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Do stroke risk characteristics account for geographical disparities in the outcomes of patients with newly diagnosed atrial fibrillation? The GARFIELD-AF registry

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Title Page

Do stroke risk characteristics account for geographical disparities in the outcomes of patients with newly diagnosed atrial fibrillation? The GARFIELD-AF registry

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Abstract

Objective To determine whether geographical variations in outcomes are accounted for by baseline clinical risk factors and stroke prevention strategies.

Design GARFIELD-AF is a prospective non-interventional registry of patients with newly diagnosed AF. A total of 52,018 patients were enrolled (2010- 2016).

Setting Investigator sites (n=1317) are representative of the care settings/locations in each of the 35 participating countries.

Participants A total of 52,018 patients 18 years and older with newly diagnosed AF and at least 1 investigator-determined stroke risk factor were included.

Main outcomes and measures Observed 1-year Kaplan-Meier event rates and national riskstandardised rates derived.

Results Despite similar conventional measures of stroke risk (CHA₂DS₂-VASc 3.0 in each region), anticoagulant treatment varied three-fold and rates of non-haemorrhagic stroke/SE and mortality differed substantially, even after adjustment for baseline factors and treatments. High observed mortality rates in Canada, France and Germany were largely accounted for by clinical case mix, but countries with some of the lowest Healthcare Access and Quality (HAQ) indices (India, Ukraine, Argentina and Brazil) had the highest mortality, even after risk adjustment. The lowest observed rates of mortality in Japan and South Korea persisted after risk adjustment. The lowest risk-standardised rates of non-haemorrhagic stroke/SE were seen in Germany, Czech Republic and Canada and the highest risk-standardized rates of major bleeding in the Netherlands and USA. Patients from countries with the highest rates of cardiovascular mortality and stroke were among the least likely to receive oral anticoagulants. However, differences in antithrombotic regimens account for only part of the substantial geographic variations in outcomes.

Conclusion Only part of the variability in outcomes among countries is accounted for by baseline demographics, modifiable cardiovascular risk factors, comorbidities and antithrombotic regimens. The potential exists to improve outcomes by addressing modifiable risk factors and the gap between evidence based guidelines and clinical practice among patients with AF.

Clinical Trial Registration—URL http://www.clinicaltrials.gov, unique identifier: NCT01090362.

Key words Geographical variations; Atrial Fibrillation; All-cause mortality; Stroke/systemic embolism; major bleeding

Strengths and limitations of this study

- Marked geographic variations in outcomes (up to two-fold differences in mortality, and in bleeding) are attenuated, but persist after accounting for demographic and clinical characteristics of patients with incident AF.
- The potential exists to improve outcomes among patients with newly diagnosed AF, and to diminish geographic disparities, not only through guideline appropriate stroke prevention, but also by addressing potentially modifiable risk factors.
- The mortality data from GARFIELD-AF reflect the life expectancy in countries with highest and lowest mortality rates, and there is a significant (p<0.001) inverse association with the choice of antithrombotic regimen, multinationality, and the Healthcare Access and Quality Indices derived from national data
- Ascertainment bias may have been responsible for the apparently high rates of bleeding in some countries but rates of anticoagulation and combined treatment with antiplatelets may also have contributed to the observed rates of bleeding.

INTRODUCTION

The 2015 Global Burden of Disease (GDB) report of 195 countries and territories suggests that AF prevalence is highest in Northern and Central Europe, and the United States ¹, and is projected to rise globally because of aging and population growth worldwide ².

The gains in cardiovascular health in high-income countries are related, at least in part, to modification of cardiovascular risk factors as well as improved disease management. In the context of atrial fibrillation, the changes include the availability of treatment strategies for stroke prophylaxis, and/or rhythm or rate control ³⁻⁷. However, the extent to which baseline characteristics and treatment strategies account for geographic variations in outcomes is unclear.

The Global Anticoagulant Registry in the FIELD-Atrial Fibrillation (GARFIELD-AF) aimed to define geographical variations in all-cause mortality, stroke/systemic embolism (SE) and major bleeding in patients with newly diagnosed AF. The primary aim of this report was to determine whether variations in outcomes of AF are accounted for by baseline clinical risk characteristics. A secondary aim was to consider the impact of other factors including national differences in life expectancy, access to quality healthcare, and stroke prevention strategies.

MATERIALS AND METHODS

Design

GARFIELD-AF is the largest multinational prospective registry in AF⁸. The study recruited patients from >1,000 investigational sites (identified nationally as representative) in 35 countries. Patients were recruited from: Europe (Finland, Norway, Sweden, Denmark, United Kingdom, Netherlands, Belgium, Germany, Switzerland, France, Spain, Italy, Austria, Hungary, Russia, Poland, Czech Republic, Ukraine and Turkey), Asia (Singapore, China, Japan, South Korea, Thailand and India), North America (USA and Canada), Latin America

(Mexico, Brazil, Argentina and Chile) and other countries including Egypt, United Arab Emirates, South Africa and Australia.

Adults \geq 18 years were eligible for inclusion if they were diagnosed with non-valvular AF within 6 weeks of study entry. Patients with AF were required to have at least one risk factor for stroke, as judged by the investigator (entry to GARFIELD-AF did not require performance of a stroke risk predictor, nor a specific threshold if such a score was performed). Patients were enrolled prospectively and consecutively at sites that aimed to reflect diverse care settings (including office/outpatient practice; hospital departments including neurology, cardiology, geriatrics, internal medicine and emergency; anticoagulation clinics; and general practice) ^{8,9}.

Independent ethics committee and hospital-based institutional review board approvals were obtained. The registry was conducted in accordance with the principles of the Declaration of Helsinki, local regulatory requirements, and the International Conference on Harmonisation– Good Pharmacoepidemiological and Clinical Practice guidelines. Written informed consent was obtained from all study participants.

GARFIELD-AF data were captured using an electronic case report form (eCRF). Submitted data were examined for completeness and accuracy by the coordinating centre (Thrombosis Research Institute, London, UK), and data queries were sent to study sites. An audit and quality control programme was implemented, and this included source documentation (20% of all eCRFs were monitored against source records) ¹⁰. This paper adheres to the guidelines from STROBE (Strengthening the Reporting of Observational Studies in Epidemiology) ¹¹.

Patient and Public Involvement

Patients and/or the public were not involved in the design, conduct, reporting, or dissemination plans of this research.

Procedures and outcome measures

Baseline characteristics collected at study entry included: medical history, care setting, type of AF, date and method of diagnosis of AF, symptoms, antithrombotic treatment (vitamin K antagonists [VKAs], non-vitamin K antagonist oral anticoagulants [NOACs] and antiplatelet [AP] treatment), as well as all cardiovascular drugs. Race was classified by the investigator in agreement with the patient ⁸. Vascular disease included coronary artery disease (CAD) with a history of acute coronary syndromes (ACS) and/or peripheral artery disease. Chronic kidney disease (CKD) was classified according to National Kidney Foundation guidelines into moderate-to-severe (stages 3–5), mild (stages 1 and 2) or none. Data on components of the CHA₂DS₂-VASc and HAS-BLED risk stratification schemes were collected and calculated retrospectively. HAS-BLED scores were calculated excluding fluctuations in international normalised ratio. In addition, the risk of death, non-haemorrhagic stroke/SE and major bleeding was evaluated with the GARFIELD-AF risk calculator ¹².

Patients were followed over a minimum of 24 months or until death or loss to follow-up, whichever occurred first. As reported previously, standardised definitions for clinical events, death (cardiovascular and non-cardiovascular), non-hemorrhagic stroke/SE and major bleeding) were used ^{8,9}. Data for this report were extracted from the study database on 30th June 2019.

Statistical analysis

Univariate data are presented as medians (1st and 3rd quartile) for continuous variables and as absolute frequencies with percentages for categorical variables.

"Time at risk" for each event was calculated over the first year after enrolment up to the first occurrence of an event or last follow-up or at 365 days, which ever occurred earlier. All-cause mortality, non-haemorrhagic stroke/SE and major bleeding were described as the number of events and the Kaplan-Meier event rate with 95% confidence intervals.

In this study, national risk-standardised measures of event rates were calculated to compare the observed event rates based on case mix (i.e. the clinical characteristics of patients) in each country, with the expected rates for a similar case mix. The risk-standardised event rates were calculated using the following equation:

$\frac{Observed \ event \ rate}{Expected \ event \ rate} \times Global \ event \ rate = Risk \ standardized \ rate$

Where the **Observed event rate** was the crude rate calculated for each country using the Kaplan-Meier estimator (1 *minus* event-free survival probability at 1 year after enrolment).

Expected event rate was calculated (using multivariable Cox regression with a series of demographic and clinical characteristics as covariates) for every patient and the national average computed.

Global (and regional) event rates were the crude rate calculated with the Kaplan-Meier rate across all countries in GARFIELD-AF without exclusion.

When the observed and expected rates were the same, the risk-standardised rate equalled the global event rates. However, when the observed event rate was greater or less than the expected rate, then the country had more or less events than expected, based on its case mix. Hence, the observed to expected ratio was greater or less than 1.0, making the risk-standardised rate higher or lower than the global rate.

Patients' characteristics included in the initial Cox model were: age, gender, type of AF, history of hypertension, blood pressure (systolic and diastolic) and pulse rate (at enrolment),

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hypercholesterolemia, smoking status (never/ex/current) and heavy alcohol consumption, diabetes mellitus (type 1 or 2), ACS, coronary artery bypass graft (CABG), vascular disease, carotid occlusive disease, venous thromboembolism (VTE), history of stroke/transient ischaemic attack (TIA)/SE, history of bleeding, heart failure, moderate-to-severe CKD and cirrhosis. Confidence intervals for the risk-standardized measures were computed using estimates extracted from 1000 bootstrap samples. Patients with missing values were not removed from the study; single imputation was applied.

Both baseline risk factors and antithrombotic regimens (with oral AC and/or AP) at the time of diagnosis of AF (baseline) were included in the Cox model.

The observed rates in a contemporary US registry, the ORBIT-AF II, were derived to assess the representability of the US patients in GARFIELD-AF.

All analyses were performed with SAS version 9.4 (SAS Institute Inc., Cary, NC, USA).

RESULTS

Baseline demographics and clinical characteristics

Baseline characteristics were analysed for the 52,018 patients with newly diagnosed AF, enrolled consecutively into GARFIELD-AF between March 2010 and August 2016, in 35 countries. The largest cohort was recruited from Europe (57.4%), followed by Asia (26.6%), Latin America (8.2%), "Other" countries (4.7%) (including South Africa, Egypt, United Arab Emirates and Australia) and North America (3.1%).

The observed variability in patients' baseline characteristics among regions in GARFIELD-AF is reported in **table 1.** Patients from Asia compared with Europe tended to be younger, had a lower body mass index, a lower prevalence of hypertension, hypercholesterolemia, vascular disease and CKD. By contrast, patients from North America in GARFIELD-AF had the highest

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proportion of patients aged \geq 75, together with the highest prevalence of diabetes, hypercholesterolemia and prior/current smokers from any region (except "Other Region" where the highest prevalence of diabetes was observed). The prevalence of heart failure was consistent and approximately one in five of patients in every region. Approximately 70% of patients overall (and 91.6% of patients in North America) were categorised at having paroxysmal or unclassified AF at enrolment in this study (**Table 1**).

Standard risk assessment scores (including the GARFIELD-AF risk score) found that the calculated risks of stroke or major bleeding were similar across regions (median CHA₂DS₂-VASc score 3.0 in all regions). The GARFIELD-AF risk model for death revealed regional differences, with a lower expected rate of death in patients from Asia and highest in those from Latin America (**Table 1**).

Treatment setting

In Asia and Latin America, patients were predominantly diagnosed and managed by cardiologists (83.7% and 75.0%, respectively), while in Europe and North America, the role of managing patients with AF was shared between cardiologists (in approximately 60% of cases), internists (~20%) and primary care (~20%). The likelihood of being diagnosed and treated in the emergency care setting was highest in North America (38.0% of patients) followed by Latin America (24.7%), "Other" countries (13.4%), Europe (11.5%) and Asia (2.5%).

Observed global and regional outcomes

In GARFIELD-AF, the lowest observed rate of death at one year was recorded in Asia (2.8; 95% CI: 2.6-3.1) with rates less than half those observed in "Other" countries (6.0; 95% CI: 5.1-7.0) (namely, South Africa, Egypt, United Arab Emirates and Australia). Non-

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haemorrhagic stroke/SE rates showed less regional variability, but once again, the lowest observed rates were reported in Asia (1.0; 95% CI: 0.9-1.2). For major bleeding, the highest observed rates were recorded in North America (2.9; 95% CI: 2.2-3.8) and the lowest in Asia (0.9; 95% CI: 0.7-1.0). Reflecting the high proportion of patients from Europe, the global rates across all countries in GARFIELD-AF were similar to European event rates for mortality, non-haemorrhagic stroke/SE and major bleeding (**Table 2**).

Observed and risk-standardised outcomes by country

Figures 1 to 3 depict the observed and risk-standardised rates of mortality, non-haemorrhagic stroke/SE and major bleeding for countries that enrolled more than 90% of the patients into GARFIELD-AF, i.e. omitting countries with potentially unrepresentative findings due to low enrolment. Full details of the observed rates from all countries, including those omitted from the figures, i.e. South Africa (n=639), Denmark (n=532), Egypt (n=527), Austria (n=460), United Arab Emirates (n=397), Finland (n=359), Singapore (n=306), Norway (n=270), and Switzerland (n=89), are reported in **Supplement Tables S1-S3.**

Figures 1-3 show the marked variations in observed event rates by country. This variability persisted even after adjusting for all 22 baseline factors (demographics, modifiable cardiovascular risk factors and comorbidities).

India and Ukraine experienced the highest risk-standardised mortality rates, primarily driven by cardiovascular events. Marked differences were also observed for the USA, where the rate of non-cardiovascular mortality was more than 3-fold higher compared to cardiovascular mortality. Within most other countries the rates of cardiovascular and non-cardiovascular mortality were similar (**Supplementary Table S1**).

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To display the relation between healthcare access and outcomes in more detail, we colour-coded each country according to the Healthcare Access and Quality (HAQ) Index (overall score on a scale of 0–100) from the Global Burden of Disease Study 2016¹⁴. The results show that some of the countries with highest risk-standardised mortality rates (i.e. India, Mexico, Argentina and Brazil) had some of the lowest HAQ indices (HAQ: <70); only Thailand had a similarly low HAQ and a mortality rate. Conversely, the three countries with the lowest risk-standardised mortality rate (South Korea, Japan, and Sweden) all obtained a high HAQ score (HAQ: \geq 90).

The observed mortality rate from the US study, ORBIT-AF II, was similar to the GARFIELD-AF global rate (4.3 [95% CI: 3.7-4.9] vs 4.2 [95% CI: 4.0-4.4] respectively) and below the global rate for non-haemorrhagic stroke/SE (ORBIT-AF-II 0.8 [95% CI: 0.6-1.1] vs GARFIELD-AF 1.2 [95% CI: 1.1-1.3]). Nevertheless, both GARFIELD-AF and ORBIT-AF II reported high rates of major bleeding in the US: 3.4 (95% CI: 2.3-5.0) [GARFIELD-AF] and 3.3 (95% CI: 2.8-3.8) [ORBIT-AF II] relative to the global rate of 1.2(95% CI: 1.1-1.3) in GARFIELD-AF.

The rates of each type of outcome differed by country. For instance, the lowest risk-standardised mortality rates were observed for South Korea, Japan and Sweden, while the lowest risk-standardised rates of non-haemorrhagic stroke/SE were observed in Germany, Czech Republic and Canada. The highest risk-standardised rates non-haemorrhagic stroke/SE were reported in Ukraine and Australia, and the highest risk-standardised rates of major bleeding in the Netherlands and the USA.

Antithrombotic regimen for stroke prevention at baseline

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GARFIELD-AF recorded substantial differences in the overall rate of anticoagulation by region (from 73% in Europe to 56% in Asia, **Supplementary Figure S1a**), as well as large variations within countries (**Supplementary Figure S1b**). At the time of diagnosis of AF, the highest proportion of patients receiving NOACs was in North America (44.8%). This included 14.4% of patients who received NOAC in combination with APs. VKAs were most commonly prescribed in Europe, Latin America and "Other" countries (in 44.4%, 39.8% and 41.1% of patients, respectively) (**Figure S1a**).

Even though CHA₂DS₂-VASc scores were similar across countries (**Supplementary Table S2**), anticoagulant treatment varied three-fold among countries (30% to 90%) (**Figure S1b**). The highest rate of anticoagulation was in the Netherlands and Switzerland (90%) and lowest in China (30%), India (35%) and Ukraine (48%) (Figure 4b). More than 40% of newly diagnosed patients with AF in China and India received anti-platelet therapy only and a further 20%, approximately, received no anti-thrombotic therapy. Across all countries, we found a significant (p<0.001) association with the choice of antithrombotic regimen and HAQ index, i.e. with a greater likelihood of AC and NOAC prescribing (and lower likelihood of AP therapy alone) with increasing HAQ score (**Figure 4**).

ACs (with or without AP therapy) were prescribed to more than 70% of patients in 18 of 35 countries.

The choice of stroke prevention strategy by region and country was analysed and included in the Cox model. Even after adjustment for baseline risk factors and antithrombotic regimen (AC and/or AP treatment), substantial inter-country differences remained in the rate of non-haemorrhagic stroke/SE (**Supplementary table S4**).

DISCUSSION

Analysis of the 52,018 prospectively enrolled patients from the GARFIELD-AF registry shows that after adjusting for the baseline demographics and clinical characteristics (including modifiable cardiovascular risk factors and comorbidities) variability in outcomes among countries is attenuated, but persists. This finding highlights the importance of identifying factors beyond those collected in conventional risk prediction tools to estimate outcomes in patients with AF. Such factors may include practice patterns, access to quality health care, and numerous environmental and epigenetic characteristics to account for the substantial differences in risk-standardised event rates among countries ¹⁵.

The findings show that the apparently high observed rates of mortality (relative to the global average) in countries such as Canada, USA, France and Germany could be largely accounted for by clinical patient characteristics at enrolment. By contrast, countries with some of the lowest Healthcare Access and Quality (HAQ) indices in GARFIELD-AF (India, Ukraine, Argentina and Brazil) had the highest risk-standardised mortality rates. Conversely, the lowest observed rates of mortality in Japan and South Korea persisted even after risk adjustment.

The risk-standardised mortality rates in GARFIELD-AF appear to be a reflection of average national life expectancy, with the lowest mortality rates in this population with newly diagnosed AF in countries with life-expectancies (in years) of 82.2, 83.8, 82.6, 78.2 and 81.6, whereas countries with the highest mortalities in this AF population have life expectancies (in years) of 68.3, 71.2, 76.3, 78.7 and 74.7¹⁶.

Patients from participating centres with the highest rates of mortality and non-haemorrhagic stroke/SE and were among the least likely to receive oral ACs for stroke prevention over the 5

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years of recruitment into GARFIELD-AF (Figure S1b). This is consistent with the observed higher rates of cardiovascular (vs non-cardiovascular) mortality in such countries and where AP therapy or no antithrombotic therapy for AF is most prevalent (Table 2).

It is possible that the higher rates of major bleeding at participating centres in the Netherlands (GARFIELD-AF) and the USA (GARFIELD-AF and ORBIT-AF II) are a reflection of prescribing practice (e.g. high use of anticoagulation in the Netherlands [90%]; and the frequent use of combined NOAC+ AP therapy in the USA [20.7%]) as well as possible ascertainment bias.

It is notable that further analyses of stroke rates revealed that differences in OAC and AP treatment regimens account for only some of the differences among countries, and substantial differences remain (**Supplementary Figure S1**).

Achieving population-wide control of modifiable risk factors (including tobacco use, diet, physical inactivity, plasma glucose and hypertension) could abrogate a substantial part of the global stroke burden, irrespective of age, gender or ethnicity ^{17,18}. Even small changes in the distribution of these risk factors could lead to clinically relevant reductions in the risks of cardiovascular disease, stroke, and mortality ¹⁹⁻²¹. The findings from GARFIELD-AF and other recently published global and regional studies ^{7,22-26} suggest that high rates of potentially modifiable metabolic disorders and smoking persist. Thus there remains considerable scope to improve the outcomes of patients with newly diagnosed AF, even in high- and middle-income countries.

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Substantially higher than global rates of antiplatelet therapy (without anticoagulation), are prescribed in China and India than in Thailand, South Korea, Singapore and Japan (Figure 1b). Fewer older patients were recruited from India, (26% vs 37% of patients were \geq 75 years) but there were more diabetics (36% vs 22%) and CAD patients (28% vs 22%) compared with global average ²⁷. By contrast, patients from Japan were older than the global average (42% vs 37% of patients were \geq 75 years) with a lower prevalence of hypercholesterolemia (29.2% and 42.9%) and CAD (10.3% and 22.8%) at the time of diagnosis of AF ²⁸.

GARFIELD-AF has demonstrated major disparities in the rate of anticoagulation for AF (Figure 1b) and these are not accounted for by conventional measures of stroke risk ²⁹. Such findings are consistent with other observational studies, including: PINNACLE (Practice Innovation and Clinical Excellence) ³⁰, EORP-AF (EUR Observational Research Programme-Atrial Fibrillation) ³¹ and GLORIA-AF (Global Registry on Long-Term Antithrombotic Treatments in Patients with Atrial Fibrillation) ³². However, in GARFIELD-AF there were geographic disparities, not only in antithrombotic regimens for AF, but also in other cardiovascular and lifestyle management measures. These may account to a substantial part of the remaining geographic differences in outcomes. The clear relation of outcomes with indices of healthcare access (HAQ indices) supports this concept.

Strengths and limitations

GARFIELD-AF is a non-interventional registry, and it provided a record of consecutively enrolled patients with newly diagnosed AF who were treated, according to local standards of care, in each participating centre without exclusion of participants by age, risk profile or concomitant disease. GARFIELD-AF mitigated some of the limitations inherent to observational studies through the standardisation of clinical definitions and the rigorous audit

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(using both remote and onsite monitoring) to ensure the completeness and accuracy of the data collected. However, reported rates will be influenced by the characteristics of recruiting centres and treatment settings. Nevertheless, the mortality data from GARFIELD-AF reflect the life expectancy in countries with highest and lowest mortality rates, and there is a significant (p<0.001) inverse association with the choice of antithrombotic regimen in GARFIELD-AF and average HAQ index (derived from national data). Ascertainment bias may have been responsible for the apparently high rates of bleeding in some countries (e.g. Netherlands and USA) but rates of anticoagulation and combined treatment with antiplatelets may also have contributed to the observed rates of bleeding. It is also possible that there was lower ascertainment of outcomes in some countries.

CONCLUSIONS

Despite similar conventional measures of stroke risk (CHA₂DS₂-VASc equalled 3.0 in each region), anticoagulant treatment varied three-fold across countries and the observed rates of stroke/SE and mortality differed substantially by region, even after adjustment for baseline factors and antithrombotic treatments. The new diagnosis of AF signals an increased risk of diverse adverse cardiovascular outcomes, but with striking geographic variations. The variations persisted after adjusting for CHA₂DS₂-VASc risk factors and other baseline and risk characteristics (e.g., smoking, type of AF and moderate-to-severe CKD). Other factors, including variations in clinical practice, organization and access to quality healthcare (as measured by HAQ) as well as patient-related factors may be responsible for the substantial differences in the rates of mortality, stroke/SE and major bleeding across countries. Conventional stroke and cardiovascular risk factors and antithrombotic treatments do not explain the substantial national and regional disparities in outcomes for patients with newly diagnosed AF.

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Figure Legends:

Figure 1. Observed (a) and risk-standardized (b) one-year mortality rates with 95% confidence intervals by country. *

*Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate calculated from all 35 countries. Measures of performance are based on the Healthcare Access and Quality Index for 195 countries and territories from the Global Burden of Disease Study [reference 20].

Figure 2. Observed (a) and risk-standardized (b) one-year non-haemorrhagic stroke/systemic embolism (SE) rates with 95% confidence intervals by country. *

*Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate calculated from all 35 countries. Measures of performance are based on the Healthcare Access and Quality Index for 195 countries and territories from the Global Burden of Disease Study [reference 20].

Figure 3. Observed (a) and risk-standardized (b) one-year major bleeding rates with 95% confidence intervals by country

*Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate calculated from all 35 countries. Measures of performance are based on the Healthcare Access and Quality Index for 195 countries and territories from the Global Burden of Disease Study [reference 20].

Figure 4. Baseline antithrombotic treatment distribution by Healthcare Access and Quality (HAQ) index¹

¹As HAQ index is a country measure, all patients enrolled within a specific country are assigned the same HAQ index

HAQ index of OAC+AP or AP only: <70=46.7%; 70-79=52.5%; 80-89=30.1%; ≥90=28.6%

Table 1.	Baseline	demographics	and clinical	characteristics	of patients	stratified by region
		<u> </u>			1	20

			Region		
Baseline characteristics	Europe	Asia	Latin America	North	Other countries
	(N = 29,876)	(N = 13,821)	(N = 4247)	America	(N = 2455)
				(N = 1619)	
Gender female, n (%)	13,563 (45.4)	5622 (40.7)	2016 (47.5)	734 (45.3)	1051 (42.8)
Age, median (Q1; Q3), years	72.0 (64.0;	69.0 (60.0;	71.0 (63.0; 79.0)	72.0 (64.0;	67.0 (59.0; 75.0)
	79.0)	76.0)		80.0)	
Age group, n (%)					
<65 years	8016 (26.8)	4980 (36.0)	1258 (29.6)	441 (27.2)	996 (40.6)
65-74 years	9761(32.7)	4564 (33.0)	1336 (31.5)	494 (30.5)	791 (32.2)
≥75 years	12,099 (40.5)	4277 (30.9)	1653 (38.9)	684 (42.2)	668 (27.2)
Race/Ethnicity, n (%)					
Caucasian	27934 (96.9)	13 (0.1)	957 (23.1)	1421 (90.5)	1672 (70.3)
Hispanic/Latino	344 (1.2)	0 (0.0)	3000 (72.5)	35 (2.2)	14 (0.6)
Asian	160 (0.6)	13789 (99.8)	11 (0.3)	11 (0.7)	305 (12.8)
Black/Mixed/Other	394 (1.4)	16 (0.1)	172 (4.2)	103 (6.6)	386 (16.2)
Prior/current smoker, n (%)	9558 (35.2)	3833 (31.2)	1348 (32.9)	709 (47.6)	949 (40.4)
Heavy alcohol use, n (%)	486 (1.9)	365 (3.2)	72 (1.8)	36 (2.7)	69 (3.1)
Body mass index, median (Q1; Q3), kg/m ²	28.0	24.2	27.9 (24.8;31.6)	29.4	29.8 (26.0;34.3)
	(25.1;31.8)	(22.0;26.6)		(25.4;34.0)	
Pulse, median (Q1; Q3), bpm	85.0 (70.0;	82.0 (70.0;	80.0 (70.0;	89.0 (72.0;	98.0 (80.0; 122.0)
	108.0)	98.0)	102.0)	117.0)	
SBP, median (Q1; Q3), mm Hg	135	130	130(120.0;141.0)	130	133 (120.0;148.0)
	(120.0;147.0)	(118.0;140.0)		(118.0;143.0)	
DBP, median (Q1; Q3), mm Hg	80.0	78.0	80.0 (70.0;86.0)	78.0	80.0 (70.0;90.0)
	(71.0;90.0)	(70.0;86.0)		(68.0;86.0)	

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Type of atrial fibrillation, n (%)					
Permanent	4587 (15.4)	1108 (8.0)	666 (15.7)	35 (2.2)	234 (9.5)
Persistent	4313 (14.4)	2505 (18.1)	625 (14.7)	100 (6.2)	210 (8.6)
Paroxysmal	7375 (24.7)	5165 (37.4)	1086 (25.6)	345 (21.3)	333 (13.6)
Unclassified	13598 (45.5)	5042 (36.5)	1870 (44.0)	1137 (70.3)	1678 (68.4)
Medical history, n (%)					
Hypertension	23740 (79.7)	9353 (67.9)	3420 (80.8)	1229 (76.4)	1862 (76.2)
Hypercholesterolemia	13368 (46.3)	3743 (27.7)	1550 (38.6)	940 (59.3)	1354 (56.8)
Diabetes mellitus	6359 (21.3)	2976 (21.5)	1041 (24.5)	422 (26.1)	744 (30.3)
Heart failure	6841 (22.9)	3072 (22.2)	951 (22.4)	312 (19.3)	563 (22.9)
Acute coronary syndromes	3262 (11.0)	1160 (8.4)	433 (10.2)	209 (13.0)	469 (19.2)
Moderate to severe chronic renal disease	3606 (12.4)	1052 (7.8)	282 (7.2)	142 (9.5)	272 (11.3)
History of stroke/TIA/SE	3445 (11.6)	1400 (10.2)	492 (11.7)	165 (10.4)	337 (13.9)
History of bleeding	764 (2.6)	222 (1.6)	173 (4.1)	76 (4.7)	80 (3.3)
Carotid occlusive disease	1071 (3.6)	251 (1.8)	109 (2.6)	56 (3.5)	51 (2.1)
Venous thromboembolism	995 (3.3)	81 (0.6)	102 (2.4)	73 (4.6)	104 (4.3)
Cirrhosis	148 (0.5)	96 (0.7)	15 (0.4)	14 (0.9)	20 (0.8)
Dementia	381 (1.3)	246 (1.8)	47 (1.1)	34 (2.1)	56 (2.3)
Care setting specialty at diagnosis, n (%)					
Internal medicine/Neurology/Geriatrics	7077 (23.7)	1807 (13.1)	654 (15.4)	345 (21.3)	560 (22.8)
Cardiology	16824 (56.3)	11571 (83.7)	3184 (75.0)	968 (59.9)	1626 (66.2)
Primary care/general practice	5972 (20.0)	442 (3.2)	409 (9.6)	304 (18.8)	269 (11.0)
Care setting location at diagnosis, n (%)					
Hospital	16647 (55.7)	10112 (73.2)	1792 (42.2)	615 (38.1)	1169 (47.6)
Office/Anticoagulation clinic/Thrombosis centre	9804 (32.8)	3366 (24.4)	1404 (33.1)	387 (23.9)	957 (39.0)
Emergency room	3422 (11.5)	342 (2.5)	1051 (24.7)	614 (38.0)	329 (13.4)
Risk scores					
CHA ₂ DS ₂ -VASc score, median (Q1; Q3)	3.0 (2.0; 4.0)	3.0 (2.0; 4.0)	3.0 (2.0; 4.0)	3.0 (2.0; 4.0)	3.0 (2.0; 4.0)

HAS-BLED score, median (Q1; Q3)*	1.0 (1.0; 2.0)	1.0 (1.0; 2.0)	1.0 (1.0; 2.0)	2.0 (1.0; 2.0)	1.0 (1.0; 2.0)
GARFIELD-AF risk score, median (IQR)					
All-cause mortality	5.3 (3.1;9.4)	3.1 (1.8;6.0)	6.0 (3.5;10.9)	5.8 (3.1;10.9)	4.3 (2.5;8.5)
Non-haemorrhagic stroke/SE	1.6 (1.1;2.4)	1.5 (1.0;2.3)	1.6 (1.1;2.4)	1.6 (1.1;2.4)	1.4 (0.9;2.3)
Major bleeding	1.7 (1.1;2.6)	1.3 (0.9;2.0)	1.6 (1.0;2.4)	1.6 (1.0;2.6)	1.6 (1.0;2.4)

*The risk factor 'Labile INRs' is not included in the HAS-BLED score as it is not collected at baseline. As a result, the maximum HAS-BLED score at baseline is 8 points (not 9).

BPM, beats per minute; DBP, diastolic blood pressure; SBP, systolic blood pressure, Q1, 1st quartile, Q3, 3rd quartile, SE, systemic embolism

Countries in each region are as follows: Europe (Finland, Norway, Sweden, Denmark, United Kingdom, Netherlands, Belgium, Germany, Switzerland, France, Spain, Italy, Austria, Hungary, Russia, Poland, Czech Republic, Ukraine and Turkey), Asia (Singapore, China, Japan, South Korea, Thailand and India), North America (USA and Canada), Latin America (Mexico, Brazil, Argentina and Chile) and Other countries (Egypt, United Arab Emirates, South Africa and Australia)

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Table 2. Observed rate and corresponding 95% confidence interval for all-cause mortality, non-haemorrhagic stroke/SE and major bleeding by

region and in all 35 countries in GARFIELD-AF

		Outcome	
Region	Mortality	Non-haemorrhagic	Major bleeding
		Stroke/SE	
Europe	4.4 (4.2-4.6)	1.2 (1.1-1.3)	1.3 (1.2-1.4)
Asia	2.8 (2.6-3.1)	1.0 (0.9-1.2)	0.9 (0.7-1.0)
Latin America	5.5 (4.8-6.2)	1.4 (1.1-1.8)	1.3 (1.0-1.7)
North America	5.9 (4.8-7.2)	1.0 (0.6-1.6)	2.9 (2.2-3.8)
Other countries	6.0 (5.1-7.0)	1.8 (1.3-2.4)	1.3 (0.9-1.9)
All countries	4.2 (4.0-4.4)	1.2 (1.1-1.3)	1.2 (1.1-1.3)
SE: Systemic embolis	m		· · · · · · · · · · · · · · · · · · ·



Observed (a) and risk-standardized (b) one-year mortality rates with 95% confidence intervals by country. *
*Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall
observed global rate calculated from all 35 countries. Measures of performance are based on the Healthcare
Access and Quality Index for 195 countries and territories from the Global Burden of Disease Study
[reference 20].

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Observed (a) and risk-standardized (b) one-year major bleeding rates with 95% confidence intervals by country

*Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate calculated from all 35 countries. Measures of performance are based on the Healthcare Access and Quality Index for 195 countries and territories from the Global Burden of Disease Study [reference 20].

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14.2

80-89 (N = 6246)

15.4

33.1

≥90 (N = 29347)

100% 15.8 90% 80% 38.4 50% 40% 38. 32.5 30% 20% 10% 18.0 <70 (N = 7293) 70-79 (N = 8410) HAQ Index NOAC ± AP VKA ± AP AP only None ¹As HAQ index is a country measure, all patients enrolled within a specific country are assigned the same HAQ index HAQ index of OAC+AP or AP only: <70=46.7%; 70-79=52.5%; 80-89=30.1%; ≥90=28.6% 108x60mm (300 x 300 DPI)

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Supplementary Tables and Figures

Table S1. Observed and risk-standardized all-cause mortality rates by country in GARFIELD-AF						
Observed mortality rate (95% CI)						
Country by region	Events	All-cause mortality	Cardiovascular mortality*	Non-cardiovascular mortality*	Risk standardized mortality rate (95% CI)	
Global (all GARFIELD-AF)	2140	4.2 (4.0-4.4)	1.6 (1.5 - 1.7)	1.6 (1.5 - 1.7)	-	
Latin America						
Argentina	64	6.1 (4.8-7.8)	2.7 (1.9-3.9)	2.6 (1.8-3.8)	6.0 (4.6-7.3)	
Brazil	63	6.0 (4.7-7.6)	2.5 (1.7-3.7)	2.5 (1.7-3.7)	5.9 (4.5-7.3)	
Chile	38	3.9 (2.8-5.3)	2.3 (1.5-3.4)	1.3 (0.8-2.3)	4.4 (3.1-5.8)	
Mexico	67	5.9 (4.7-7.4)	3.2 (2.3-4.4)	1.4 (0.9-2.3)	6.0 (4.7-7.4)	
North America						
Canada	50	5.7 (4.3-7.4)	1.7 (1.1-2.9)	2.2 (1.4-3.4)	4.6 (3.4-5.8)	
United States (GARFIELD- AF)	45	6.2 (4.6-8.2)	0.8 (0.4-1.9)	2.9 (1.9-4.4)	6.3 (4.5-7.9)	
United States (ORBIT-AF II)	202	4.3 (3.7-4.9)			-	
Other						
Australia	45	5.1 (3.8-6.7)	1.8 (1.1-3.0)	2.2 (1.4-3.4)	4.1 (3.1-5.3)	
Egypt	6	1.1 (0.5-2.5)	0.2 (0.0-1.3)	0.2 (0.0-1.3)	1.7 (0.5-3.1)	
South Africa	70	11.0 (8.8-13.7)	5.1 (3.7-7.2)	2.9 (1.9-4.6)	10.5 (8.2-13)	
United Arab Emirates	26	6.5 (4.5-9.5)	2.3 (1.2-4.4)	3.6 (2.1-6.0)	5.4 (3.6-7.5)	
Europe						
Austria	23	5.1 (3.4-7.5)	1.8 (0.9-3.5)	1.8 (0.9-3.5)	4.4 (2.8-6.2)	
Belgium	76	4.5 (3.6-5.6)	1.3 (0.9-2.0)	2.5 (1.8-3.4)	4.6 (3.7-5.6)	

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Czech Republic	74	4.0 (3.2-5.0)	1.3 (0.9-1.9)	1.6 (1.1-2.3)	5.1 (3.9-6.2)
Denmark	41	7.8 (5.8-10.4)	2.1 (1.2-3.8)	3.9 (2.5-5.9)	6.5 (4.8-8.4)
Finland	12	3.3 (1.9-5.8)	1.1 (0.4-3.0)	0.8 (0.3 - 2.6)	3.6 (1.8-5.4)
France	116	6.4 (5.4-7.6)	2.0 (1.4-2.7)	2.8 (2.1-3.7)	5.4 (4.4-6.4)
Germany	192	5.4 (4.7-6.2)	2.3 (1.8-2.8)	2.2 (1.7-2.7)	5.0 (4.3-5.8)
Hungary	69	5.1 (4-6.4.0)	2.5 (1.7 - 3.4)	2.2 (1.5-3.1)	5.2 (4.1-6.4)
Italy	87	4.0 (3.2-4.9)	1.4 (1.0-2.0)	1.7 (1.2 - 2.3)	3.5 (2.8-4.3)
Netherlands	49	4.2 (3.2-5.5)	1.6 (1.0 - 2.5)	1.8 (1.2-2.8)	4.2 (3.1-5.4)
Norway	3	1.1 (0.4-3.4)	0.0 (0.0 - 0.0)	0.7 (0.2-2.9)	1.5 (0.0-3.4)
Poland	61	1.5 (0.0-3.4)	1.2 (0.8-1.7)	0.6 (0.3-1.0)	2.8 (2.2-3.5)
Russia	62	2.9 (2.3-3.7)	1.6 (1.1 - 2.2)	0.8 (0.5 - 1.2)	3.1 (2.3-3.9)
Spain	113	4.6 (3.9-5.6)	1.6 (1.2 - 2.2)	2.2 (1.7-2.9)	4.3 (3.5-5.1)
Sweden	32	2.6 (1.9-3.7)	1.2 (0.7-1.9)	1.0 (0.6-1.7)	2.7 (1.8-3.6)
Switzerland	5	5.6 (2.4-13.0)	1.2 (0.2 - 8.1)	3.4 (1.1 - 10.1)	4.8 (1.4-9.1)
Turkey	39	5.3 (3.9-7.2)	3.4 (2.3 - 5.0)	1.7 (1.0-2.9)	5.5 (3.9-7.3)
Ukraine	109	5.8 (4.8-7.0)	3.0 (2.3-3.9)	0.2 (0.1 - 0.6)	6.5 (5.3-7.6)
United Kingdom	137	3.9 (3.3-4.5)	1.1 (0.8 - 1.5)	2.0 (1.6-2.5)	3.2 (2.7-3.7)
Asia					
China	82	3.3 (2.7-4.1)	1.4 (1.0-1.9)	0.7 (0.4 - 1.1)	3.5 (2.7-4.2)
India	102	7.4 (6.1-8.9)	3.5 (2.6-4.6)	1.4 (0.9-2.2)	7.1 (5.8-8.5)
Japan	100	2.1 (1.7-2.5)	0.6 (0.4 - 0.9)	0.9 (0.6 - 1.2)	2.0 (1.6-2.5)
Singapore	12	3.9 (2.3-6.8)	0.0 (0.0 - 0.0)	2.6 (1.3-5.2)	3.8 (1.9-6.0)
South Korea	34	1.1 (0.8-1.6)	0.3 (0.2 - 0.6)	0.6 (0.4-1.0)	1.6 (1.1-2.2)
Thailand	54	3.5 (2.7-4.6)	0.3 (0.1-0.8)	2.5 (1.9-3.4)	4.1 (3.1-5.2)

CI: Confidence interval

*Note the rate of cardiovascular and non-cardiovascular mortality do not add up to the total because the cause of death is not known is some cases.

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	CHA ₂ DS ₂ -VASC		Events	Observed stroke/SE	Risk standardized stroke/SF	
Country by region	Median (Q1; Mean (SD) O3)			rate (95% CI)	rate (95% CI)	
Global (all GARFIELD-AF)			602	1.2 (1.1-1.3)	-	
Latin America						
Argentina	3.0 (2.0; 4.0)	3.1 (1.5)	13	1.3 (0.7-2.2)	1.3 (0.6-2.0)	
Brazil	3.0 (2.0; 4.0)	3.2 (1.7)	13	1.3 (0.7-2.2)	1.3 (0.6-2.0)	
Chile	3.0 (2.0; 4.0)	3.4 (1.6)	12	1.2 (0.7-2.2)	1.3 (0.6-2.0)	
Mexico	4.0 (2.0; 4.0)	3.5 (1.6)	20	1.8 (1.2-2.8)	1.7 (1.0-2.5)	
North America						
Canada	3.0 (2.0; 5.0)	3.5 (1.6)	7	0.8 (0.4-1.7)	0.7 (0.2-1.2)	
United States (GARFIELD-AF)	3.0 (2.0; 4.0)	3.1 (1.6)	8	1.1 (0.6-2.2)	1.1 (0.4-2.0)	
United States (ORBIT-AF II)			41	0.8 (0.6-1.1)	-	
Other						
Australia	3.0 (2.0; 4.0)	3.3 (1.6)	23	2.6 (1.8-3.9)	2.2 (1.3-3.1)	
Egypt	3.0 (2.0; 4.0)	3.2 (1.7)	0	0.0 (0.0-0.0)	0.0 (0.0-0.0)	
South Africa	3.0 (2.0; 4.0)	3.2 (1.7)	16	2.6 (1.6-4.3)	2.4 (1.3-3.6)	
United Arab Emirates	3.0 (2.0; 4.0)	3.0 (1.8)	3	0.8 (0.3-2.4)	0.8 (0.0-1.8)	
Europe						
Austria	3.0 (2.0; 4.0)	3.5 (1.5)	8	1.8 (0.9-3.6)	1.6 (0.6-2.7)	
Belgium	3.0 (2.0; 4.0)	3.1 (1.6)	17	1.0 (0.6-1.6)	1.0 (0.5-1.5)	
Czech Republic	3.0 (2.0; 4.0)	3.3 (1.6)	11	0.6 (0.3-1.1)	0.6 (0.3-1.0)	

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Denmark	3.0 (2.0; 4.0)	3.2 (1.5)	10	1.9 (1.0-3.6)	1.6 (0.7-2.7)	
Finland	3.0 (2.0; 5.0)	3.5 (1.6)	2	0.6 (0.1-2.2)	0.5 (0.0-1.3)	
France	4.0 (3.0; 5.0)	3.6 (1.6)	36	2.0 (1.5-2.8)	1.6 (1.0-2.0)	
Germany	4.0 (2.0; 5.0)	3.6 (1.7)	24	0.7 (0.5-1.0)	0.6 (0.4-0.9)	
Hungary	3.0 (2.0; 5.0)	3.4 (1.6)	12	0.9 (0.5-1.6)	0.9 (0.4-1.4)	
Italy	4.0 (3.0; 4.0)	3.6 (1.5)	16	0.7 (0.5-1.2)	0.7 (0.4-1.0)	
Netherlands	3.0 (2.0; 4.0)	3.1 (1.5)	9	0.8 (0.4-1.5)	0.7 (0.3-1.2)	
Norway	3.0 (2.0; 4.0)	2.8 (1.4)	4	1.5 (0.6-3.9)	1.7 (0.4-3.5)	
Poland	3.0 (2.0; 4.0)	3.2 (1.7)	18	0.8 (0.5-1.2)	0.8 (0.5-1.2)	
Russia	3.0 (2.0; 5.0)	3.5 (1.7)	35	1.7 (1.2-2.3)	1.8 (1.3-2.5)	
Spain	3.0 (2.0; 4.0)	3.1 (1.4)	29	1.2 (0.8-1.7)	1.1 (0.7-1.5)	
Sweden	3.0 (2.0; 4.0)	3.1 (1.4)	9	0.7 (0.4-1.4)	0.7 (0.3-1.2)	
Switzerland	4.0 (2.0; 4.0)	3.4 (1.6)		2.3 (0.6-8.9)	2.0 (0.0-5.1)	
Turkey	3.0 (2.0; 4.0)	3.0 (1.8)	7	1.0 (0.5-2.0)	1.2 (0.3-2.1)	
Ukraine	3.0 (2.0; 5.0)	3.6 (1.6)	36	2.0 (1.4-2.7)	2.4 (1.6-3.3)	
United Kingdom	3.0 (2.0; 4.0)	3.3 (1.5)	64	1.8 (1.4-2.3)	1.6 (1.2-2.0)	
Asia						
China	3.0 (2.0; 4.0)	3.2 (1.7)	31	1.3 (0.9-1.8)	1.4 (0.9-1.9)	
India	3.0 (2.0; 4.0)	3.0 (1.5)	11	0.8 (0.5-1.5)	1.0 (0.5-1.6)	
Japan	3.0 (2.0; 4.0)	3.0 (1.6)	48	1.0 (0.8-1.3)	1.0 (0.8-1.3)	
Singapore	3.0 (2.0; 4.0)	3.1 (1.8)	7	2.3 (1.1-4.8)	2.2 (0.6-3.9)	
South Korea	2.0 (1.0; 3.0)	2.5 (1.5)	29	1.0 (0.7-1.4)	1.3 (0.8-1.7)	
Thailand	3.0 (2.0; 4.0)	2.9 (1.5)	13	0.9 (0.5-1.5)	1.0 (0.5-1.6)	

CI: Confidence interval

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Country by region	Events	Observed major bleeding rate (95% CI)	Risk standardized major bleeding rate (95% CI)
Global (all GARFIELD-AF)	411	1.2 (1.1-1.3)	-
Latin America			
Argentina	18	1.8 (1.1-2.8)	1.8 (1-2.7.0)
Brazil	13	1.3 (0.7-2.2)	1.3 (0.7-2.1)
Chile	16	1.7 (1.0-2.7)	1.7 (0.9-2.5)
Mexico	5	0.5 (0.2-1.1)	0.5 (0.1-0.9)
North America			
Canada	21	2.4 (1.6-3.7)	1.8 (1.1-2.6)
United States (GARFIELD-AF)	24	3.4 (2.3-5.0)	3.0 (1.8-4.2)
United States (ORBIT-AF II)	158	3.3 (2.8-3.8)	-
Other			
Australia	14	1.6 (1.0-2.7)	1.2 (0.6-2.0)
Egypt	4	0.8 (0.3-2.0)	1.0 (0.2-2.0)
South Africa	9	1.5 (0.8-2.8)	1.5 (0.6-2.5)
United Arab Emirates	4	1.1 (0.4-2.8)	1.0 (0.2-2.1)
Europe			
Austria	11	2.5 (1.4-4.4)	1.9 (0.8-3.0)
Belgium	37	2.2 (1.6-3.0)	1.9 (1.3-2.5)
Czech Republic	13	0.7 (0.4-1.2)	0.7 (0.3-1.2)
Denmark	13	2.5 (1.5-4.3)	2.1 (1.1-3.2)
Finland	9	2.5 (1.3-4.8)	2.4 (1.1-4.1)
France	22	1.2 (0.8-1.9)	1.0 (0.6-1.4)

Germany	41	1.2 (0.9-1.6)	1.1 (0.8-1.4)
Hungary	23	1.7 (1.1-2.6)	1.6 (1.0-2.4)
Italy	34	1.6 (1.1-2.2)	1.4 (1.0-1.9)
Netherlands	33	2.9 (2.0-4.0)	2.4 (1.6-3.2)
Norway	7	2.6 (1.3-5.4)	2.9 (0.9-5.4)
Poland	19	0.8 (0.5-1.3)	0.9 (0.5-1.3)
Russia	7	0.3 (0.2-0.7)	0.4 (0.1-0.7)
Spain	35	1.5 (1.1-2.0)	1.2 (0.8-1.7)
Sweden	12	1.0 (0.6-1.8)	0.9 (0.5-1.6)
Switzerland	1	1.1 (0.2-7.8)	0.8 (0.0-3.0)
Turkey	3	0.4 (0.1-1.3)	0.5 (0.0-1.2)
Ukraine	3	0.2 (0.1-0.5)	0.2 (0.0-0.6)
United Kingdom	56	1.6 (1.2-2.1)	1.3 (1.0-1.6)
Asia			
China	8	0.3 (0.2-0.7)	0.4 (0.1-0.6)
India	5	0.4 (0.2-0.9)	0.4 (0.1-0.8)
Japan	40	0.8 (0.6-1.1)	0.9 (0.7-1.2)
Singapore	6	2.0 (0.9-4.4)	1.9 (0.6-3.6)
South Korea	30	1.0 (0.7-1.4)	1.5 (0.9-2.0)
Thailand	28	1.8 (1.3-2.6)	2.0 (1.3-2.7)

CI: Confidence intervals

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Table S4. Risk-standa	ardized1 event rates within one	year by country	
Country	Risk-standardized	Risk-standardized	Risk-standardized
	mortality rate (95% CI)	non-haemorrhagic stroke/SE rate (95% CI)	major bleeding rate (95% CI)
Argentina	5.7 (4.4-7.0)	1.2 (0.6-1.9)	1.9 (1.1-2.9)
Australia	4.0 (3.0-5.1)	2.1 (1.3-3.0)	1.3 (0.6-2.0)
Austria	4.4 (2.9-6.3)	1.6 (0.6-2.8)	1.9 (0.8-3.1)
Belgium	4.9 (3.9-5.9)	1.1 (0.6-1.6)	1.8 (1.3-2.4)
Brazil	5.7 (4.3-7.1)	1.2 (0.6-1.9)	1.4 (0.7-2.2)
Canada	4.6 (3.4-5.8)	0.6 (0.2-1.2)	1.8 (1.1-2.6)
Chile	4.6 (3.3-6.1)	1.4 (0.6-2.2)	1.6 (0.8-2.4)
China	3.1 (2.5-3.8)	1.1 (0.8-1.5)	0.4 (0.2-0.7)
Czech Republic	5.1 (4.0-6.3)	0.7 (0.3-1.1)	0.7 (0.3-1.2)
Denmark	6.7 (4.9-8.6)	1.7 (0.8-2.8)	2.0 (1-3.1.0)
Egypt	1.8 (0.6-3.3)	0.0 (0.0-0.0)	0.9 (0.2-1.8)
Finland	3.7 (1.9-5.6)	0.5 (0.0-1.3)	2.4 (1.1-4.0)
France	5.6 (4.6-6.6)	1.6 (1.1-2.2)	0.9 (0.6-1.3)
Germany	5.0 (4.3-5.8)	0.6 (0.4-0.9)	1.1 (0.8-1.4)
Hungary	5.4 (4.3-6.7)	0.9 (0.5-1.5)	1.6 (1.0-2.2)
India	6.5 (5.3-7.8)	0.8 (0.4-1.3)	0.5 (0.1-0.9)
Italy	3.8 (3.0-4.6)	0.8 (0.4-1.2)	1.3 (0.9-1.8)
Japan	2.1 (1.7-2.6)	1.1 (0.8-1.5)	0.9 (0.6-1.2)
Mexico	5.7 (4.5-7.1)	1.5 (0.9-2.2)	0.5 (0.1-0.9)
Netherlands	4.6 (3.4-5.8)	0.8 (0.4-1.4)	2.2 (1.5-2.9)
Norway	1.7 (0.0-3.7)	1.9 (0.4-4.1)	2.7 (0.8-5.0)
Poland	2.8 (2.2-3.6)	0.8 (0.5-1.3)	0.9 (0.5-1.3)
Russia	3.0 (2.2-3.8)	1.7 (1.2-2.3)	0.4 (0.1-0.8)
Singapore	3.7 (1.8-5.8)	2.0 (0.6-3.6)	1.9 (0.6-3.7)
South Africa	10.5 (8.3-13)	2.4 (1.3-3.7)	1.5 (0.6-2.5)
South Korea	1.6 (1.1-2.1)	1.2 (0.8-1.6)	1.5 (1.0-2.1)
Spain	4.4 (3.6-5.2)	1.1 (0.8-1.6)	1.2 (0.8-1.7)
Sweden	2.8 (1.9-3.7)	0.8 (0.3-1.3)	0.9 (0.5-1.6)
Switzerland	5.3 (1.5-10.0)	1.2 (0.0-3.9)	0.8 (0.0-2.8)
Thailand	3.9 (2.9-5.0)	0.9 (0.5-1.5)	2.1 (1.3-2.9)
Turkey	5.5 (3.9-7.4)	1.2 (0.3-2.2)	0.5 (0.0-1.2)
Ukraine	6.2 (5.0-7.3)	2.1 (1.5-2.9)	0.3 (0.0-0.6)

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United Arab Emirates	5.2 (3.5-7.1)	0.8 (0.0-1.7)	1.1 (0.2-2.1)
United Kingdom	3.2 (2.7-3.7)	1.5 (1.1-1.9)	1.3 (1.0-1.6)
United States	6.3 (4.5-8.0)	1.2 (0.4-2.0)	2.9 (1.7-4.1)

BMJ Open





(a) Region



 (b) Country



BMJ Open

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STROBE Statement-checklist of items that should be included in reports of observational studies

	Item No	Recommendation
	1	(a) Indicate the study's design with a commonly used term in the title or the
		abstract- title page 1
		(b) Provide in the abstract an informative and balanced summary of what was done
		and what was found- page 4 &5
Introduction		
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported-
C		page 6
Objectives	3	State specific objectives, including any prespecified hypotheses- page 6
Methods		
Study design	4	Present key elements of study design early in the paper- Page 6-7
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment,
C		exposure, follow-up, and data collection –pages 6-8
Participants	6	(a) Cohort study—Give the eligibility criteria, and the sources and methods of
-		selection of participants. Describe methods of follow-up-page 6-7
		Case-control study—Give the eligibility criteria, and the sources and methods of
		case ascertainment and control selection. Give the rationale for the choice of cases
		and controls
		Cross-sectional study—Give the eligibility criteria, and the sources and methods of
		selection of participants
		(b) Cohort study—For matched studies, give matching criteria and number of
		exposed and unexposed
		Case-control study—For matched studies, give matching criteria and the number of
		controls per case
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect
		modifiers. Give diagnostic criteria, if applicable- page 7
Data sources/	8*	For each variable of interest, give sources of data and details of methods of
measurement		assessment (measurement). Describe comparability of assessment methods if there
		is more than one group- page 8-10
Bias	9	Describe any efforts to address potential sources of bias
Study size	10	Explain how the study size was arrived at
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable,
		describe which groupings were chosen and why
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding-
		_page 8-10
		(b) Describe any methods used to examine subgroups and interactions
		(c) Explain how missing data were addressed
		(d) Cohort study—If applicable, explain how loss to follow-up was addressed
		Case-control study—If applicable, explain how matching of cases and controls was
		addressed
		Cross-sectional study-If applicable, describe analytical methods taking account of
		sampling strategy
		(<u>e</u>) Describe any sensitivity analyses

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Results			
Participants	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and	
		analysed page 10	
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information	
data		on exposures and potential confounders page 10-11	
		(b) Indicate number of participants with missing data for each variable of interest	
		(c) Cohort study—Summarise follow-up time (eg, average and total amount)	
Outcome data	15*	Cohort study—Report numbers of outcome events or summary measures over time page 11- 13	
		<i>Case-control study</i> —Report numbers in each exposure category, or summary measures of exposure	
		Cross-sectional study—Report numbers of outcome events or summary measures	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their	
		precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and	
		why they were included page 9-10	
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses page 13-14	
Discussion		L.	
Key results	18	Summarise key results with reference to study objectives- page 14-15	
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision.	
		Discuss both direction and magnitude of any potential bias-page 17-18	
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity	
		of analyses, results from similar studies, and other relevant evidence- page 14-18	
Generalisability	21	Discuss the generalisability (external validity) of the study results	
Other informati	on		
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable,	
-		for the original study on which the present article is based- page 19	

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.

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Do baseline characteristics and treatments account for geographical disparities in the outcomes of patients with newly diagnosed atrial fibrillation? The prospective GARFIELD-AF registry

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review on

Title Page

Do baseline characteristics and treatments account for geographical disparities in the outcomes of patients with newly diagnosed atrial fibrillation? The prospective GARFIELD-AF registry

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Abstract

Objective In patients with newly diagnosed AF, do baseline risk factors and stroke prevention strategies account for the geographically diverse outcomes.

Design GARFIELD-AF is a prospective multinational non-interventional registry of patients with newly diagnosed AF (n=52,018 patients).

Setting Investigator sites (n=1317) were representative of the care settings/locations in each of the 35 participating countries. Treatment decisions were all determined by the local responsible clinicians.

Participants The patients (18 years and over) with newly diagnosed AF had at least 1 investigator-determined stroke risk factor and patients were not required to meet specific thresholds of risk score for anticoagulant treatment.

Main outcomes and measures Observed 1-year event rates and risk-standardised rates were derived.

Results Rates of death, non-haemorrhagic stroke/SE and major bleeding varied more than three-to-four fold across countries even after adjustment for baseline factors and antithrombotic treatments. Rates of anticoagulation and antithrombotic treatment varied widely. Patients from countries with the highest rates of cardiovascular mortality and stroke were among the least likely to receive oral anticoagulants. Beyond anticoagulant treatment, variations in the treatment of comorbidities and lifestyle factors may have contributed to the variations in outcomes. Countries with the lowest healthcare Access and Quality indices (India, Ukraine, Argentina, Brazil) had the highest risk-standardized mortality.

Conclusion The variability in outcomes across countries for patients with newly diagnosed AF is not accounted for by baseline characteristics and antithrombotic treatments. Residual

mortality rates were correlated with Healthcare Access and Quality indices. The findings suggest the management of patients with AF needs to not only address guideline indicated and sustained anticoagulation, but also the treatment of comorbidities and lifestyle factors.

Key words Geographical variations; Atrial Fibrillation; All-cause mortality; Stroke/systemic embolism; major bleeding

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Strengths and limitations of this study

- This is a prospective observational study where patients with newly diagnosed AF were identified and followed and outcomes evaluated.
- All patients were managed according to local standards of care.
- Remote and onsite monitoring and robust quality control methods were used.
- As in any observational study the findings may have been influenced by unmeasured confounders.
- Ascertainment of bleeding outcomes was according to local standards of care and thus ascertainment criteria, locally, may have influenced observed rates of bleeding.

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INTRODUCTION

The 2015 Global Burden of Disease (GDB) report of 195 countries and territories suggests that AF prevalence is highest in Northern and Central Europe, and the United States ¹, and is projected to rise globally because of aging and population growth worldwide ². However, whether the diverse outcomes of patients with newly diagnosed AF are accounted for by baseline risk characteristics and antithrombotic therapies is uncertain.

The gains in cardiovascular health in high-income countries are related, at least in part, to modification of cardiovascular risk factors as well as improved disease management. In the context of atrial fibrillation, the changes include the availability of treatment strategies for stroke prophylaxis, and/or rhythm or rate control ³⁻⁷. However, the extent to which baseline characteristics and treatment strategies account for geographic variations in outcomes is unclear.

The Global Anticoagulant Registry in the FIELD-Atrial Fibrillation (GARFIELD-AF) aimed to define geographical variations in all-cause mortality, stroke/systemic embolism (SE) and major bleeding in patients with newly diagnosed AF. The primary aim of this report was to determine whether variations in outcomes of AF are accounted for by baseline clinical risk characteristics. A secondary aim was to consider the impact of other factors including national differences in life expectancy, access to quality healthcare, and stroke prevention strategies.

METHODS

Design

GARFIELD-AF is the largest multinational prospective registry in AF⁸. The study recruited patients from >1,000 investigational sites (identified nationally as representative) in 35 countries. Patients were recruited from: Europe (Finland, Norway, Sweden, Denmark, United Kingdom, Netherlands, Belgium, Germany, Switzerland, France, Spain, Italy, Austria,

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Hungary, Russia, Poland, Czech Republic, Ukraine and Turkey), Asia (Singapore, China, Japan, South Korea, Thailand and India), North America (USA and Canada), Latin America (Mexico, Brazil, Argentina and Chile) and other countries including Egypt, United Arab Emirates, South Africa and Australia.

Adults \geq 18 years were eligible for inclusion if they were diagnosed with non-valvular AF within 6 weeks of study entry. Patients with AF were required to have at least one risk factor for stroke, as judged by the investigator (entry to GARFIELD-AF did not require performance of a stroke risk predictor, nor a specific threshold if such a score was performed). Patients were enrolled prospectively and consecutively at sites that aimed to reflect diverse care settings (including office/outpatient practice; hospital departments including neurology, cardiology, geriatrics, internal medicine and emergency; anticoagulation clinics; and general practice) ^{8,9}.

Ethics statement

Independent ethics committee and hospital-based institutional review board approvals were obtained, as necessary, for the registry protocol. Additional approvals were obtained from individual study sites. The registry is being conducted in accordance with the principles of the Declaration of Helsinki, local regulatory requirements, and the International Conference on Harmonisation Good Pharmacoepidemiological and Clinical Practice Guidelines. Written informed consent was obtained from all study participants. Confidentiality and anonymity of all enrolled patients was maintained.

GARFIELD-AF data were captured using an electronic case report form (eCRF). Submitted data were examined for completeness and accuracy by the coordinating centre (Thrombosis Research Institute, London, UK), and data queries were sent to study sites. An audit and quality control programme was implemented, and this included source documentation (20% of all

eCRFs were monitored against source records)¹⁰. This paper adheres to the guidelines from STROBE (Strengthening the Reporting of Observational Studies in Epidemiology)¹¹.

Patient and Public Involvement

Patients and/or the public were not involved in the design, conduct, reporting, or dissemination plans of this research.

Procedures and outcome measures

Baseline characteristics collected at study entry included: medical history, care setting, type of AF, date and method of diagnosis of AF, symptoms, antithrombotic treatment (vitamin K antagonists [VKAs], non-vitamin K antagonist oral anticoagulants [NOACs] and antiplatelet [AP] treatment), as well as all cardiovascular drugs. Race was classified by the investigator in agreement with the patient ⁸. Vascular disease included coronary artery disease (CAD) with a history of acute coronary syndromes (ACS) and/or peripheral artery disease. Chronic kidney disease (CKD) was classified according to National Kidney Foundation guidelines into moderate-to-severe (stages 3–5), mild (stages 1 and 2) or none. Data on components of the CHA₂DS₂-VASc and HAS-BLED risk stratification schemes were collected and calculated retrospectively. HAS-BLED scores were calculated excluding fluctuations in international normalised ratio. In addition, the risk of death, non-haemorrhagic stroke/SE and major bleeding was evaluated with the GARFIELD-AF risk calculator ¹².

Patients were followed over a minimum of 24 months or until death or loss to follow-up, whichever occurred first. As reported previously, standardised definitions for clinical events, death (cardiovascular and non-cardiovascular), non-hemorrhagic stroke/SE and major bleeding) were used ^{8,9}. Outcome events were not centrally adjudicated.
Data for this report were extracted from the study database on 30th June 2019.

Statistical analysis

Univariate data are presented as medians (1st and 3rd quartile) for continuous variables and as absolute frequencies with percentages for categorical variables.

"Time at risk" for each event was calculated over the first year after enrolment up to the first occurrence of an event or last follow-up or at 365 days, which ever occurred earlier. All-cause mortality, non-haemorrhagic stroke/SE and major bleeding were described as the number of events and the Kaplan-Meier event rate with 95% confidence intervals.

In this study, national risk-standardised measures of event rates were calculated to compare the observed event rates based on case mix (i.e. the clinical characteristics of patients) in each country, with the expected rates for a similar case mix. The risk-standardised event rates were calculated using the following equation:

$\frac{Observed \ event \ rate}{Expected \ event \ rate} \times Global \ event \ rate = Risk \ standardized \ rate$

Where the **Observed event rate** was the crude rate calculated for each country using the Kaplan-Meier estimator (1 *minus* event-free survival probability at 1 year after enrolment).

Expected event rate was calculated (using multivariable Cox regression with a series of demographic and clinical characteristics as covariates) for every patient and the national average computed.

Global (and regional) event rates were the crude rate calculated with the Kaplan-Meier rate across all countries in GARFIELD-AF without exclusion.

When the observed and expected rates were the same, the risk-standardised rate equalled the global event rates. However, when the observed event rate was greater or less than the expected rate, then the country had more or less events than expected, based on its case mix. Hence, the

observed to expected ratio was greater or less than 1.0, making the risk-standardised rate higher or lower than the global rate.

Patients' characteristics included in the initial Cox model were: age, gender, type of AF, history of hypertension, blood pressure (systolic and diastolic) and pulse rate (at enrolment), hypercholesterolemia, smoking status (never/ex/current) and heavy alcohol consumption, diabetes mellitus (type 1 or 2), ACS, coronary artery bypass graft (CABG), vascular disease, carotid occlusive disease, venous thromboembolism (VTE), history of stroke/transient ischaemic attack (TIA)/SE, history of bleeding, heart failure, moderate-to-severe CKD and cirrhosis. Fine-Gray modelling was applied to the outcomes of non-haemorrhagic stroke/SE and major bleeding with death as the competing risk. Confidence intervals for the risk-standardized measures were computed using estimates extracted from 1000 bootstrap samples. Patients with missing values were not removed from the study; single imputation was applied.

Both baseline risk factors and antithrombotic regimens (with oral AC and/or AP) at the time of diagnosis of AF (baseline) were included in the Cox model.

The observed rates in a contemporary US registry, the ORBIT-AF II, were derived to assess the representability of the US patients in GARFIELD-AF.

All analyses were performed with SAS version 9.4 (SAS Institute Inc., Cary, NC, USA).

RESULTS

Baseline demographics and clinical characteristics

Baseline characteristics were analysed for the 52,018 patients with newly diagnosed AF, enrolled consecutively into GARFIELD-AF between March 2010 and August 2016, in 35 countries. The largest cohort was recruited from Europe (57.4%), followed by Asia (26.6%), Latin America (8.2%), "Other" countries (4.7%) (including South Africa, Egypt, United Arab Emirates and Australia) and North America (3.1%). The rate of missing data was below <3%,

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with the exception of lifestyle information, BMI and some vital signs. Loss to follow-up was about 1% for all world regions except Asia (4.3%).

The observed variability in patients' baseline characteristics among regions in GARFIELD-AF is reported in **table 1.** Patients from Asia compared with Europe tended to be younger, had a lower body mass index, a lower prevalence of hypertension, hypercholesterolemia, vascular disease and CKD. By contrast, patients from North America in GARFIELD-AF had the highest proportion of patients aged \geq 75, together with the highest prevalence of diabetes, hypercholesterolemia and prior/current smokers from any region (except "Other Region" where the highest prevalence of diabetes was observed). The prevalence of heart failure was consistent and approximately one in five of patients in every region. Approximately 70% of patients overall (and 91.6% of patients in North America) were categorised at having paroxysmal or unclassified AF at enrolment in this study **(Table 1).**

Standard risk assessment scores (including the GARFIELD-AF risk score) found that the calculated risks of stroke or major bleeding were similar across regions (median CHA₂DS₂-VASc score 3.0 in all regions). However, the GARFIELD-AF risk model for death revealed regional differences, with a lower expected rate of death in patients from Asia and highest in those from Latin America (Table 1).

Treatment setting

In Asia and Latin America, patients were predominantly diagnosed and managed by cardiologists (83.7% and 75.0%, respectively), while in Europe and North America, the role of managing patients with AF was shared between cardiologists (in approximately 60% of cases), internists (~20%) and primary care (~20%). The likelihood of being diagnosed and treated in the emergency care setting was highest in North America (38.0% of patients) followed by Latin America (24.7%), "Other" countries (13.4%), Europe (11.5%) and Asia (2.5%).

Observed global and regional outcomes

In GARFIELD-AF, the lowest observed rate of death at one year was recorded in Asia (2.8; 95% CI: 2.6-3.1) with rates less than half those observed in "Other" countries (6.0; 95% CI: 5.1-7.0) (namely, South Africa, Egypt, United Arab Emirates and Australia). Non-haemorrhagic stroke/SE rates showed less regional variability, but once again, the lowest observed rates were reported in Asia (1.0; 95% CI: 0.9-1.2). For major bleeding, the highest observed rates were recorded in North America (2.9; 95% CI: 2.2-3.8) and the lowest in Asia (0.9; 95% CI: 0.7-1.0). Reflecting the high proportion of patients from Europe, the global rates across all countries in GARFIELD-AF were similar to European event rates for mortality, non-haemorrhagic stroke/SE and major bleeding (**Table 2**).

Observed and risk-standardised outcomes by country

Figures 1 to 3 depict the observed and risk-standardised rates of mortality, non-haemorrhagic stroke/SE and major bleeding for countries that enrolled more than 90% of the patients into GARFIELD-AF, i.e. omitting countries with potentially unrepresentative findings due to low enrolment. Full details of the observed rates from all countries, including those omitted from the figures, i.e. South Africa (n=639), Denmark (n=532), Egypt (n=527), Austria (n=460), United Arab Emirates (n=397), Finland (n=359), Singapore (n=306), Norway (n=270), and Switzerland (n=89), are reported in **Supplement Tables S1-S3**.

Figures 1-3 show the marked variations in observed event rates by country. This variability persisted even after adjusting for all 22 baseline factors (demographics, modifiable cardiovascular risk factors and comorbidities).

India and Ukraine experienced the highest risk-standardised mortality rates, primarily driven by cardiovascular events. Marked differences were also observed for the USA, where the rate of non-cardiovascular mortality was more than 3-fold higher compared to cardiovascular

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mortality. Within most other countries the rates of cardiovascular and non-cardiovascular mortality were similar (**Supplementary Table S1**).

To display the relation between healthcare access and outcomes in more detail, we colour-coded each country according to the Healthcare Access and Quality (HAQ) Index (overall score on a scale of 0–100) from the Global Burden of Disease Study 2016¹³. The results show that some of the countries with highest risk-standardised mortality rates (i.e. India, Mexico, Argentina and Brazil) had some of the lowest HAQ indices (HAQ: <70); only Thailand had a similarly low HAQ and a mortality rate. Conversely, the three countries with the lowest risk-standardised mortality rate (South Korea, Japan, and Sweden) all obtained a high HAQ score (HAQ: \geq 90). The observed mortality rate from the US study, ORBIT-AF II, was similar to the GARFIELD-AF global rate (4.3 [95% CI: 3.7-4.9] vs 4.2 [95% CI: 4.0-4.4] respectively) and below the global rate for non-haemorrhagic stroke/SE (ORBIT-AF-II 0.8 [95% CI: 0.6-1.1] vs GARFIELD-AF 1.2 [95% CI: 1.1-1.3]). Nevertheless, both GARFIELD-AF and ORBIT-AF II reported high rates of major bleeding in the US: 3.4 (95% CI: 2.3-5.0) [GARFIELD-AF] and 3.3 (95% CI: 2.8-3.8) [ORBIT-AF II] relative to the global rate of 1.2 (95% CI: 1.1-1.3) in GARFIELD-AF.

The rates of each type of outcome differed by country. For instance, the lowest risk-standardised mortality rates were observed for South Korea, Japan and Sweden, while the lowest risk-standardised rates of non-haemorrhagic stroke/SE were observed in Germany, Czech Republic and Canada. The highest risk-standardised rates non-haemorrhagic stroke/SE were reported in Ukraine and Australia, and the highest risk-standardised rates of major bleeding in the Netherlands and the USA.

Antithrombotic regimen for stroke prevention at baseline

GARFIELD-AF recorded substantial differences in the overall rate of anticoagulation by region (from 73% in Europe to 56% in Asia, **Supplementary Figure S1a**), as well as large variations

within countries (**Supplementary Figure S1b**). At the time of diagnosis of AF, the highest proportion of patients receiving NOACs was in North America (44.8%). This included 14.4% of patients who received NOAC in combination with APs. VKAs were most commonly prescribed in Europe, Latin America and "Other" countries (in 44.4%, 39.8% and 41.1% of patients, respectively) (**Figure S1a**).

Even though CHA₂DS₂-VASc scores were similar across countries (**Supplementary Table S2**), anticoagulant treatment varied three-fold among countries (30% to 90%) (**Figure S1b**). The highest rate of anticoagulation was in the Netherlands and Switzerland (90%) and lowest in China (30%), India (35%) and Ukraine (48%) (**Figure S1b**). More than 40% of newly diagnosed patients with AF in China and India received anti-platelet therapy only and a further 20%, approximately, received no anti-thrombotic therapy. Across all countries, we found a significant (p<0.001) association with the choice of antithrombotic regimen and HAQ index, i.e. with a greater likelihood of AC and NOAC prescribing (and lower likelihood of AP therapy alone) with increasing HAQ score (**Figure 4**).

ACs (with or without AP therapy) were prescribed to more than 70% of patients in 18 of 35 countries.

The choice of stroke prevention strategy by region and country was analysed and included in the Cox model. Even after adjustment for baseline risk factors and antithrombotic regimen (AC and/or AP treatment), substantial inter-country differences remained in the rate of non-haemorrhagic stroke/SE (**Supplementary table S4**).

DISCUSSION

Our analysis revealed a wide variability in standardized rates of all-cause mortality, nonhaemorrhagic stroke/SE and major bleeding across regions and countries. It also showed a wide variability in baseline characteristics and treatment patterns across regions and countries. Asians had a lower risk profile than patients of any other regions, with lower mean age, BMI, Page 17 of 59

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systolic and diastolic blood pressure, and pulse rate. They had lower rates of comorbidities, particularly history of ACS, vascular disease, stroke/SE, hypertension, high blood cholesterol, moderate to severe chronic kidney disease, and much lower risk of death according to the GARFIELD-AF risk score. With few exceptions, patients of non-Asian regions had substantially higher rates of any of these variables and higher risk of death according to GARFIELD-AF mortality risk score, though median CHA₂DS₂-VASc score and GARFIELD-AF stroke risk score were similar across regions.

In addition, there was a wide variability in treatment patterns as regards stroke prevention that was not accounted for by conventional measures of stroke risk, namely CHA₂DS₂-VASc score ¹⁴. Such findings are consistent with other observational studies, including PINNACLE (Practice Innovation and Clinical Excellence) ¹⁵, EORP-AF (EUR Observational Research Programme-Atrial Fibrillation) ¹⁶ and GLORIA-AF (Global Registry on Long-Term Antithrombotic Treatments in Patients with Atrial Fibrillation) ¹⁷. In our population, there were also wide variations across countries in antithrombotic therapy prescription. The rate of prescription of OAC w/wo antiplatelet agent was in the range of 70% in Europe, North America and Other Countries but approximately 60% in Latin America, and 56% in Asia. In China, India, South Korea, Singapore, Russia, United Arab Emirates, Mexico, Ukraine patients had substantially higher than global rates of antiplatelet therapy (without anticoagulation) (over 30%), and substantially lower than global average rates of OAC prescription (range 22% to 58%), and a higher proportion of patients with no antithrombotic at all.

After adjusting for the baseline demographics and clinical characteristics (including modifiable cardiovascular risk factors and comorbidities), the variability in all three major outcomes among countries persisted, though attenuated. Even after including antithrombotic regimen as a model covariate, substantial differences in the expected rates of events across countries remained. OAC treatment was shown to be associated with 30% and 28% lower risks of death

 and stroke/SE in a previous report¹⁸. However, type and quality of OAC matter. NOAC instead of VKA, appropriateness of NOAC dosing and quality of VKA monitoring had significant impact on outcomes ^{19,20}, as well as adherence to treatment ²¹. This was not accounted for in this analysis and may explain that the differences in outcomes were only partly attenuated after adjustment.

In GARFIELD-AF there were geographic disparities, not only in antithrombotic regimens for AF, but also in other cardiovascular management measures. Indeed, AF is no longer considered as an isolated arrhythmia as it is associated with comorbidities that all need a specific therapeutic approach in other words a comprehensive management is now recommended. There may be wide geographic variations in the management of comorbidities such as CHF, diabetes, hypertension, high total and LDL cholesterol, as well as other non-cardiovascular comorbidities such as respiratory failure, sepsis and malignancy. Non-cardiovascular death accounts for at least 50% of all cause death. In some regions more comprehensive treatment of comorbidities in patients with AF may have influenced cardiovascular and non-cardiovascular outcomes and may have accounted, at least in part, for the residual geographic variation in outcomes. The demonstrated clear relation of outcomes with indices of healthcare access (HAQ indices) supports this concept.

The observed differences in stroke rates, by country and by region, are not explained by the risk predictors within commonly used stroke prediction tools. These findings highlight the importance of identifying factors beyond those collected in conventional risk prediction tools to estimate outcomes in patients with AF. Such factors may include practice patterns (e.g. anticoagulation quality and adherence to treatment, statin use, LDL cholesterol management, diabetes control), access to quality health care, and environmental, lifestyle and epigenetic characteristics. The sum impact may account for the substantial differences in risk-standardised event rates among countries ²². Achieving population-wide control of modifiable risk factors

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(including tobacco use, diet, physical inactivity, plasma glucose and hypertension) could abrogate a substantial part of the global stroke burden, irrespective of age, gender or ethnicity ^{23,24}. Even small changes in the distribution of these risk factors could lead to clinically relevant reductions in the risks of cardiovascular disease, stroke, and mortality ²⁵⁻²⁷. The findings from GARFIELD-AF and other recently published global and regional studies ^{7,28-32} suggest that high rates of potentially modifiable metabolic disorders and smoking persist. Thus, there remains considerable scope to improve the outcomes of patients with newly diagnosed AF, even in highand middle-income countries.

Across countries huge variations in outcomes may also be influenced by factors beyond baseline characteristics, stroke prevention and management. Outcomes may depend on access to good quality care and may reflect standardized mortality rates per country. In GARFIELD-AF, the proportion of anticoagulated patients was highly correlated with the average HAQ index (derived from national data). And it was not surprising to observe that both these measures were found to be high in most countries with low risk-standardized mortality rates. Countries with some of the lowest Healthcare Access and Quality (HAQ) indices in GARFIELD-AF (India, Ukraine, Argentina and Brazil) had the highest risk-standardised mortality rates. Conversely, the lowest observed rates of mortality in Japan and South Korea persisted even after risk adjustment. Not all countries fit in this frame though. High observed mortality rates (relative to the global average) were found in countries with high Healthcare Access and Quality (HAQ) indices such as USA, France, and Germany, which remained greater than average even after risk adjustment.

The risk-standardised mortality rates in GARFIELD-AF appeared to be a reflection of average national life expectancy, with the lowest mortality rates in this population with newly diagnosed AF in countries with life-expectancies (in years) of 82.2, 83.8, 82.6, 78.2 and 81.6, whereas

countries with the highest mortalities in this AF population have life expectancies (in years) of 68.3, 71.2, 76.3, 78.7 and 74.7 ³³.

Patients from participating centres with the highest rates of mortality and non-haemorrhagic stroke/SE were among the least likely to receive OAC for stroke prevention over the 5 years of recruitment into GARFIELD-AF. This is consistent with the observed higher rates of cardiovascular (vs non-cardiovascular) mortality in such countries and where AP therapy or no antithrombotic therapy for AF is most prevalent. However, higher rates of major bleeding were observed in the Netherlands (GARFIELD-AF) and the USA (GARFIELD-AF and ORBIT-AF II). These findings may reflect prescribing practice as in the US where combination therapy, OAC+ AP was more often used (28%) than in other countries. In the Netherlands the rate of OAC prescription is very high, in the range of 90%, chiefly with VKA (78%) and far less with NOAC (28%). These factors may account for the higher-than-expected rates of major bleeding. erie in these two countries.

CLINICAL IMPLICATIONS

Implications are twofold: firstly, that cardiovascular secondary prevention measures, including lifestyle measures need to be systematically addressed and anticoagulation measures applied and maintained. Secondly, that additional factors, beyond those in commonly used risk prediction tools (like CHADS2VASc) need to be evaluated, including renal dysfunction, smoking status and the extent of vascular disease. Such comorbidities require additional management.

CONCLUSIONS

Antithrombotic regimens varied substantially across countries as well as the observed rates of death, stroke/SE and bleeding. Differences in the event rates persisted even after adjustment for

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baseline characteristics and antithrombotic treatments. Other factors, including variations in clinical practice and access to quality healthcare, as well as unobserved patient-related factors, may be responsible for the substantial differences in the rates of mortality, stroke/SE and major bleeding across countries. The comprehensive management of patients with AF extends beyond anticoagulation.

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Data sharing statement The data underlying this article will be shared on reasonable request from Karen S Pieper (KPieper@tri-london.ac.uk).

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*A complete list of investigators is given in the supplementary

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Figure Legends:

Figure 1. Observed (a) and risk-standardized1 (b) mortality rates by country.

¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Cox model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications. Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate.

Figure 2. Observed (a) and risk-standardized¹ (b) non-haemorrhagic stroke/SE rates by country.

¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Fine-Gray model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications. Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate.

Figure 3. Observed (a) and risk-standardized¹ (b) major bleeding rates by country.

¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Fine-Gray model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications. Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate.

Figure 4. Baseline antithrombotic treatment distribution by Healthcare Access and Quality (HAQ) index¹

¹As HAQ index is a country measure, all patients enrolled within a specific country are assigned the same HAQ index

HAQ index of OAC+AP or AP only: <70=46.7%; 70-79=52.5%; 80-89=30.1%; ≥90=28.6%

	Region						
riable	Europe (N = 29876)	Asia (N = 13821)	Latin America (N = 4247)	North America (N = 1619)	Other countries (N = 2455)	P-value ¹	
x, n (%)	· · ·	· ·	· · ·	· · · ·	· · · ·		
Male	16313 (54.6)	8199 (59.3)	2231 (52.5)	885 (54.7)	1403 (57.2)	<0.001	
Female	13563 (45.4)	5622 (40.7)	2016 (47.5)	734 (45.3)	1051 (42.8)	\U.UU	
e, median (Q1; Q3), years	72.0 (64.0;79.0)	69.0 (60.0;76.0)	71.0 (63.0;79.0)	72.0 (64.0;80.0)	67.0 (59.0;75.0)	<0.001	
e, n (%), years							
<65	8016 (26.8)	4980 (36.0)	1258 (29.6)	441 (27.2)	996 (40.6)		
65-69	4578 (15.3)	2165 (15.7)	628 (14.8)	237 (14.6)	407 (16.6)	<0.001	
70-74	5183 (17.3)	2399 (17.4)	708 (16.7)	257 (15.9)	384 (15.6)	0.001	
≥75	12099 (40.5)	4277 (30.9)	1653 (38.9)	684 (42.2)	668 (27.2)		
ce/Ethnicity,n (%)							
Caucasian	27934 (96.9)	13 (0.1)	957 (23.1)	1421 (90.5)	1672 (70.3)		
Hispanic/Latino	344 (1.2)	0 (0.0)	3000 (72.5)	35 (2.2)	14 (0.6)	<0.001	
Asian	160 (0.6)	13789 (99.8)	11 (0.3)	11 (0.7)	305 (12.8)		
Black/Mixed/Other	394 (1.4)	16 (0.1)	172 (4.2)	103 (6.6)	386 (16.2)		
1I, median (Q1; Q3), kg/m²	28.0 (25.1;31.8)	24.2 (22.0;26.6)	27.9 (24.8;31.6)	29.4 (25.4;34.0)	29.8 (26.0;34.3)	<0.001	
stolic blood pressure, median (Q1; Q3),	125 0 (120 0.147 0)	130.0	130.0	130.0	132.5	<0.001	
nHg	135.0 (120.0, 147.0)	(118.0;140.0)	(120.0;141.0)	(118.0;143.0)	(120.0;148.0)	<0.001	
astolic blood pressure, median (Q1; Q3), nHg	80.0 (71.0;90.0)	78.0 (70.0;86.0)	80.0 (70.0;86.0)	78.0 (68.0;86.0)	80.0 (70.0;90.0)	<0.001	
lse, median (Q1; Q3), bpm	85.0 (70.0;108.0)	82.0 (70.0;98.0)	80.0 (70.0;102.0)	89.0 (72.0;117.0)	98.0 (80.0;122.0)	<0.001	
pe of atrial fibrillation,n (%)			, , , , , , , , , , , , , , , , , , ,	, , , , , , , , , , , , , , , , , , ,			
Permanent	4587 (15.4)	1108 (8.0)	666 (15.7)	35 (2.2)	234 (9.5)		
Persistent	4313 (14.4)	2505 (18.1)	625 (14.7)	100 (6.2)	210 (8.6)	10 001	
Paroxysmal	7375 (24.7)	5165 (37.4)	1086 (25.6)	345 (21.3)	333 (13.6)	<0.001	
New onset (unclassified)	13598 (45.5)	5042 (36.5)	1870 (44.0)	1137 (70.3)	1678 (68.4)		
re setting specialty at diagnosis,n (%)		, , , , , , , , , , , , , , , , , , ,		· · · · ·	· · · · ·		
Internal medicine/Neurology/Geriatrics	7077 (23.7)	1807 (13.1)	654 (15.4)	345 (21.3)	560 (22.8)		
Cardiology	16824 (56.3)	11571 (83.7)	3184 (75.0)	968 (59.9)	1626 (66.2)	<0.001	
Primary care/general practice	5972 (20.0)	442 (3.2)	409 (9.6)	304 (18.8)	269 (11.0)		
re setting location at diagnosis, n (%)	· · · /	· · ·	· · /		. ,		
Hospital	16647 (55.7)	10112 (73.2)	1792 (42.2)	615 (38.1)	1169 (47.6)	<0.001	
Hospital	16647 (55.7)	10112 (73.2)	1792 (42.2)	615 (38.1)	1169 (47.6)		

Table 1. Baseline characteristics distribution by region of enrolment

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2							
3	Office/Anticoagulation clinic/Thrombosis	0904 (32.9)	3366 (24 4)	1404 (22.1)	397 (22.0)	057 (30.0)	
4	centre	9004 (32.0)	3300 (24.4)	1404 (33.1)	307 (23.9)	957 (59.0)	
5	Emergency room	3422 (11.5)	342 (2.5)	1051 (24.7)	614 (38.0)	329 (13.4)	
6	Medical history, n (%)						
7	Heart failure	6841 (22.9)	3072 (22.2)	951 (22.4)	312 (19.3)	563 (22.9)	0.012
8	Acute coronary syndromes	3262 (11.0)	1160 (8.4)	433 (10.2)	209 (13.0)	469 (19.2)	<0.001
9 10	Vascular disease	8220 (27.7)	2629 (19.2)	791 (18.8)	438 (27.4)	737 (30.2)	<0.001
10	Carotid occlusive disease	1071 (3.6)	251 (1.8)	109 (2.6)	56 (3.5)	51 (2.1)	<0.001
12	VTE	995 (3.3)	81 (0.6)	102 (2.4)	73 (4.6)	104 (4.3)	<0.001
13	Prior stroke/TIA/SE	3445 (11.6)	1400 (10.2)	492 (11.7́)	165 (10.4)	337 (13.9́)	<0.001
14	History of bleeding	764 (2.6)	222 (1.6)	173 (4.1)	76 (4.7)	80 (3.3)	<0.001
15	Hypertension	23740 (79.7)	9353 (67.9)	3420 (80.8)	1229 (76.4)	1862 (76.2)	<0.001
16	Hypercholesterolaemia	13368 (46.3)	3743 (27.7)	1550 (38.6)	940 (59.3)	1354 (56.8)	<0.001
17	Diabetes	6359 (21.3)	2976 (21.5)	1041 (24.5)	422 (26.1)	744 (30.3)	<0.001
18	Cirrhosis	148 (0.5)	96 (0.7)	15 (0.4)	14 (0.9)	20 (0.8)	0.003
19	Moderate to severe CKD	3606 (12.4)	1052 (7.8)	282 (7.2)	142 (9.5)	272 (11.3)	<0.001
20	Dementia	381 (1.3)	246 (1.8)	47 (1.1)	34 (2.1)	56 (2.3)	<0.001
21	Heavy alcohol use, n (%)	486 (1.9)	365 (3.2)	72 (1.8)	36 (2.7)	69 (3.1)	<0.001
22	Current smoker, n (%)	2786 (10.2)	1595 (13.0)	348 (8.5)	180 (12.1)	293 (12.5)	<0.001
23	Treatment, n (%)						
24	NOAC ± AP	8240 (28.1)	3532 (25.7)	900 (21.5)	715 (44.7)	725 (29.9)	
25	VKA ± AP	13042 (44.4)	4119 (30.0)	1666 (39.9)	361 (22.6)	995 (41.0)	<0.001
26	AP only	5148 (17.5)	3807 (27.7)	1004 (24.0)	302 (18.9)	500 (20.6)	-0.001
27	None	2922 (10.0)	2282 (16.6)	610 (14.6)	220 (13.8)	206 (8.5)	
28	AP treatment, n (%)	9074 (30.9)	5522 (40.2)	1666 (39.9)	706 (44.2)	1135 (46.8)	<0.001
29	CHA ₂ DS ₂ -VASc score, median (Q1; Q3)	3.0 (2.0;4.0)	3.0 (2.0;4.0)	3.0 (2.0;4.0)	3.0 (2.0;4.0)	3.0 (2.0;4.0)	<0.001
30	HAS-BLED score, median (Q1; Q3) ²	1.0 (1.0;2.0)	1.0 (1.0;2.0)	1.0 (1.0;2.0)	2.0 (1.0;2.0)	1.0 (1.0;2.0)	<0.001
31	GARFIELD death score, median (Q1; Q3) ³	5.3 (3.1;9.4)	3.1 (1.8;6.0)	6.0 (3.5;10.9)	5.8 (3.1;10.9)	4.3 (2.5;8.5)	<0.001
32	GARFIELD stroke score, median (Q1; Q3) ⁴	1.6 (1.1;2.4)	1.5 (1.0;2.3)	1.6 (1.1;2.4)	1.6 (1.1;2.4)	1.4 (0.9;2.3)	<0.001
33	DAKFIELD DIEEDING SCORE, MEDIAN (Q1; Q3) ³	I.1 (1.1,2.0) or Fisher's exact test las a	I.3 (U.9;2.U)	1.0 (1.0,2.4) ontinuous variables obta	ined from one-way ANC	1.0 (1.0,2.4) WA or Kruskal-Wallis te	<u.uu'i< td=""></u.uu'i<>

²The risk factor 'Labile INRs' is not included in the HAS-BLED score as it is not collected at baseline. As a result, the maximum HAS-BLED score at baseline is 8 points (not 9);

³Represent the risk of mortality within 2 years;

⁴Represent the risk of non-haemorrhagic stroke/SE within 2 years;

⁵Represent the risk of major bleeding within 2 years.

 Table 2. Observed 1-year rates and corresponding 95% confidence intervals for all-cause mortality, non-haemorrhagic stroke/SE and major

bleeding by region and in all 35 countries in GARFIELD-AF

	Outcome				
Region	Mortality	Non-haemorrhagic	Major bleeding		
		Stroke/SE			
Europe	4.4 (4.2-4.6)	1.2 (1.1-1.3)	1.3 (1.2-1.4)		
Asia	2.8 (2.6-3.1)	1.0 (0.9-1.2)	0.9 (0.7-1.0)		
Latin America	5.5 (4.8-6.2)	1.4 (1.1-1.8)	1.3 (1.0-1.7)		
North America	5.9 (4.8-7.2)	1.0 (0.6-1.6)	2.9 (2.2-3.8)		
Other countries	6.0 (5.1-7.0)	1.8 (1.3-2.4)	1.3 (0.9-1.9)		
All countries	4.2 (4.0-4.4)	1.2 (1.1-1.3)	1.2 (1.1-1.3)		

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SE: Systemic embolism

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Figure 1. Observed (a) and risk-standardized¹ (b) mortality rates by country.

¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Cox model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications. Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate.

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Figure 2. Observed (a) and risk-standardized¹ (b) non-haemorrhagic stroke/SE rates by country. ¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Fine-Gray model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications. Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate.

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Figure 3. Observed (a) and risk-standardized¹ (b) major bleeding rates by country. ¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Fine-Gray model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications. Showing only countries with more than 700 patients enrolled. Horizontal dashed line represents overall observed global rate.

108x60mm (300 x 300 DPI)

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39.5

33.1

100% 15.8 90% 14.2 80% 38.4 50% 40% 38. 32.5 30% 20% 10% 18.0 16.5 <70 (N = 7293) 70-79 (N = 8410) 80-89 (N = 6246) ≥90 (N = 29347) HAQ Index NOAC ± AP VKA ± AP AP only None Baseline antithrombotic treatment distribution by Healthcare Access and Quality (HAQ) index1 1As HAQ index is a country measure, all patients enrolled within a specific country are assigned the same HAQ index HAQ index of OAC+AP or AP only: <70=46.7%; 70-79=52.5%; 80-89=30.1%; ≥90=28.6% 108x60mm (300 x 300 DPI)

Supplementary Tables and Figures

Country	Observed mortality rate (95% CI)			Risk standardized mortality rate (95% CI)
	All-cause mortality	Cardiovascular mortality*	Non-cardiovascular mortality*	
Global (all GARFIELD-AF)	4.2 (4.0-4.4)		·	-
Argentina	6.1 (4.8-7.8)	2.7 (1.9-3.9)	2.6 (1.8-3.8)	6.0 (4.6-7.3)
Australia	5.1 (3.8-6.7)	1.8 (1.1-3.0)	2.2 (1.4-3.4)	4.1 (3.1-5.3)
Austria	5.1 (3.4-7.5)	1.8 (0.9-3.5)	1.8 (0.9-3.5)	4.4 (2.8-6.2)
Belgium	4.5 (3.6-5.6)	1.3 (0.9-2.0)	2.5 (1.8-3.4)	4.6 (3.7-5.6)
Brazil	6.0 (4.7-7.6)	2.5 (1.7-3.7)	2.5 (1.7-3.7)	5.9 (4.5-7.3)
Canada	5.7 (4.3-7.4)	1.7 (1.1-2.9)	2.2 (1.4-3.4)	4.6 (3.4-5.8)
Chile	3.9 (2.8-5.3)	2.3 (1.5-3.4)	1.3 (0.8-2.3)	4.4 (3.1-5.8)
China	3.3 (2.7-4.1)	1.4 (1.0-1.9)	0.7 (0.4 - 1.1)	3.5 (2.7-4.2)
Czech Republic	4.0 (3.2-5.0)	1.3 (0.9-1.9)	1.6 (1.1-2.3)	5.1 (3.9-6.2)
Denmark	7.8 (5.8-10.4)	2.1 (1.2-3.8)	3.9 (2.5-5.9)	6.5 (4.8-8.4)
Egypt	1.1 (0.5-2.5)	0.2 (0.0-1.3)	0.2 (0.0-1.3)	1.7 (0.5-3.1)
Finland	3.3 (1.9-5.8)	1.1 (0.4-3.0)	0.8 (0.3 - 2.6)	3.6 (1.8-5.4)
France	6.4 (5.4-7.6)	2.0 (1.4-2.7)	2.8 (2.1-3.7)	5.4 (4.4-6.4)
Germany	5.4 (4.7-6.2)	2.3 (1.8-2.8)	2.2 (1.7-2.7)	5.0 (4.3-5.8)
Hungary	5.1 (4-6.4.0)	2.5 (1.7 - 3.4)	2.2 (1.5-3.1)	5.2 (4.1-6.4)
India	7.4 (6.1-8.9)	3.5 (2.6-4.6)	1.4 (0.9-2.2)	7.1 (5.8-8.5)
Italy	4.0 (3.2-4.9)	1.4 (1.0-2.0)	1.7 (1.2 - 2.3)	3.5 (2.8-4.3)

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Japan	2.1 (1.7-2.5)	0.6 (0.4 - 0.9)	0.9 (0.6 - 1.2)	2.0 (1.6-2.5)
Mexico	5.9 (4.7-7.4)	3.2 (2.3-4.4)	1.4 (0.9-2.3)	6.0 (4.7-7.4)
Netherlands	4.2 (3.2-5.5)	1.6 (1.0 - 2.5)	1.8 (1.2-2.8)	4.2 (3.1-5.4)
Norway	1.1 (0.4-3.4)	0.0 (0.0 - 0.0)	0.7 (0.2-2.9)	1.5 (0.0-3.4)
Poland	2.5 (2.0-3.3)	1.2 (0.8-1.7)	0.6 (0.3-1.0)	2.8 (2.2-3.5)
Russia	2.9 (2.3-3.7)	1.6 (1.1 - 2.2)	0.8 (0.5 - 1.2)	3.1 (2.3-3.9)
Singapore	3.9 (2.3-6.8)	0.0 (0.0 - 0.0)	2.6 (1.3-5.2)	3.8 (1.9-6.0)
South Africa	11.0 (8.8-13.7)	5.1 (3.7-7.2)	2.9 (1.9-4.6)	10.5 (8.2-13)
South Korea	1.1 (0.8-1.6)	0.3 (0.2 - 0.6)	0.6 (0.4-1.0)	1.6 (1.1-2.2)
Spain	4.6 (3.9-5.6)	1.6 (1.2 - 2.2)	2.2 (1.7-2.9)	4.3 (3.5-5.1)
Sweden	2.6 (1.9-3.7)	1.2 (0.7-1.9)	1.0 (0.6-1.7)	2.7 (1.8-3.6)
Switzerland	5.6 (2.4-13.0)	1.2 (0.2 - 8.1)	3.4 (1.1 - 10.1)	4.8 (1.4-9.1)
Thailand	3.5 (2.7-4.5)	0.3 (0.1-0.8)	2.5 (1.9-3.4)	4.1 (3.1-5.2)
Turkey	5.3 (3.9-7.2)	3.4 (2.3 - 5.0)	1.7 (1.0-2.9)	5.5 (3.9-7.3)
Ukraine	5.8 (4.8-7.0)	3.0 (2.3-3.9)	0.2 (0.1 - 0.6)	6.5 (5.3-7.6)
United Arab Emirates	6.5 (4.5-9.5)	2.3 (1.2-4.4)	3.6 (2.1-6.0)	5.4 (3.6-7.5)
United Kingdom	3.9 (3.3-4.5)	1.1 (0.8 - 1.5)	2.0 (1.6-2.5)	3.2 (2.7-3.7)
United States	6.2 (4.6-8.2)	0.8 (0.4-1.9)	2.9 (1.9-4.4)	6.3 (4.5-7.9)

¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Cox model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications.

*Note the rate of cardiovascular and non-cardiovascular mortality do not add up to the total because the cause of death is not known is some cases.

	CHA ₂ DS ₂ -VASC		Observed stroke/SE	Risk standardized stroke/SE
Country	Median (Q1; Q3)	Mean (SD)	rate (95% CI)	rate (95% CI)
Global (all GARFIELD-AF)			1.2 (1.1-1.3)	-
Argentina	3.0 (2.0; 4.0)	3.1 (1.5)	1.2 (0.7-2.1)	1.3 (0.6-2.0)
Australia	3.0 (2.0; 4.0)	3.3 (1.6)	2.6 (1.7-3.8)	2.2 (1.3-3.1)
Austria	3.0 (2.0; 4.0)	3.5 (1.5)	1.8 (0.8-3.3)	1.6 (0.6-2.7)
Belgium	3.0 (2.0; 4.0)	3.1 (1.6)	1.0 (0.6-1.6)	1.0 (0.5-1.5)
Brazil	3.0 (2.0; 4.0)	3.2 (1.7)	1.2 (0.7-2.1)	1.3 (0.6-2.0)
Canada	3.0 (2.0; 5.0)	3.5 (1.6)	0.8 (0.4-1.6)	0.6 (0.2-1.2)
Chile	3.0 (2.0; 4.0)	3.4 (1.6)	1.2 (0.7-2.1)	1.2 (0.5-2.0)
China	3.0 (2.0; 4.0)	3.2 (1.7)	1.3 (0.9-1.8)	1.4 (0.9-1.9)
Czech Republic	3.0 (2.0; 4.0)	3.3 (1.6)	0.6 (0.3-1.0)	0.6 (0.3-1.0)
Denmark	3.0 (2.0; 4.0)	3.2 (1.5)	1.9 (1.0-3.3)	1.6 (0.7-2.7)
Egypt	3.0 (2.0; 4.0)	3.2 (1.7)	0.0 (0.0-0.0)	0.0 (0.0-0.0)
Finland	3.0 (2.0; 5.0)	3.5 (1.6)	0.6 (0.1-1.9)	0.5 (0.0-1.3)
France	4.0 (3.0; 5.0)	3.6 (1.6)	2.0 (1.4-2.7)	1.5 (1.0-2.0)
Germany	4.0 (2.0; 5.0)	3.6 (1.7)	0.7 (0.4-1.0)	0.6 (0.4-0.9)
Hungary	3.0 (2.0; 5.0)	3.4 (1.6)	0.9 (0.5-1.5)	0.9 (0.4-1.4)
India	3.0 (2.0; 4.0)	3.0 (1.5)	0.8 (0.4-1.4)	1.0 (0.4-1.6)
Italy	4.0 (3.0; 4.0)	3.6 (1.5)	0.7 (0.4-1.2)	0.7 (0.4-1.0)
Japan	3.0 (2.0; 4.0)	3.0 (1.6)	1.0 (0.7-1.3)	1.1 (0.8-1.4)
Mexico	4.0 (2.0; 4.0)	3.5 (1.6)	1.8 (1.1-2.7)	1.7 (1.0-2.4)
Netherlands	3.0 (2.0; 4.0)	3.1 (1.5)	0.8 (0.4-1.4)	0.7 (0.3-1.2)
Norway	3.0 (2.0; 4.0)	2.8 (1.4)	1.5 (0.5-3.5)	1.7 (0.4-3.5)
Poland	3.0 (2.0; 4.0)	3.2 (1.7)	07(05-12)	0 8 (0 5-1 2)

Russia	3.0 (2.0; 5.0)	3.5 (1.7)	1.6 (1.2-2.2)	1.8 (1.3-2.4)	
Singapore	3.0 (2.0; 4.0)	3.1 (1.8)	2.3 (1-4.5.0)	2.2 (0.6-4.0)	
South Africa	3.0 (2.0; 4.0)	3.2 (1.7)	2.5 (1.5-3.9)	2.3 (1.3-3.5)	
South Korea	2.0 (1.0; 3.0)	2.5 (1.5)	1.0 (0.7-1.4)	1.3 (0.8-1.7)	
Spain	3.0 (2.0; 4.0)	3.1 (1.4)	1.2 (0.8-1.7)	1.1 (0.7-1.5)	
Sweden	3.0 (2.0; 4.0)	3.1 (1.4)	0.7 (0.4-1.4)	0.7 (0.3-1.2)	
Switzerland	4.0 (2.0; 4.0)	3.4 (1.6)	1.1 (0.1-5.5)	0.9 (0.0-3.1)	
Thailand	3.0 (2.0; 4.0)	2.9 (1.5)	0.8 (0.5-1.4)	1.0 (0.5-1.5)	
Turkey	3.0 (2.0; 4.0)	3.0 (1.8)	1.0 (0.4-1.9)	1.2 (0.3-2.1)	
Ukraine	3.0 (2.0; 5.0)	3.6 (1.6)	1.9 (1.4-2.6)	2.3 (1.6-3.2)	
United Arab Emirates	3.0 (2.0; 4.0)	3.0 (1.8)	0.8 (0.2-2.1)	0.8 (0.0-1.8)	
United Kingdom	3.0 (2.0; 4.0)	3.3 (1.5)	1.8 (1.4-2.3)	1.6 (1.2-2.0)	
United States	3.0 (2.0; 4.0)	3.1 (1.6)	1.1 (0.5-2.1)	1.1 (0.4-2.0)	

¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Fine-Gray model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications.

Country	Observed major bleeding rate (95% CI)	Risk standardized major bleeding rate (95% CI)
Global (all GARFIELD-AF)	1.2 (1.1-1.3)	-
Argentina	1.7 (1.1-2.7)	1.8 (1.0-2.7)
Australia	1.6 (0.9-2.6)	1.2 (0.6-1.9)
Austria	2.4 (1.3-4.1)	1.9 (0.8-3.0)
Belgium	2.2 (1.6-3.0)	1.9 (1.3-2.5)
Brazil	1.2 (0.7-2.1)	1.3 (0.7-2.0)
Canada	2.4 (1.5-3.5)	1.8 (1.1-2.6)
Chile	1.6 (1.0-2.6)	1.7 (0.9-2.5)
China	0.3 (0.2-0.6)	0.4 (0.1-0.6)
Czech Republic	0.7 (0.4-1.2)	0.7 (0.3-1.2)
Denmark	2.5 (1.4-4.1)	2.0 (1.0-3.1)
Egypt	0.8 (0.3-1.8)	1.0 (0.2-2.0)
Finland	2.5 (1.2-4.5)	2.4 (1.1-4.1)
France	1.2 (0.8-1.8)	1.0 (0.6-1.4)
Germany	1.2 (0.8-1.6)	1.1 (0.8-1.4)
Hungary	1.7 (1.1-2.5)	1.6 (1.0-2.3)
India	0.4 (0.1-0.8)	0.4 (0.1-0.8)
Italy	1.6 (1.1-2.2)	1.4 (0.9-1.9)
Japan	0.8 (0.6-1.1)	0.9 (0.7-1.2)
Mexico	0.4 (0.2-1.0)	0.4 (0.1-0.9)
Netherlands	2.8 (2.0-3.9)	2.4 (1.6-3.2)

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Norway	2.6 (1.2-5.0)	2.9 (0.9-5.3)
Poland	0.8 (0.5-1.2)	0.9 (0.5-1.3)
Russia	0.3 (0.1-0.7)	0.4 (0.1-0.7)
Singapore	2.0 (0.8-4.0)	1.9 (0.6-3.6)
South Africa	1.4 (0.7-2.6)	1.4 (0.6-2.5)
South Korea	1.0 (0.7-1.4)	1.4 (0.9-2.0)
Spain	1.4 (1.0-2.0)	1.2 (0.8-1.7)
Sweden	1.0 (0.5-1.7)	0.9 (0.5-1.6)
Switzerland	1.1 (0.1-5.5)	0.9 (0.0-3.0)
Thailand	1.8 (1.2-2.6)	2.0 (1.3-2.7)
Turkey	0.4 (0.1-1.1)	0.5 (0.0-1.2)
Ukraine	0.2 (0.0-0.5)	0.2 (0.0-0.6)
United Arab Emirates	1.0 (0.3-2.4)	1.0 (0.2-2.1)
United Kingdom	1.6 (1.2-2.0)	1.3 (1.0-1.6)
United States	3.3 (2.2-4.8)	2.9 (1.8-4.1)

¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Fine-Gray model with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications.

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Country	Risk-standardized	Risk-standardized	Risk-standardized
	mortality rate (95% CI)	non-haemorrhagic stroke/SE rate (95% CI)	major bleeding rate (95% CI)
Argentina	5.7 (4.4-7.0)	1.2 (0.6-1.9)	1.9 (1.1-2.8)
Australia	4.0 (3.0-5.1)	2.1 (1.3-3.0)	1.2 (0.6-2.0)
Austria	4.4 (2.9-6.3)	1.6 (0.6-2.8)	1.9 (0.8-3.1)
Belgium	4.9 (3.9-5.9)	1.0 (0.6-1.6)	1.8 (1.3-2.4)
Brazil	5.7 (4.3-7.1)	1.2 (0.6-1.9)	1.3 (0.7-2.1)
Canada	4.6 (3.4-5.8)	0.6 (0.2-1.2)	1.8 (1.0-2.6)
Chile	4.6 (3.3-6.1)	1.3 (0.6-2.2)	1.6 (0.8-2.4)
China	3.1 (2.5-3.8)	1.1 (0.8-1.5)	0.4 (0.2-0.7)
Czech Republic	5.1 (4.0-6.3)	0.7 (0.3-1.1)	0.7 (0.3-1.2)
Denmark	6.7 (4.9-8.6)	1.6 (0.8-2.8)	2.0 (1.0-3.0)
Egypt	1.8 (0.6-3.3)	0.0 (0.0-0.0)	0.9 (0.2-1.8)
Finland	3.7 (1.9-5.6)	0.5 (0.0-1.3)	2.4 (1.0-4.0)
France	5.6 (4.6-6.6)	1.6 (1.1-2.1)	0.9 (0.6-1.3)
Germany	5.0 (4.3-5.8)	0.6 (0.4-0.9)	1.1 (0.8-1.4)
Hungary	5.4 (4.3-6.7)	0.9 (0.4-1.5)	1.5 (0.9-2.2)
India	6.5 (5.3-7.8)	0.8 (0.4-1.3)	0.5 (0.1-0.9)
Italy	3.8 (3.0-4.6)	0.8 (0.4-1.1)	1.3 (0.9-1.8)
Japan	2.1 (1.7-2.6)	1.1 (0.8-1.5)	0.9 (0.7-1.2)
Mexico	5.7 (4.5-7.1)	1.5 (0.9-2.2)	0.5 (0.1-0.9)
Netherlands	4.6 (3.4-5.8)	0.8 (0.4-1.4)	2.2 (1.5-2.9)
Norway	1.7 (0.0-3.7)	1.9 (0.4-4.1)	2.7 (0.8-4.9)
Poland	2.8 (2.2-3.6)	0.8 (0.5-1.3)	0.9 (0.5-1.3)
Russia	3.0 (2.2-3.8)	1.7 (1.2-2.3)	0.4 (0.1-0.8)
Singapore	3.7 (1.8-5.8)	2.0 (0.6-3.6)	1.9 (0.6-3.7)
South Africa	10.5 (8.3-13)	2.3 (1.3-3.6)	1.4 (0.6-2.4)
South Korea	1.6 (1.1-2.1)	1.2 (0.8-1.6)	1.5 (1.0-2.1)
Spain	4.4 (3.6-5.2)	1.1 (0.7-1.6)	1.2 (0.8-1.7)
Sweden	2.8 (1.9-3.7)	0.8 (0.3-1.3)	0.9 (0.5-1.5)
Switzerland	5.3 (1.5-10.0)	1.1 (0.0-3.8)	0.8 (0.0-2.8)
Thailand	3.9 (2.9-5.0)	0.9 (0.5-1.5)	2.1 (1.3-2.9)
Turkey	5.5 (3.9-7.4)	1.2 (0.3-2.1)	0.5 (0.0-1.2)
Ukraine	6.2 (5.0-7.3)	2.1 (1.4-2.8)	03(00-06)

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United Arab Emirates	5.2 (3.5-7.1)	0.7 (0.0-1.7)	1.0 (0.2-2.1)
United Kingdom	3.2 (2.7-3.7)	1.5 (1.1-1.9)	1.3 (1.0-1.6)
United States	6.3 (4.5-8.0)	1.1 (0.4-2.0)	2.8 (1.7-4.0)

¹Computed as the ratio of observed and predicted rate for each country, multiplied by the global observed rate. The predicted rate estimated from a Cox model for all-cause mortality or Fine-Gray model for non-haemorrhagic stroke/SE and major bleeding with the following covariates: age, sex, type of AF, systolic and diastolic blood pressure, pulse, BMI, hypertension, diabetes, heart failure, history of stroke/TIA/SE, history of bleeding, vascular disease, acute coronary syndromes, moderate to severe CKD, hypercholesterolemia, cirrhosis, carotid occlusive disease, VTE, dementia, smoking status, heavy alcohol consumption, OAC treatment and AP treatment. Confidence intervals for risk-standardized rates are calculated through bootstrap sampling with 1000 replications. ror peer review only

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Figure S1. Initial choice of antithrombotic treatment following diagnosis of AF by a. region and b. country.

(a) Region


(b) Country



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STROBE Statement-checklist of items that should be included in reports of observational studies

	Item No	Recommendation
	1	(a) Indicate the study's design with a commonly used term in the title or the
		abstract- title page 1
		(b) Provide in the abstract an informative and balanced summary of what was done
		and what was found- page 4 &5
Introduction		
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported-
C		page 6
Objectives	3	State specific objectives, including any prespecified hypotheses- page 6
Methods		
Study design	4	Present key elements of study design early in the paper- Page 6-7
Setting	5	Describe the setting, locations, and relevant dates, including periods of recruitment,
~		exposure, follow-up, and data collection –pages 6-8
Participants	6	(a) Cohort study—Give the eligibility criteria, and the sources and methods of
		selection of participants. Describe methods of follow-up-page 6-7
		Case-control study—Give the eligibility criteria, and the sources and methods of
		case ascertainment and control selection. Give the rationale for the choice of cases
		and controls
		Cross-sectional study—Give the eligibility criteria, and the sources and methods of
		selection of participants
		(b) Cohort study—For matched studies, give matching criteria and number of
		exposed and unexposed
		Case-control study—For matched studies, give matching criteria and the number of
		controls per case
Variables	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect
		modifiers. Give diagnostic criteria, if applicable- page 7
Data sources/	8*	For each variable of interest, give sources of data and details of methods of
measurement		assessment (measurement). Describe comparability of assessment methods if there
		is more than one group- page 8-10
Bias	9	Describe any efforts to address potential sources of bias
Study size	10	Explain how the study size was arrived at
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If applicable,
		describe which groupings were chosen and why
Statistical methods	12	(a) Describe all statistical methods, including those used to control for confounding-
		_page 8-10
		(b) Describe any methods used to examine subgroups and interactions
		(c) Explain how missing data were addressed
		(d) Cohort study—If applicable, explain how loss to follow-up was addressed
		Case-control study—If applicable, explain how matching of cases and controls was
		addressed
		Cross-sectional study-If applicable, describe analytical methods taking account of
		sampling strategy
		(<u>e</u>) Describe any sensitivity analyses

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Participants	13*	(a) Report numbers of individuals at each stage of study-eg numbers potentially eligible,	
		examined for eligibility, confirmed eligible, included in the study, completing follow-up, and	
		analysed page 10	
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and informa	
data		on exposures and potential confounders page 10-11	
		(b) Indicate number of participants with missing data for each variable of interest	
		(c) Cohort study—Summarise follow-up time (eg, average and total amount)	
Outcome data	15*	Cohort study—Report numbers of outcome events or summary measures over time page 11-	
		13	
		Case-control study-Report numbers in each exposure category, or summary measures of	
		exposure	
		Cross-sectional study—Report numbers of outcome events or summary measures	
Main results	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their	
		precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and	
		why they were included page 9-10	
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful	
		time period	
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses page 13-14	
Discussion			
Key results	18	Summarise key results with reference to study objectives- page 14-15	
Limitations	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision.	
		Discuss both direction and magnitude of any potential bias-page 17-18	
Interpretation	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity	
		of analyses, results from similar studies, and other relevant evidence- page 14-18	
Generalisability	21	Discuss the generalisability (external validity) of the study results	
Other informati	on		
Funding	22	Give the source of funding and the role of the funders for the present study and, if applicable,	
		for the original study on which the present article is based - page 19	

*Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.