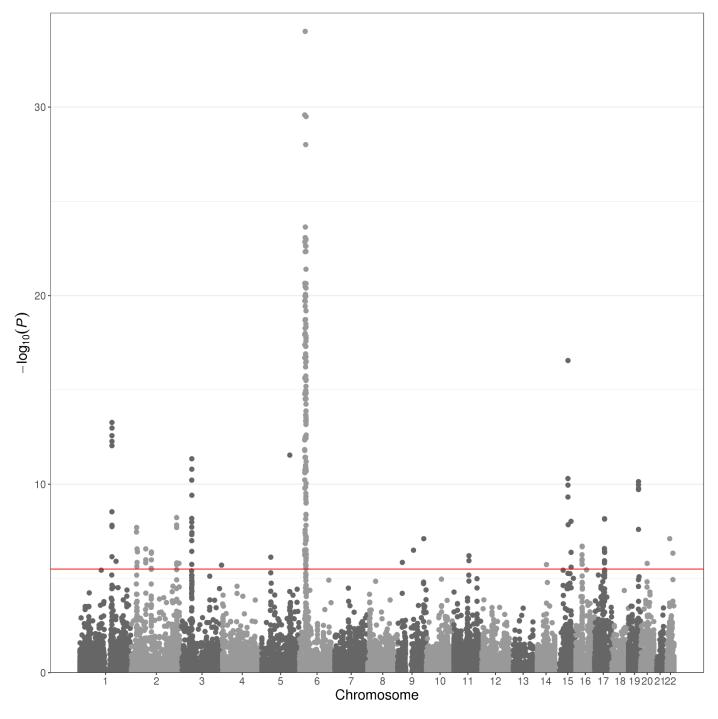
Supplementary Note 2: Standardized regression coefficients

Supplementary Note 3: Indicative effect sizes

Supplementary Note 4: Mendelian randomization sensitivity analyses

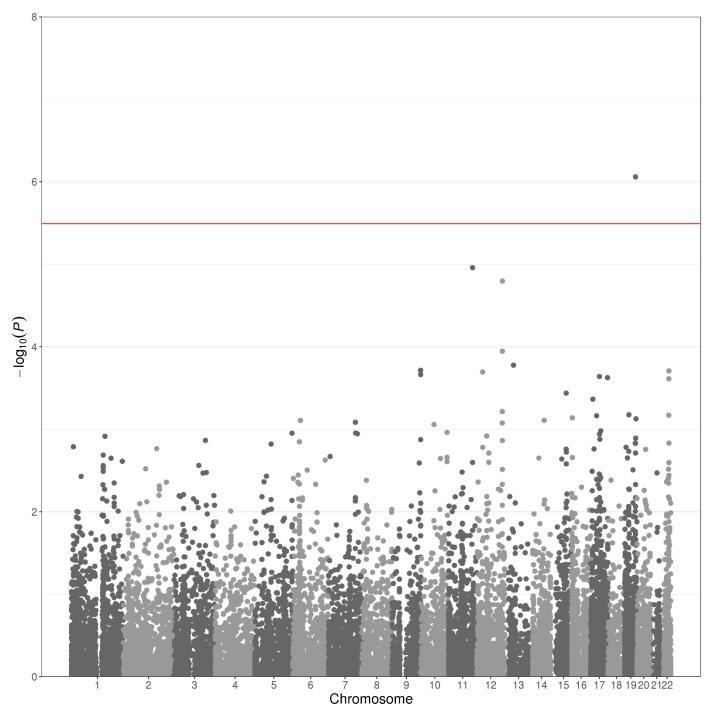
Supplementary References

**Supplementary Figure 1:** Manhattan plot of transcript-level association statistics for combined DMFS/dentures meta-analysis



The red line indicates a Bonferroni-corrected multiple testing threshold at  $P=3.2x10^{-6}$ 

**Supplementary Figure 2:** Manhattan plot of transcript-level association statistics for combined periodontitis/loose teeth meta-analysis



The red line indicates a Bonferroni-corrected multiple testing threshold at  $P=3.2x10^{-6}$ 

Supplementary Table 1: Estimated genetic correlation between dental disease traits within GLIDE

Trait 1	Trait 2	$\mathbf{R}_{\mathrm{g}}$	SE	р
DMFS	DFSS	1.14	0.13	2.0e-19
	Nteeth	-0.46	0.10	4.7e-6
	Periodontitis	-0.25	0.37	0.50
DFSS	Nteeth	-0.63	0.16	1.1e-4
	Periodontitis	0.60	0.60	0.32
Nteeth	Periodontitis	0.21	0.37	0.58

Supplementary Table 2: Estimated genetic correlation between dental disease traits within UKB

Trait 1	Trait 2	$\mathbf{R}_{\mathbf{g}}$	SE	р
Bleeding gums	Dentures	0.0009	0.035	0.98
	Loose teeth	0.37	0.055	2.8e-11
	Painful gums	0.50	0.069	2.0e-13
	Toothache	0.38	0.072	1.6e-7
	Ulcers	0.20	0.042	1.3e-6
Dentures	Loose teeth	0.46	0.043	9.6e-27
	Painful gums	0.14	0.054	7.3e-3
	Toothache	0.22	0.059	2.4e-4
	Ulcers	-0.082	0.036	0.0024
Loose teeth	Painful gums	0.46	0.088	1.3e-7
	Toothache	0.36	0.089	6.5e-5
	Ulcers	0.071	0.052	0.17
Painful gums	Toothache	0.87	0.11	3.2e-15
	Ulcers	0.59	0.066	5.9e-19
Toothache	Ulcers	0.43	0.065	3.4e-11

**Supplementary Table 3:** Risk loci with multiple conditionally-independent signals of association in DMFS/dentures combined analysis

Locus	rsid	Lead tag variant Unconditional P value	Conditional P value	rsid	Other variant Unconditional P value	Conditional P value
FAM150B	rs62106258	8.60E-12	3.40E-12	rs13028737	2.18E-8	8.53E-09
ALK	rs80270335	2.10E-09	3.50E-11	rs4128318	4.93E-6	4.85E-08
CA12	rs72748935	1.3E-26	2.6E-25	rs7180729	8.00E-10	1.91E-08

**Supplementary Table 4.** Genes mapped to the lead single-variant association signal at *C5orf66* using the FUMA annotation tool.

Gene	Chr	Start	End	Strand	posSNPs	eqtlSNPs	ciMap
GDF9	5	132196873	132202576	-1	0	0	Yes
UQCRQ	5	132202252	132203723	1	0	0	Yes
LEAP2	5	132208014	132210738	1	0	0	Yes
SKP1	5	133484633	133512729	-1	0	0	Yes
PPP2CA	5	133530025	133561833	-1	0	0	Yes
CDKL3	5	133541305	133706738	-1	0	0	Yes
UBE2B	5	133706870	133727683	1	0	0	Yes
CDKN2AIPNL	5	133737778	133747589	-1	0	0	Yes
JADE2	5	133860003	133918918	1	0	0	Yes
SAR1B	5	133936834	133984961	-1	2	3	No
SEC24A	5	133984479	134063513	1	1	1	No
CAMLG	5	134074191	134087847	1	1	25	No
DDX46	5	134094469	134190823	1	0	0	Yes
C5orf24	5	134181370	134195427	1	0	0	Yes
TXNDC15	5	134209493	134237215	1	0	46	No
PCBD2	5	134240596	134343649	1	38	0	Yes
CATSPER3	5	134303596	134347392	1	47	0	Yes
PITX1	5	134363425	134370503	-1	27	68	Yes
C5orf66	5	134368970	134691744	1	178	0	Yes
H2AFY	5	134669590	134735604	-1	0	0	Yes
C5orf20	5	134779905	134783038	-1	0	0	Yes
TIFAB	5	134779908	134788089	-1	0	0	Yes
SLC25A48	5	135170338	135224326	1	0	1	No
TGFBI	5	135364584	135399507	1	0	3	No
SMAD5	5	135468534	135524435	1	0	2	No

Start and end positions are given with reference to hg19. PosSNPs refers to the number of DMFS/dentures associated single variants mapping to a gene based on position alone. eqtISNPs refers to the number of DMFS/dentures associates single variants which are reported to be eQTLs for the gene. ciMap indicates whether the gene has a reported chromatin interaction with a DMFS/dentures associated single variant in reference data.

Supplementary Table 5: Summary of results of PhenoScanner cross-trait comparison at lead DMFS/dentures associated variants

	Reported association with non-	
Target RSID	oral health trait (p<5e-8)	Details
rs72694438	No	
rs4971099	Yes	Magnesium, urate, adiposity traits
rs2046850	Yes	Wheeze or whistling
rs3820640	No	
rs62106258	Yes	Adiposity traits and basal metabolic rate
rs11676272	Yes	Adiposity traits, height and FEV
rs80270335	No	
rs5831974	No	
rs2652452	Yes	Physical activity
rs263771	Yes	Physical activity
rs121908120	Yes	Hair loss
rs9831002	No	
rs7429279	Yes	Adiposity traits
rs61790808	Yes	Height, adiposity and personality traits
rs55769264	Yes	Educational attainment
rs1482698	No	
rs1352724	No	
rs1122171	Yes	Height
rs9366651	Yes	Height, adiposity traits, educational attainment
rs898797	Yes	Bone mineral density, adiposity traits, height and red blood cell traits
rs10811723	No	
rs7852129	No	
rs10987008	Yes	Subjective overall health, height
rs7918807	No	
rs149467613	Yes	Haematinic traits
rs10772314	No	
rs72748935	No	
rs6495046	Yes	Pulse rate, adiposity traits
rs10851907	Yes	Smoking traits and smoking-related diseases
rs2072693	No	
rs8054556	Yes	Basal metabolic rate and adiposity traits
rs1108343	Yes	Bone mineral density
rs10048146	Yes	Bone mineral density, height
rs3865314	Yes	Height and adiposity traits
rs9905793	No	
rs34559440	Yes	Adiposity traits
rs7217268	No	
rs57067187	Yes	Height, physical activity, FEV and educational attainment
rs28822480	Yes	Adiposity traits and basal metabolic rate
rs2238651	No	
rs11672900	Yes	Renal, urinary and haematinic traits
rs4816017	No	
rs140357883	No	
rs1569414	Yes	Height, facial hair and hair loss, adiposity traits
rs5922945	No	

Supplementary Table 6: Association between HLA haplotypes and dentures in UK Biobank

Haplotype	Beta	SE	Z	р	Odds Ratio (95% CI)	Haplotype frequency
DRB3_101	0.058	0.009	6.39	1.63E-10	1.06 (1.04, 1.08)	0.17
DRB1_301	0.067	0.009	7.10	1.24E-12	1.07 (1.05, 1.09)	0.15
DRB1_101	-0.059	0.012	-4.91	9.01E-07	0.94 (0.92, 0.97)	0.09
DQB1_501	-0.047	0.011	-4.45	8.49E-06	0.95 (0.93, 0.97)	0.12
DQB1_201	0.068	0.009	7.15	8.87E-13	1.07 (1.05, 1.09)	0.15
DQA1_501	0.037	0.008	4.50	6.87E-06	1.04 (1.02, 1.05)	0.23
C_701	0.046	0.009	5.17	2.37E-07	1.05 (1.03, 1.07)	0.18
B_801	0.061	0.010	6.38	1.72E-10	1.06 (1.04, 1.08)	0.14
B_1501	-0.054	0.014	-3.77	1.60E-04	0.95 (0.92, 0.97)	0.06
A_101	0.058	0.009	6.80	1.04E-11	1.06 (1.04, 1.08)	0.19

All models incorporated adjustment for age, sex, genotyping array and 40 genetic principal components.

**Supplementary Table 7:** Tests for heterogeneity in genetic effects on DMFS between participants with and without periodontitis.

RSID	Chr:Pos (b 37)	A1	A2	Periodontal o	controls	Periodon	tal cases	P_het	P_het_FDR*
				Beta	SE	Beta	SE		
rs72694438	1:104364878	а	g	0.004	0.018	0.045	0.018	0.11	0.97
rs4971099	1:155155608	а	g	-0.043	0.013	-0.014	0.014	0.12	0.97
rs2046850	1:210304319	t	c	-0.013	0.017	-0.008	0.017	0.83	0.97
rs3820640	1:226868918	t	с	-0.011	0.021	0.001	0.020	0.67	0.97
rs62106258	2:417167	t	с	0.069	0.039	0.079	0.039	0.86	0.97
rs11676272	2:25141538	а	g	-0.015	0.013	-0.006	0.014	0.61	0.97
rs80270335	2:29616655	t	c	0.096	0.026	0.024	0.026	0.05	0.92
rs2652452	2:155670203	а	с	-0.006	0.013	0.000	0.013	0.74	0.97
rs263771	2:185921692	а	с	-0.003	0.017	0.001	0.017	0.88	0.97
rs121908120	2:219755011	а	t	-0.062	0.061	-0.153	0.060	0.28	0.97
rs9831002	3:18852697	t	g	-0.014	0.014	0.001	0.014	0.44	0.97
rs7429279	3:25118637	а	c	0.001	0.014	-0.003	0.014	0.85	0.97
rs61790808	3:136443008	а	g	-0.039	0.017	-0.032	0.017	0.76	0.97
rs185566659	3:193394725	а	g	-0.021	0.047	-0.033	0.044	0.85	0.97
rs55769264	5:26928047	а	g	-0.005	0.015	0.004	0.015	0.68	0.97
rs1482698	5:44539453	с	g	0.040	0.014	0.020	0.014	0.32	0.97
rs1352724	5:107083487	а	с	0.015	0.019	0.007	0.018	0.77	0.97
rs1122171	5:134509987	t	с	0.065	0.013	0.043	0.013	0.23	0.97
rs9366651	6:26336696	t	g	-0.004	0.014	-0.014	0.013	0.58	0.97
rs898797	8:9229689	t	с	0.029	0.014	-0.005	0.014	0.09	0.97
rs10811723	9:22542285	а	g	0.008	0.014	-0.028	0.014	0.06	0.92
rs7852129	9:79346204	а	с	0.000	0.042	-0.044	0.047	0.48	0.97
rs10987008	9:128661600	а	t	0.004	0.014	0.020	0.014	0.41	0.97
rs7918807	10:10020194	t	c	0.031	0.013	0.018	0.013	0.50	0.97
rs149467613	11:72943483	а	g	-0.045	0.044	-0.061	0.044	0.80	0.97
rs10772314	12:10704350	а	t	-0.021	0.013	-0.016	0.013	0.80	0.97
rs72748935	15:63639416	t	c	-0.047	0.014	-0.044	0.014	0.91	0.97
rs6495046	15:73353175	с	g	-0.009	0.014	-0.004	0.014	0.82	0.97
rs10851907	15:78915864	а	g	0.004	0.014	0.023	0.014	0.33	0.97
rs2072693	15:90014945	t	g	0.043	0.014	0.004	0.014	0.04	0.92
rs8054556	16:29958216	а	g	0.027	0.014	0.019	0.014	0.66	0.97
rs1108343	16:51211595	t	с	0.001	0.015	-0.007	0.015	0.71	0.97
rs10048146	16:86710660	а	g	-0.032	0.018	-0.013	0.018	0.45	0.97
rs3865314	17:45669524	а	с	0.013	0.014	0.003	0.014	0.61	0.97
rs9905793	17:46635649	а	g	0.023	0.020	0.026	0.020	0.89	0.97
rs34559440	17:68399112	t	c	0.004	0.014	0.008	0.014	0.86	0.97
rs7217268	17:70338127	а	g	0.020	0.015	0.018	0.014	0.95	0.97
rs57067187	17:79361332	t	c	0.001	0.016	0.003	0.016	0.95	0.97
rs28822480	18:57924823	а	g	0.055	0.016	0.030	0.016	0.25	0.97
rs2238651	19:18718846	t	c	0.026	0.017	0.043	0.017	0.48	0.97
rs11672900	19:49220323	а	g	-0.017	0.014	-0.018	0.014	0.95	0.97
rs4816017	20:7654373	а	g	-0.032	0.014	-0.011	0.014	0.30	0.97
rs1569414	22:45727565	t	g	-0.017	0.014	-0.035	0.014	0.37	0.97

\* P values after a Benjamini-Hochberg correction

Supplementary Table 8: Tests for heterogeneity in DMFS genetic effect estimates between HCHS/SOL and other studies in GLIDE

RSID	Chr:Pos (b 37)	A1	A2	GLIDE exclu	Iding	HCHS	S/SOL	P_het	P_het_FDR*
				HCHS/SOL Beta	SE	Beta	SE		
rs72694438	1:104364878	а	a	0.024	0.015	0.032	0.018	0.74	0.95
rs4971099	1:155155608	a	g	-0.030	0.013	-0.017	0.013	0.46	0.93
rs2046850	1:210304319	a t	g c	-0.002	0.012	-0.017	0.013	0.40	0.93
rs3820640	1:226868918	t	c	0.012	0.014	-0.040	0.017	0.09	0.89
rs62106258	2:417167	t	c	0.012	0.013	0.102	0.024	0.09	0.89
rs11676272	2:25141538	a		-0.014	0.037	-0.026	0.037	0.58	0.89
rs80270335	2:29616655	a t	g c	0.047	0.012	0.020	0.013	0.92	0.95
rs5831974	2:69704336:ID	d	i	-0.023	0.020	0.043	0.032	0.21	0.89
rs2652452	2:155670203	a	c	0.004	0.012	-0.016	0.014	0.21	0.89
rs263771	2:185921692	a	c	0.020	0.012	0.013	0.013	0.27	0.85
rs121908120	2:219755011	a	t	-0.125	0.014	-0.104	0.013	0.80	0.95
rs9831002	3:18852697	a t		-0.015	0.030	-0.008	0.001	0.30	0.93
rs7429279	3:25118637	a	g c	0.000	0.012	0.010	0.013	0.58	0.93
3:50135699:ID	3:50135699:ID	a d	i	-0.007	0.012	-0.016	0.014	0.58	0.93
rs61790808	3:136443008			-0.012	0.012	-0.010	0.013	0.00	0.93
rs185566659	3:193394725	a a	g	-0.012	0.013	-0.040	0.017	0.20	0.89
rs55769264	5:26928047		g	0.000	0.033	0.003	0.034	0.98	0.89
rs1482698	5:44539453	a	g	0.013	0.012	0.013	0.010	0.98	0.98
rs1352724	5:107083487	c	g	-0.014	0.012	0.033	0.014	0.31	0.89
rs1122171	5:134509987	a t	с	-0.019	0.013	0.012	0.020	0.21	0.89
rs9366651	6:26336696	t t	c	-0.030	0.012	-0.025	0.013	0.18	0.89
rs898797	8:9229689	t t	g	-0.030	0.012	-0.025 0.014	0.015	0.78	0.95
rs10811723	9:22542285	t	c	-0.003	0.012	-0.014	0.014	0.30	0.89
		a	g						0.95
rs7852129	9:79346204	a	c	-0.116	0.058	0.003	0.035	0.08	
rs10987008 rs7918807	9:128661600	a	t	0.024 0.021	0.012	0.004	0.013	0.28	0.89
	10:10020194	t	С		0.012	0.016	0.013	0.78	0.95
rs149467613	11:72943483	a	g	-0.071	0.037	-0.122	0.046	0.38	0.89
rs10772314	12:10704350	a	t	-0.014	0.012	-0.005	0.013	0.61	0.93
rs72748935	15:63639416	t	С	-0.070	0.012	-0.026	0.014	0.02	0.89
rs6495046	15:73353175	с	g	-0.037	0.012	-0.007	0.014	0.11	0.89
rs10851907	15:78915864	a	g	0.017	0.012	-0.004	0.014	0.26	0.89
rs2072693	15:90014945	t	g	0.009	0.012	0.037	0.013	0.13	0.89
rs8054556	16:29958216	a	g	0.014	0.012	0.034	0.014	0.28	0.89
rs1108343	16:51211595	t	с	0.006	0.013	0.008	0.014	0.92	0.95
rs10048146	16:86710660	а	g	-0.030	0.015	-0.013	0.020	0.48	0.93
rs3865314	17:45669524	a	с	-0.003	0.012	0.013	0.013	0.35	0.89
rs9905793	17:46635649	a	g	0.018	0.021	0.031	0.017	0.63	0.93
rs34559440	17:68399112	t	с	-0.007	0.012	0.007	0.014	0.44	0.93
rs7217268	17:70338127	a	g	0.008	0.013	0.012	0.014	0.82	0.95
rs57067187	17:79361332	t	с	0.010	0.014	0.019	0.016	0.66	0.93
rs28822480	18:57924823	a	g	0.060	0.013	0.016	0.017	0.04	0.89
rs2238651	19:18718846	t	с	0.022	0.014	0.023	0.019	0.96	0.98
rs11672900	19:49220323	а	g	0.002	0.012	-0.025	0.014	0.14	0.89
rs4816017	20:7654373	a	g	-0.015	0.013	-0.028	0.014	0.48	0.93
rs140357883	22:30292811:ID	d	i	0.029	0.017	0.019	0.020	0.70	0.93
rs1569414	22:45727565	t	g	-0.028	0.013	-0.031	0.013	0.89	0.95
rs5922945	23:83523015 a Benjamini-Hoc	t	с	-0.020	0.018	-0.023	0.011	0.86	0.95

\* P values after a Benjamini-Hochberg correction

Supplementary Table 9: Estimated genetic correlations between DMFS/dentures and diseases or traits in the LD-hub catalogue

Twoit	PMID	р	SE	Р
Trait		R <sub>g</sub>		
Years of schooling 2016	27225129	-0.5236	0.0192	1.77E-163
Age of first birth	27798627	-0.5026	0.0303	5.61E-62
Years of schooling (proxy cognitive performance)	25201988	-0.5469	0.035	3.80E-55
Years of schooling 2013	23722424	-0.5492	0.0364	2.09E-51
College completion	23722424	-0.5249	0.0382	6.49E-43
Intelligence	28530673	-0.3281	0.0301	1.41E-27
Number of children ever born	27798627	0.3547	0.0347	1.59E-24
Ever vs never smoked	20418890	0.3777	0.0418	1.79E-19
Waist circumference	25673412	0.2321	0.026	3.93E-19
Waist-to-hip ratio	25673412	0.2501	0.0283	1.10E-18
Obesity class 1	23563607	0.2457	0.0287	1.10E-17
Overweight	23563607	0.2399	0.03	1.32E-15
Body mass index	20935630	0.2118	0.0269	3.24E-15
Former vs Current smoker	20418890	-0.5195	0.0687	3.92E-14
Fathers age at death	27015805	-0.4665	0.0635	2.01E-13
Lung cancer	27488534	0.3573	0.05	8.69E-13
Mothers age at death	27015805	-0.4926	0.0696	1.50E-12
Body fat	26833246	0.2804	0.04	2.28E-12
Obesity class 2	23563607	0.2549	0.0377	1.41E-11
Coronary artery disease	26343387	0.1939	0.0305	2.12E-10
Age at Menopause	26414677	-0.2145	0.0344	4.71E-10
Parents age at death	27015805	-0.4726	0.0773	9.55E-10
Childhood IQ	23358156	-0.3688	0.0606	1.16E-09
Hip circumference	25673412	0.1531	0.0254	1.66E-09
Lung cancer (all)	24880342	0.316	0.0541	5.08E-09
Extreme bmi	23563607	0.2444	0.043	1.28E-08
Squamous cell lung cancer	27488534	0.4583	0.0817	2.02E-08
Cigarettes smoked per day	20418890	0.3804	0.0706	7.11E-08
HDL cholesterol	20686565	-0.1854	0.0355	1.83E-07
Childhood obesity	22484627	0.2039	0.0429	2.02E-06
22:6 docosahexaenoic acid	27005778	-0.3402	0.0718	2.18E-06
Depressive symptoms	27089181	0.2163	0.0471	4.38E-06
Anorexia Nervosa	24514567	-0.146	0.0322	5.97E-06
Rheumatoid Arthritis	24390342	0.1751	0.0391	7.54E-06
Fasting glucose main effect	22581228	0.169	0.0381	9.16E-06
Bipolar disorder	21926972	-0.1584	0.036	1.10E-05
Obesity class 3	23563607	0.2058	0.0488	2.44E-05
Insomnia	28604731	0.197	0.0469	2.72E-05
Lung cancer (squamous cell)	24880342	0.431	0.1037	3.26E-05
Leptin_not_adjBMI	26833098	0.2047	0.0556	0.0002
HbA1C	20858683	0.2014	0.0549	0.0002
Attention deficit hyperactivity disorder (GC)	27663945	0.3914	0.1045	0.0002
Attention deficit hyperactivity disorder (No GC)	27663945	0.3913	0.1047	0.0002

Supplementary Table 10: Estimated genetic correlations between periodontitis/loose teeth and traits or diseases in the LDHub catalogue.

Trait   PMID   R <sub>2</sub> SE   P     Years of schooling 2016   27225129   -0.3718   0.0394   4.00E-21     Ever vs never smoked   20418890   0.6429   0.0708   1.12E-19     Age of first birth   27798627   -0.4435   0.0543   3.06E-16     Waist-to-hip ratio   25673412   0.3246   0.0448   4.42E-13     College completion   23722424   -0.355   0.0616   1.35E-08     Years of schooling (proxy cognitive performance)   25201988   -0.0409   8.40E-08     Waist circumference   25673412   0.266   0.0496   8.40E-08     Body fat   26833246   0.3323   0.0629   1.27E-07     Overweight   23563607   0.2782   0.0541   2.77E-07     Depressive symptoms   27089181   0.3386   0.0659   2.82E-07     Former vs Current smoker   20418890   -0.551   0.109   3.52E-07     Lung cancer   27488534   0.4318   0.0855   4.47E-07     Obesity class 1   23563607					
Ever vs never smoked   20418890   0.6429   0.0708   1.12E-19     Age of first birth   27798627   -0.4435   0.0543   3.06E-16     Waist-to-hip ratio   25673412   0.3246   0.0448   4.42E-13     College completion   23722424   -0.35   0.0616   1.35E-08     Years of schooling (proxy cognitive performance)   25201988   -0.3409   0.0623   4.45E-08     Waist circumference   25673412   0.266   0.0496   8.40E-08     Body fat   26833246   0.3323   0.0629   1.27E-07     Overweight   23563607   0.2782   0.0541   2.77E-07     Depressive symptoms   27089181   0.3386   0.0659   2.82E-07     Former vs Current smoker   20418890   -0.511   0.109   3.52E-07     Lung cancer   27488534   0.4318   0.0855   4.47E-07     Obesity class 1   23563607   0.2486   0.0504   7.95E-07     Intelligence   28530673   -0.2482   0.051   1.11E-06     Num			8		
Age of first birth 27798627 -0.4435 0.0543 3.06E-16   Waist-to-hip ratio 25673412 0.3246 0.0448 4.42E-13   College completion 23722424 -0.35 0.0616 1.35E-08   Years of schooling 2013 23722424 -0.3659 0.0668 4.30E-08   Years of schooling (proxy cognitive performance) 25201988 -0.3409 0.0623 4.45E-08   Waist circumference 25673412 0.266 0.0496 8.40E-08   Body fat 23633266 0.3233 0.0629 1.27E-07   Overweight 23563607 0.2782 0.0541 2.77E-07   Depressive symptoms 27089181 0.3386 0.0659 2.82E-07   Former vs Current smoker 20418890 -0.5551 0.109 3.52E-07   Lung cancer 27488534 0.4318 0.0855 4.47E-07   Obesity class 1 23563607 0.2482 0.0511 1.11E-06   Number of children ever born 27798627 0.2885 0.0615 2.69E-06   Body mass index 20935630 0.2474 0.0538 4.23E	-				
Waist-to-hip ratio   25673412   0.3246   0.0448   4.42E-13     College completion   23722424   -0.35   0.0616   1.35E-08     Years of schooling 2013   23722424   -0.3659   0.0668   4.30E-08     Years of schooling (proxy cognitive performance)   25201988   -0.3409   0.0623   4.45E-08     Waist circumference   25673412   0.266   0.0496   8.40E-08     Body fat   266833246   0.323   0.0629   1.27E-07     Overweight   23563607   0.2782   0.0541   2.77E-07     Depressive symptoms   27089181   0.3386   0.0659   2.82E-07     Former vs Current smoker   20418890   -0.5551   0.109   3.52E-07     Lung cancer   27488534   0.4318   0.0855   4.47E-07     Obesity class 1   23563607   0.2486   0.0504   7.95E-07     Intelligence   28530673   -0.2482   0.051   1.11E-06     Number of children ever born   27798627   0.2885   0.0615   2.69E-06					
College completion   23722424   -0.35   0.0616   1.35E-08     Years of schooling 2013   23722424   -0.3659   0.0668   4.30E-08     Years of schooling (proxy cognitive performance)   25201988   -0.3409   0.0623   4.45E-08     Waist circumference   25673412   0.266   0.0496   8.40E-08     Body fat   26833246   0.3323   0.0629   1.27E-07     Overweight   23563607   0.2782   0.0541   2.77E-07     Depressive symptoms   27089181   0.3386   0.0659   2.82E-07     Former vs Current smoker   20418890   -0.5551   0.109   3.52E-07     Lung cancer   27488534   0.4318   0.0855   4.47E-07     Obesity class 1   23563607   0.2486   0.0504   7.95E-07     Intelligence   28530673   -0.2482   0.0511   1.11E-06     Number of children ever born   27798627   0.2885   0.0615   2.69E-06     Body mass index   20935630   0.2474   0.0538   4.23E-05	C C				
Years of schooling 201323722424-0.36590.06684.30E-08Years of schooling (proxy cognitive performance)25201988-0.34090.06234.45E-08Waist circumference256734120.2660.04968.40E-08Body fat268332460.33230.06291.27E-07Overweight235636070.27820.05412.77E-07Depressive symptoms270891810.33860.06592.82E-07Former vs Current smoker20418890-0.55510.1093.52E-07Lung cancer274885340.43180.08554.47E-07Obesity class 1235636070.24860.05047.95E-07Intelligence28530673-0.24820.05111.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.28610.06641.66E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung can	*				
Years of schooling (proxy cognitive performance)25201988-0.34090.06234.45E-08Waist circumference256734120.2660.04968.40E-08Body fat268332460.33230.06291.27E-07Overweight235636070.27820.05412.77E-07Depressive symptoms270891810.33860.06592.82E-07Former vs Current smoker20418890-0.55510.1093.52E-07Lung cancer274885340.43180.08554.47E-07Obesity class 1235636070.24860.05047.95E-07Intelligence28530673-0.24820.0511.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.24710.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood ob	• •	23722424			
Waist circumference   25673412   0.266   0.0496   8.40E-08     Body fat   26833246   0.3323   0.0629   1.27E-07     Overweight   23563607   0.2782   0.0541   2.77E-07     Depressive symptoms   27089181   0.3386   0.0659   2.82E-07     Former vs Current smoker   20418890   -0.5551   0.109   3.52E-07     Lung cancer   27488534   0.4318   0.0855   4.47E-07     Obesity class 1   23563607   0.2486   0.0504   7.95E-07     Intelligence   28530673   -0.2482   0.051   1.11E-06     Number of children ever born   27798627   0.2885   0.0615   2.69E-06     Body mass index   20935630   0.2474   0.0538   4.23E-06     Cigarettes smoked per day   20418890   0.4948   0.1087   5.29E-06     Lung cancer (all)   24880342   0.4343   0.0965   6.80E-06     Fathers age at death   27015805   -0.4535   0.1021   8.96E-06     Insomnia	Years of schooling 2013	23722424	-0.3659	0.0668	4.30E-08
Body fat268332460.33230.06291.27E-07Overweight235636070.27820.05412.77E-07Depressive symptoms270891810.33860.06592.82E-07Former vs Current smoker20418890-0.55510.1093.52E-07Lung cancer274885340.43180.08554.47E-07Obesity class 1235636070.24860.05047.95E-07Intelligence28530673-0.24820.0511.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.22610.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Years of schooling (proxy cognitive performance)	25201988	-0.3409	0.0623	4.45E-08
Overweight235636070.27820.05412.77E-07Depressive symptoms270891810.33860.06592.82E-07Former vs Current smoker20418890-0.55510.1093.52E-07Lung cancer274885340.43180.08554.47E-07Obesity class 1235636070.24860.05047.95E-07Intelligence28530673-0.24820.0511.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.29050.07296.66E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Waist circumference	25673412	0.266	0.0496	8.40E-08
Depressive symptoms270891810.33860.06592.82E-07Former vs Current smoker20418890-0.55510.1093.52E-07Lung cancer274885340.43180.08554.47E-07Obesity class 1235636070.24860.05047.95E-07Intelligence28530673-0.24820.0511.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.29050.07296.66E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Body fat	26833246	0.3323	0.0629	1.27E-07
Former vs Current smoker20418890-0.55510.1093.52E-07Lung cancer274885340.43180.08554.47E-07Obesity class 1235636070.24860.05047.95E-07Intelligence28530673-0.24820.0511.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.24110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Overweight	23563607	0.2782	0.0541	2.77E-07
Lung cancer274885340.43180.08554.47E-07Obesity class 1235636070.24860.05047.95E-07Intelligence28530673-0.24820.0511.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Depressive symptoms	27089181	0.3386	0.0659	2.82E-07
Obesity class 1235636070.24860.05047.95E-07Intelligence28530673-0.24820.0511.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Former vs Current smoker	20418890	-0.5551	0.109	3.52E-07
Intelligence28530673-0.24820.0511.11E-06Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Lung cancer	27488534	0.4318	0.0855	4.47E-07
Number of children ever born277986270.28850.06152.69E-06Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Obesity class 1	23563607	0.2486	0.0504	7.95E-07
Body mass index209356300.24740.05384.23E-06Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Intelligence	28530673	-0.2482	0.051	1.11E-06
Cigarettes smoked per day204188900.49480.10875.29E-06Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Number of children ever born	27798627	0.2885	0.0615	2.69E-06
Lung cancer (all)248803420.43430.09656.80E-06Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Body mass index	20935630	0.2474	0.0538	4.23E-06
Fathers age at death27015805-0.45350.10218.96E-06Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Cigarettes smoked per day	20418890	0.4948	0.1087	5.29E-06
Insomnia286047310.3410.07881.52E-05Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Lung cancer (all)	24880342	0.4343	0.0965	6.80E-06
Obesity class 2235636070.28610.06641.66E-05Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Fathers age at death	27015805	-0.4535	0.1021	8.96E-06
Mothers age at death27015805-0.48920.11451.94E-05Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Insomnia	28604731	0.341	0.0788	1.52E-05
Extreme waist-to-hip ratio235636070.42110.09982.47E-05Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Obesity class 2	23563607	0.2861	0.0664	1.66E-05
Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Mothers age at death	27015805	-0.4892	0.1145	1.94E-05
Schizophrenia250560610.16890.0413.71E-05Extreme bmi235636070.29050.07296.66E-05Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Extreme waist-to-hip ratio	23563607	0.4211	0.0998	2.47E-05
Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Schizophrenia	25056061	0.1689	0.041	3.71E-05
Squamous cell lung cancer274885340.55940.14056.86E-05Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Extreme bmi	23563607	0.2905	0.0729	6.66E-05
Childhood obesity224846270.29550.07610.0001Parents age at death27015805-0.47110.12280.0001	Squamous cell lung cancer	27488534	0.5594	0.1405	6.86E-05
Parents age at death27015805-0.47110.12280.0001		22484627	0.2955	0.0761	0.0001
	•				
5 0	-				
Lung cancer (squamous cell)   24880342   0.6428   0.172   0.0002	· ·	24880342		0.172	

**Supplementary Table 11:** Estimated causal effect of DMFS/dentures on metabolic traits and cardiovascular outcomes using alternative MR estimation tools

Trait	GSMR Beta (SE)	IVW Beta (SE)	MR Egger Beta (SE)	Model averaging Beta	95% CI for model averaging	99% CI for model averaging
BMI	-0.006 (0.019)	0.094 (0.070)	-0.38 (0.23)	-0.06	-0.10, -0.01	-0.12, 0.01
WHR adj BMI	0.11 (0.036)	0.094 (0.047)	0.29 (0.17)	0.12	0.01, 0.22	-0.03, 0.27
Type 2 Diabetes	0.25 (0.10)	0.28 (0.15)	0.48 (0.49)	0.16	-0.24, 0.57	-0.35, 0.88
Fasting glucose	0.004 (0.034)	0.006 (0.035)	0.084 (0.12)	-0.06	-0.15, 0.05	-0.18, 0.08
HDL-c	-0.030 (0.041)	-0.12 (0.070)	0.31 (0.25)	-0.14	-0.25, -0.004	-0.31, 0.04
LDL-c	0.023 (0.043)	0.067 (0.064)	-0.053 (0.24)	0.084	-0.08, 0.29	-0.12, 0.43
Triglycerides	0.11 (0.038)	0.11 (0.049)	-0.24 (0.17)	0.25	0.12, 0.42	-0.11, 0.47
Coronary artery disease	0.13 (0.079)	0.17 (0.11)	-0.51 (0.34)	0.20	-0.40, 0.90	-0.51, 1.1
All Stroke	0.16 (0.077)	0.18 (0.081)	0.11 (0.26)	0.046	-0.20, 0.57	-0.29, 0.69

Supplementary Table 12: Estimated causal effect of metabolic traits on DMFS/dentures in GSMR primary analysis

Trait	Untransformed Beta (SE)	Transformed Beta (95% CI)*	Units for exposure	NSNP	Р
BMI	0.13 (0.007)	0.78 (0.70, 0.86)	KgM <sup>-2</sup>	804	6.0x10 <sup>-75</sup>
Waist Hip Ratio adjusted for BMI	-0.017 (0.016)	-0.46 (-1.3, 0.4)	SD INT	47	0.30
Fasting glucose	0.040 (0.016)	1.1 (0.2, 2.0)	mM	23	0.015
HDL-c	-0.0001 (0.006)	-0.004 (-0.3, 0.3)	SD INT	159	0.98
LDL-c	-0.003 (0.005)	-0.08 (-0.4, 0.2)	SD INT	132	0.58
Triglycerides	-0.007 (0.008)	-0.19 (-0.6, 0.2)	SD INT	95	0.37

\*All transformed effects are expressed in tooth surfaces per unit of exposure.

**Supplementary Table 13:** Estimated causal effect of metabolic traits on DMFS/dentures using alternative MR estimation tools

Trait	GSMR Beta (SE)	IVW Beta (SE)	MR Egger Beta (SE)	Model averaging Beta	95% CI for model averaging	99% CI for model averaging
BMI	0.13 (0.007)	0.14 (0.01)	0.14 (0.03)	0.22	0.19,0.24	0.18, 0.25
WHR adj BMI	-0.017 (0.016)	-0.012 (0.018)	-0.042 (0.072)	-0.026	-0.08, 0.03	-0.11, 0.05
Fasting glucose	0.040 (0.016)	0.047 (0.023)	0.091 (0.051)	0.063	0.027, 0.11	0.009, 0.12
HDL-c	-0.0001	-0.05 (0.07)	0.006 (0.012)	-0.0053	-0.016, 0.008	-0.020, 0.012
	(0.006)					
LDL-c	-0.003 (0.005)	-0.002 (0.008)	0.012 (0.013)	0.0006	-0.010, 0.011	-0.014, 0.015
Triglycerides	-0.007 (0.008)	-0.027 (0.011)	-0.024 (0.018)	-0.015	-0.031, 0.006	-0.036, 0.012

**Supplementary Table 14:** Estimated casual effect of BMI and fasting glucose on DMFS/dentures in multivariable IVW MR

Trait	MV IVW Beta (SE)	Р
BMI	0.14 (0.01)	3.5x10 <sup>-38</sup>
Fasting glucose	0.047 (0.023)	0.006

Supplementary Table 15: Estimated causal effect of metabolic traits on periodontitis/loose teeth in GSMR primary analysis

Trait	Untransformed Beta (SE)	OR (95% CI)*	Units for exposure	NSNP	Р
BMI	0.09 (0.01)	1.05 (1.04, 1.06)	KgM <sup>-2</sup>	854	$3.0 \times 10^{-18}$
Waist Hip Ratio adjusted for BMI	0.015 (0.025)	1.04 (0.92, 1.16)	SD INT	48	0.55
Fasting glucose	0.028 (0.026)	1.06 (0.95, 1.20)	mM	23	0.28
HDL-c	0.015 (0.009)	1.04 (1.00, 1.08)	SD INT	169	0.083
LDL-c	0.006 (0.008)	1.01 (0.97, 1.05)	SD INT	145	0.51
Triglycerides	0.006 (0.011)	1.01 (0.96, 1.07)	SD INT	104	0.58

\*All odds ratios are expressed per unit of exposure.

**Supplementary Table 16:** Estimated causal effect metabolic traits on periodontitis/loose teeth using alternative MR estimation tools.

Trait	GSMR Beta (SE)	IVW Beta (SE)	MR Egger Beta (SE)	Model Averaging Beta	95% CI for model averaging	99% CI for model averaging
BMI	0.09 (0.01)	0.12 (0.01)	0.11 (0.036)	0.14	0.11, 0.18	0.09, 0.19
WHR adj BMI	0.015 (0.025)	0.014 (0.029)	0.021 (0.11)	0.005	-0.05, 0.06	-0.08, 0.09
Fasting glucose	0.028 (0.026)	0.027 (0.035)	0.071 (0.078)	0.11	0.055, 0.18	-0.10, 0.21
HDL-c	0.015 (0.009)	0.016 (0.008)	0.027 (0.013)	0.024	0.002, 0.045	-0.006, 0.05
LDL-c	0.006 (0.008)	0.004 (0.008)	0.004 (0.013)	0.009	-0.008, 0.03	-0.015, 0.033
Triglycerides	0.006 (0.011)	0.009 (0.011)	0.016 (0.019)	0.012	-0.018, 0.043	-0.027, 0.057

Supplementary Table 17. Source data for Figure 1a (Estimated heritability).

Resource	Trait	$h^2_{LDSR}$	SE
GLIDE	DMFS	0.090	0.018
	DFSS	0.057	0.017
	Nteeth	0.13	0.019
	Periodontitis	0.0097	0.011
UKB	Ulcers	0.082	0.0088
	Toothache	0.044	0.0072
	Bleeding gums	0.049	0.0033
	Painful gums	0.058	0.0098
	Dentures	0.094	0.0041
	Loose teeth	0.081	0.0091

Supplementary Table 18. Source data for Figure 1b (Estimated genetic correlation).

Trait 1	Trait 2	$\mathbf{R}_{\mathbf{g}}$	SE	р
DMFS	Ulcers	0.027	0.073	0.38
	Toothache	0.17	0.12	0.16
	Bleeding gums	-0.22	0.073	0.0029
	Painful gums	0.11	0.13	0.87
	Dentures	0.82	0.087	4.1x10-21
	Loose teeth	-0.008	0.090	0.93
DFSS	Ulcers	0.15	0.090	0.097
	Toothache	0.17	0.15	0.26
	Bleeding gums	-0.15	0.099	0.13
	Painful gums	-0.12	0.16	0.44
	Dentures	0.56	0.12	1.7x10-6
	Loose teeth	-0.37	0.13	0.0045
Nteeth	Ulcers	0.0057	0.060	0.92
	Toothache	-0.12	0.10	0.26
	Bleeding gums	0.036	0.071	0.51
	Painful gums	-0.11	0.11	0.34
	Dentures	-0.65	0.056	3.9x10-31
	Loose teeth	0.061	0.10	0.59
Periodontitis	Ulcers	0.011	0.19	0.95
	Toothache	0.44	0.48	0.93
	Bleeding gums	0.52	0.43	0.23
	Painful gums	0.24	0.39	0.54
	Dentures	0.51	0.42	0.23
	Loose teeth	1.07	0.78	0.17

### Supplementary Note 1: Acknowledgements

### ARIC

The Atherosclerosis Risk in Communities Study was carried out as a collaborative study supported by National Heart, Lung and Blood Institute contracts (HHSN268201100005C, HHSN268201100006C, HHSN268201100007C, HHSN268201100008C, HHSN268201100009C, HHSN268201100010C, HHSN268201100011C and HSN268201100012C), R01HL087641, R01HL59367 and R01HL086694; National Human Genome Research Institute contract U01HG004402; National Institutes of Health contract HHSN268200625226C; National Institute of Environmental Health Sciences grant P30ES010126; and National Institute of Dental and Craniofacial Research grants R01DE11551, R01DE021418 and R01DE023836. Infrastructure was partly supported by Grant Number UL1RR025005, a component of the National Institutes of Health and NIH Roadmap for Medical Research NCAT grant UL1-RR025747. KD and CA are partially supported by U01-DE025046.

### COHRA1

All study protocols in COHRA were approved by the Institutional Review Board at the University of Pittsburgh. Analysis and genotyping in COHRA were funded through NIH grants U01-DE018903, R01-DE014899, R03-DE021425 and R03-DE024264, R56-DE027055. Genotyping was performed as part of the GENEVA consortium by the Center for Inherited Disease Research (www.cidr.jhmi.edu) through an NIH contract. Genome-wide summary statistics are available through the Human Genomics Analysis Interface of the FaceBase consortium (URL: <u>http://FaceBase.sdmgenetics.pitt.edu/</u>, NIH Grant # 5U01-DE024425).

### DRDR

All study protocols in DRDR were approved by the Institutional Review Board at the University of Pittsburgh. The Dental Registry and DNA Repository is supported by the University of Pittsburgh. This work was funded through NIH grant U01-DE018903. Genotyping was performed as part of the GENEVA consortium by the Center for Inherited Disease Research (www.cidr.jhmi.edu) through an NIH contract.

### HCHS/SOL

We thank the participants and staff of the Hispanic Community Health Study/Study of Latinos (HCHS/SOL) for their contributions to this study. The Hispanic Community Health Study/Study of Latinos was carried out as a collaborative study supported by contracts from the National Heart, Lung and Blood Institute (NHLBI) to the University of North Carolina (N01- HC65233), University of Miami (N01-HC65234), Albert Einstein College of Medicine (N01- HC65235), Northwestern University (N01-HC65236) and San Diego State University (N01-HC65237). The following Institutes/Centers/Offices contribute to the HCHS/SOL through a transfer of funds to the NHLBI: National Institute on Minority Health and Health Disparities, National Institute on Deafness and Other Communication Disorders, National Institute of Dental and Craniofacial Research, National Institute of Diabetes and Digestive and Kidney Diseases, National Institute of Neurological Disorders and Stroke, NIH Institution-Office of Dietary Supplements. The Genetic Analysis Center at the University of Washington was supported by NHLBI and NIDCR contracts (HHSN268201300005C AM03 and MOD03). KG was supported by the National Science Foundation Graduate Research Fellowship Program under Grant No. DGE-1256082. Any opinions, findings and conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the National Science Foundation.

#### MDC

The Malmö Diet Cancer study has received support from a number of sources including the Swedish Research Council, Swedish Heart-Lung Foundation, Swedish Cancer Foundation Albert Pahlsson Foundation, Lundströms Foundation and the city of Malmö.

### NFBC1966

We thank the late Professor Paula Rantakallio (launch of NFBC1966), the participants in the 46y study and the NFBC project center. NFBC1966 received financial support from University of Oulu Grant no. 24000692, Oulu University Hospital Grant no. 24301140 and ERDF European Regional Development Fund Grant no. 539/2010 A31592. The authors would also like to thank Mr. Jari Päkkilä for designing the software (electronic patient file) used in NFBC1966.

### SHIP and SHIP-TREND

### SHIP is part of the Community Medicine Research net (CMR

http://www.community-medicine.de) of the University of Greifswald, Germany, which is funded by the Federal Ministry of Education and Research (grants no. 01ZZ9603, 01ZZ0103 and 01ZZ0403), the Ministry of Cultural

Affairs as well as the Social Ministry of the Federal State of Mecklenburg-West Pomerania. Generation of genomewide SNP data has been supported by the Federal Ministry of Education and Research (grant no. 03ZIK012) and a joint grant from Siemens Healthcare, Erlangen, Germany and the Federal State of Mecklenburg, West Pomerania. The University of Greifswald is a member of the Caché Campus programme of the InterSystems GmbH.

# TWINGENE

TwinGene is a substudy of the Swedish Twin Registry which is managed by Karolinska Institutet and receives funding through the Swedish Research Council under the grant no 2017-00641.

### WGHS

The WGHS is supported by the National Heart, Lung, and Blood Institute (HL043851 and HL080467) and the National Cancer Institute (CA047988 and UM1CA182913) with funding for genotyping from Amgen. Yu YH is supported by the National Institute of Dental and Craniofacial Research (1K23DE026804-01A1).

# BBJ

The Biobank Japan project was supported by the Ministry of Education, Culture, Sports, Science, and Technology, Japanese government and the Japan Agency for Medical Research and Development.

# TMDUAGP

The Tokyo Medical and Dental University Aggressive Periodontitis Study received support from the Japan Society for the Promotion of Science.

### Swedish GLIDE

The Swedish GLIDE project is funded by the Swedish Research Council (Dnr 2011-3372 and 2015-02597), the Västerbotten County Council and Umeå University, Sweden. NJT is a Wellcome investigator (202802/Z/16/Z), a work-package lead in the Integrative Cancer Epidemiology Programme (ICEP) that is supported by a Cancer Research UK programme grant (C18281/A19169) and works within the University of Bristol NIHR Biomedical Research Centre (BRC). DS is supported by the Swedish Research Council (4.1-2016-00416). SH receives support from Wellcome (Grant ref: 201237/Z/16/Z). This work was carried out using the computation facilities of the Advanced Computing Research Centre - <u>http://www.bris.ac.uk/acrc/</u>, the Research Data Storage Facility of the University of Bristol - <u>http://www.bris.ac.uk/acrc/storage/</u> and the High Performance Computing Center North (HPC2N) at Umeå University – http://www.hpc2n.umu.se.

#### External resources

The LDHub and PhenoScanner resources are made possible by studies and databases which made GWAS summary data available. These are listed in full online at (<u>http://ldsc.broadinstitute.org/about/</u>) and (<u>http://www.phenoscanner.medschl.cam.ac.uk/information.html</u>).

LDHub gratefully acknoleges the contributions of ADIPOGen (Adiponectin genetics consortium), C4D (Coronary Artery Disease Genetics Consortium), CARDIoGRAM (Coronary ARtery DIsease Genome wide Replication and Meta-analysis), CKDGen (Chronic Kidney Disease Genetics consortium), dbGAP (database of Genotypes and Phenotypes), DIAGRAM (DIAbetes Genetics Replication And Meta-analysis), ENIGMA (Enhancing Neuro Imaging Genetics through Meta Analysis), EAGLE (EArly Genetics & Lifecourse Epidemiology Eczema Consortium, excluding 23andMe), EGG (Early Growth Genetics Consortium), GABRIEL (A Multidisciplinary Study to Identify the Genetic and Environmental Causes of Asthma in the European Community), GCAN (Genetic Consortium for Anorexia Nervosa), GEFOS (GEnetic Factors for OSteoporosis Consortium), GIANT (Genetic Investigation of ANthropometric Traits), GIS (Genetics of Iron Status consortium), GLGC (Global Lipids Genetics Consortium), GPC (Genetics of Personality Consortium), GUGC (Global Urate and Gout consortium), HaemGen (haemotological and platelet traits genetics consortium), HRgene (Heart Rate consortium), IIBDGC (International Inflammatory Bowel Disease Genetics Consortium), ILCCO (International Lung Cancer Consortium), IMSGC (International Multiple Sclerosis Genetic Consortium), MAGIC (Meta-Analyses of Glucose and Insulin-related traits Consortium), MESA (Multi-Ethnic Study of Atherosclerosis), PGC (Psychiatric Genomics Consortium), Project MinE consortium, ReproGen (Reproductive Genetics Consortium), SSGAC (Social Science Genetics Association Consortium) and TAG (Tobacco and Genetics Consortium), TRICL (Transdisciplinary Research in Cancer of the Lung consortium), UK Biobank., Alkes Price (the systemic lupus erythematosus GWAS and primary biliary cirrhosis GWAS) and Johannes Kettunen (lipids metabolites GWAS).

We are grateful to GIANT, ENGAGE, DIAGRAM, GLGC, MEGASTROKE and CARDIoGRAMplusC4D consortia for making data available on metabolic traits and cardiovascular outcomes used in the MR analysis included in this manuscript.

Specifically, data were downloaded from the following sources;

GIANT consortium (adiposity traits);

https://portals.broadinstitute.org/collaboration/giant/index.php/GIANT\_consortium\_data\_files\_

The ENGAGE consortium (fasting glucose); <u>http://mccarthy.well.ox.ac.uk/publications/2015/ENGAGE\_1KG/</u>.

The DIAGRAM consortium (type 2 diabetes); http://www.diagram-consortium.org/downloads.html.

GLGC (lipid traits); <u>http://csg.sph.umich.edu/willer/public/lipids2013/</u>.

MEGASTROKE (all stroke); <u>http://megastroke.org/download.html</u>.

CARDIoGRAMplusC4D (coronary artery disease/myocardial infarction); www.CARDIOGRAMPLUSC4D.ORG.. The MEGASTROKE project received funding from sources specified at http://megastroke.org/acknowlegements.html

Supplementary Note 2: Standardized regression coefficients.

Standardized regression coefficients were derived from Z-scores and effect allele frequencies using the following transformation;

$$\widehat{\beta}_j \approx Z_j \frac{\widehat{\sigma_y}}{\sqrt{N_j \times 2(1 - EAF_j)EAF_j}}$$

where SNP j has an effect allele frequency (EAF<sub>j</sub>) and  $\widehat{\sigma_y}$  is standard deviation of the phenotype, which was arbitrarily set at 1. The standard error (SE) was calculated as

$$Z_j = \frac{\widehat{\beta}_j}{SE(\widehat{\beta}_j)}$$

### Supplementary Note 3: Indicative effect sizes

First, beta coefficients in the clinical analysis ( $\beta_{j\_GLIDE}$ ) were regressed on the standardized ( $\beta_j$ ) in a regression including all conditionally-independent markers passing genome-wide significance (for DMFS/dentures) and all conditionally-independent markers with p<1x10<sup>-5</sup> for periodontitis/loose teeth. The gradient of these regression models was used to rescale standardized regression coefficients to the same scale used in GLIDE, now interpreted as an approximation of standard deviations of inverse normal transformed DMFS residuals or log odds ratios (for periodontitis/loose teeth).

Finally, to relate effect sizes in the transformed DMFS variable to absolute effect sizes (tooth surfaces), phenotype preparation was repeated in an independent population-representative collection of clinically obtained dental data. Transformed z scores were created for 28,691 adults (aged 30-75 years) with clinical dental examination data in the Swedish GLIDE database, who were originally recruited from the population-based Northern Sweden Health and Disease study<sup>1</sup>. Raw DMFS counts were regressed on the transformed z score, estimating the number of tooth surfaces corresponding to a 1-unit change at the population-level mean level of dental caries experience and covariates.

Supplementary Note 4: Mendelian randomization sensitivity analyses.

For sensitivity analysis, GSMR results were compared to results from standard SNP-based two-sample estimation approaches using GSMR to select instruments and harmonize summary statistics but omitting the HEIDI test. After harmonization, summary statistics were imported into R for sensitivity analysis. Inverse Variance Weighted Meta-analysis and MR-Egger<sup>2</sup> tests were performed using the 'MendelianRandomization' R package (v0.3), and a model averaging procedure using a heterogeneity-penalized modal estimator was performed using R code supplied in manuscript which introduces the method<sup>3</sup>. Where more than one exposure was nominally associated with the same outcome, multivariable MR was performed using the MV IVW estimator<sup>4</sup>, also implemented in the 'MendelianRandomization' R package.

#### **Supplementary references**

- 1. Hallmans, G. *et al.* Cardiovascular disease and diabetes in the Northern Sweden Health and Disease Study Cohort evaluation of risk factors and their interactions. *Scan. J. Pub. Health. Supp.* **61**, 18-24 (2003).
- 2. Bowden, J., Davey Smith, G. & Burgess, S. Mendelian randomization with invalid instruments: effect estimation and bias detection through Egger regression. *Int. J. Epidemiol* **44**, 512-525 (2015).
- 3. Burgess, S., Zuber, V., Gkatzionis, A. & Foley, C.N. Modal-based estimation via heterogeneity-penalized weighting: model averaging for consistent and efficient estimation in Mendelian randomization when a plurality of candidate instruments are valid. *Int. J. Epidemiol.*, dyy080-dyy080 (2018).
- 4. Burgess, S. & Thompson, S.G. Multivariable Mendelian randomization: the use of pleiotropic genetic variants to estimate causal effects. *Am. J. Epidemiol.* **181**, 251-260 (2015).