

Review

# Research Progress on Rolling Circle Amplification (RCA)-Based Biomedical Sensing

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Received: 8 March 2018; Accepted: 10 April 2018; Published: 21 April 2018



**Abstract:** Enhancing the limit of detection (LOD) is significant for crucial diseases. Cancer development could take more than 10 years, from one mutant cell to a visible tumor. Early diagnosis facilitates more effective treatment and leads to higher survival rate for cancer patients. Rolling circle amplification (RCA) is a simple and efficient isothermal enzymatic process that utilizes nuclease to generate long single stranded DNA (ssDNA) or RNA. The functional nucleic acid unit (aptamer, DNAzyme) could be replicated hundreds of times in a short period, and a lower LOD could be achieved if those units are combined with an enzymatic reaction, Surface Plasmon Resonance, electrochemical, or fluorescence detection, and other different kinds of biosensor. Multifarious RCA-based platforms have been developed to detect a variety of targets including DNA, RNA, SNP, proteins, pathogens, cytokines, micromolecules, and diseased cells. In this review, improvements in using the RCA technique for medical biosensors and biomedical applications were summarized and future trends in related research fields described.

Keywords: rolling circle amplification (RCA); biosensor; clinical diagnostics; cancer

# 1. Introduction

Rolling circle amplification (RCA) is a commonly used research tool in molecular biology, materials science, and medicine [1–3]. Since its discovery at the end of 20th century, the applications of RCA have been increasing consistently with the development of science and technology [4]. RCA is an isothermal enzymatic process that uses DNA or RNA polymerases (e.g.,  $\Phi$ 29 DNA polymerase) to produce single stranded DNA (ssDNA) or RNA molecules which are a connection in series of complementary units of a template. The process is simple and efficient [5–10]. An RCA reaction contains four parts: (1) a DNA polymerase and homologous buffer; (2) a relatively short DNA or RNA primer; (3) a circle template; and (4) deoxynucleotide triphosphates (dNTPs). In RCA, nucleotides (nt) were added continuously to a primer annealed to a circular template by polymerase, which produces a long ssDNA with hundreds to thousands of repeat units. It should also be noted that RCA products possess multiple repetitive sequence units, which correspond to the circular DNA template; therefore, they can be processed through modification of the template. By transforming the substrate, the DNA products can be customized to include functional sequences, including DNA aptamers [5,6], spacer domains [6], DNAzymes [7–10], and restriction enzyme sites [11–13]. Furthermore, multifunctional materials with diverse properties can also be made via hybridizing RCA products with complementary



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oligonucleotides tethered to functional moieties. These include fluorescent dyes, electrochemical tags, biotin, antibodies, enzymes and nanoparticles [14–17], which can then be used for sensitive detection, biorecognition, immunosensing and bioimaging.

Recently, RCA had been utilized to study and develop sensitive detection methods for DNA [9,11,18–24], RNA [25–27], DNA methylation [28,29], single nucleotide polymorphisms (SNP) [30–32], small molecules [7,33,34], target proteins [10,35], and cancer cells [6,36,37]. The circular templates are designed in RCA so that a single binding event can be amplified over a thousand-fold. The signal from a single binding event can be amplified in an exponential manner. RCA is ideal for the required ultrasensitive detection [38]. The feature is especially useful for diagnostics. The isothermal nature of RCA provides new possibilities for targeted therapy compared to other methods, such as polymerase chain reaction (PCR), which uses intricate and expensive apparatus (e.g., temperature gradient). Owing to these inherent excellent properties, multifarious, RCA-based platforms have been applied to test various types of targets, such as DNA, RNA, SNP, proteins, pathogens, cytokines, and tumor cells. In this review, improvements in the use of the RCA technique for medical biosensors and biomedical applications will be summarized and future trends in related research fields will be examined.

## 2. Enzyme-Aided RCA Biosensor

Organisms contain a variety of enzymes, and changes in these enzymes provide a lot of important information, particularly for medical diagnoses. The study of these enzymes can help not only with the diagnosis, but also with the treatment of various diseases. Because RCA has many advantages (such as simplicity, efficiency, tunability), it thus plays an important role in enzyme research. RCA-mediated enzymatic reaction catalyzed amplification provides dual-amplification for ultrasensitive detection of analytes due to the excellent catalytic nature of some enzymes and efficient amplification of RCA. Some DNAzymes can combine with RCA to detect the sensitivity and specificity of other enzymes, such as DNA ligase and polynucleotide kinase/phosphatase (PNKP). DNA ligase, an extremely important member of the enzyme family, which can connect the 3'-hydroxyl and 5'-phosphoryl termini of fractured DNA to form phosphodiester bonds, and plays indispensable roles in DNA replication, repair, and recombination [39–41]. Recent clinical researches revealed that the activity level of DNA ligase is connected with the pathogenesis of cancer. Inhibiting the activity of DNA ligase can decrease cancer cell proliferation and metastasis, and immensely augment the sensitivity of cancer cells to anticancer drugs [42,43]. Polynucleotide kinase/phosphatase (PNKP) is a bifunctional enzyme with 5'-kinase and 3'-phosphatase activities; once the DNA strand is broken, its end will produce 5'-phosphate and 3'-hydroxyl groups, thus allowing some specific proteins to replace lost nucleotides and regroup broken strands [44]. PNKP also plays an important role in nucleic acid metabolism and DNA repair during strand interruption [45]. Inhibition of PNKP can also promote the sensitivity of human tumors to  $\gamma$ -radiation [46], which could be useful for enhancing the efficacy of existing cancer treatments [45].

In order to ascertain the activity of a DNA ligase, a G-quadruplex DNAzyme-based DNA ligase sensor was developed by Jiang et al. [47]. In their design, the oligonucleotide probes did not need to be labeled due to the use of G-quadruplex DNAzyme; hence, label-free detection was possible. The amplification of RCA will generate multimeric G-quadruplexes containing thousands of G-quadruplex units and revealed highly active hemin-binding sites, resulting in great improvements in sensor sensitivity. This sensor enabled the specific detection of T4 DNA ligase at a level as low as 1.9 U/ $\mu$ L. When the PNKP-triggered 5'-phosphroylation step was added to the substrate DNA, a PNKP sensor was easily designed on the basis of the above sensing strategy (Figure 1), which allowed specific detection of T4 PNKP at a limit of 1.8 U/ $\mu$ L.

This procedure is quite simple. A visual result will be obtained through a colorimetric reaction. It is easy, efficient and accurate. Meantime, the concept is also suitable for analysis of other enzymes.



**Figure 1.** Schematic diagram of G-quadruplex DNAzyme-based DNA ligase sensor. (**a**) The CT composed of three parts. Part I and III could hybridize with LT and form a split ring. Part II was a C-rich area where G-rich sequences are generated to form G-quadruplex structures after RCA. The split was repaired when T4 DNA ligase was introduced; then, LT was excised by Exo I and Exo III After annealing, PR was adhered to the circular template and activated RCA with Phi29 polymerase. Numerous G-rich sequences will be produced to fold into G-quadruplex units and bind hemin to form catalytic G-quadruplex DNAzymes, which can catalyze the oxidation of  $ABTS^{2-}$  by  $H_2O_2$  to ABTS, enhancing the absorption signal. (**b**) When the PNKP-triggered 5'-phosphroylation step was added to the substrate DNA, a PNKP sensor was easily designed based on the above sensing strategy. (LT, linear template; CT, circular template; ABTS, 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid)) [47].

# 3. AuNP-RCA Biosensor for Multiple Pathogens Detection

Many diseases are related to the invasion of pathogens. Studying the characteristics of pathogenic bacteria may help in developing treatments for these diseases. A fast and accurate definitive diagnosis of specific pathogenic bacteria is extremely important in clinical diagnostics. There are many effective techniques that are traditionally used to identify pathogens; however, these approaches can only confirm a single pathogen per assay [48–53]. Therefore, developing an all-purpose detection method for concurrent recognition of multiple pathogens is vitally important for improving detection efficacy. SPR biosensors may afford an opportunity to detect diverse pathogens. SPR is an optical detection technology, which utilizes the refraction and reflection of light. In this process, DNA probes are immobilized on the sensor surface and the complex of target molecules are introduced to traverse these clusters continuously [54]. Due to the sensitivity of the optical device, the detection process can be operated and monitored in real-time; therefore, SPR biosensors offer simple, sensitive, and on-site analysis [55]. Shi et al. [56] made a characteristic biosensor for the detection of pathogenic bacteria. In their study, an SPR DNA biosensor with a gold (Au) nanoparticle surface, based on RCA, was developed for isothermal recognition of DNA. The sensor contained a specific padlock probe (PLP) and a capture probe (CP), which were connected by biotin, and an Au nanoparticle-modified probe, the products of RCA were hybridized with them (Figure 2). The CP was fixed on AuNP in order to enhance the binding and hybridizing abilities of the biosensor. The linear PLP was cyclized by ligase after hybridizing with the pathogenic bacteria-specific sequences in 16S rDNA and the circular product was fully complementary with the CP. The corresponding channel on the chip surface distinguished every target gene DNA during the recognition process. The in situ solid-phase RCA

reaction was then initiated by the immobilized CPs, which were regarded as primers, and produced long single-stranded DNA. The SPR angle changed with RCA products fixed on the chip surface. Six different bacterial pathogens were simultaneously recognized utilizing this method. At low background signals, the synthetic oligonucleotides and genomic DNA could be detected at 0.5 pM and 0.5 pg/ $\mu$ L, respectively. This study successfully proved that the above method could be used to further establish and refine medical technology and could be used clinically as an additional treatment for human health.

This method affords a very significant platform for the detection of various bacteria pathogens. By taking merit of amplification of AuNP-RCA, the constitutionally high sensitivity of the SPR bio-sensor improved the limit of detection [56]. Successfully it overcame the problem of those single bacteria detection methods which were time-consuming, complex and with low efficiency. Also, more bacteria could be detected at same time.



**Figure 2.** Schematic diagram of AuNP-RCA sensor for multiple pathogens detection. (**A**) The PLP was designed as 5 regions which contain target-complementary sequences at the 5' and 3' ends (T1 and T2); the CPs hybridizes with a sequence-specific region (S); a Hpal restriction endonuclease digestion site (R) and the AuNP-MP binding sequences: a general region (G). (**B**) The scheme of detection process. (1) Linear PLP and target sequences were hybridized and linked to form circular template. (2) Immobilizing biotin-secondary antibody on the chip surface and incubated with streptavidin-Au nanoparticles and biotin-capture probe. (3) Circular PLP was added and hybridized with CPs to activate the RCA reaction, which can produce abundant binding sites for AuNP-MP and output signal of SPR [56].

#### 4. Aptamer Biosensor Based on RCA

In clinical medicine, a tumor marker is generally regarded as an indicator of a malignant tumor. Tumor markers are proteins, conjugated proteins, carbohydrates or peptides that are related to tumor formation and are produced by tumor tissues and cells [57,58]. In recent years, the detection of tumor markers has become possible with the continuing development of the aptamer technique. Aptamers are in vitro synthetic single-stranded DNA/RNA oligonucleotides obtained through systematic evolution of ligands by exponential enrichment (SELEX) [59,60]. Aptamers could bind with a great variety of molecules, proteins, nanomaterials, cells, and even chemicals with excellent affinity and specificity because of their three-dimensional structure. Aptamers had been used extensively in drug transfer, protein analysis, immunodiagnosis and treatment, biosensors, due to their many unique properties, such as easy synthesis, excellent affinity, high specificity, nice stability, and simple modification. A variety of novel technologies and programs based aptamers have been studied, including microfluidics [61], fluorescent [62], and electrochemical processes [63].

As a high-efficiency isothermal amplification reaction, RCA is always coupled with biosensing methods for protein analysis. Zhang et al. [64] designed a highly sensitive fluorescent aptasensor for thrombin detection based on competition-triggered RCA All of the reactants were contained in a single reaction. In the lack of target molecule, the ligation-RCA step was inhibited because complementary DNA (cDNA) conjugated with the aptamer probe to generate a double-stranded duplex. Conversely, when the target molecule was introduced, the aptamer probe bonded to the target molecule with high selectivity. As a result, the cDNA hybridized with the PLP rather than with the aptamer probe. The PLP was circularized by DNA T4 ligase and the RCA process was achieved using Phi29 DNA polymerase. The RCA product then hybridized with the loop of molecular beacons, and generated a distinct fluorescence signal (Figure 3). The effects of the length of cDNA and concentration of PLP was detected with high sensitivity. This method provided a new possibility for other target analytes.



🍏 Thrombin 🕂 Phi29 DNA polymerase 🛛 😣 Molecular Beacon

**Figure 3.** Scheme of the aptasensor design. In the lack of target molecule, the ligation-RCA step was inhibited because complementary DNA (cDNA) was hybridized to the aptamer probe to generate a double-stranded duplex. Conversely, when the target molecule was introduced, the aptamer probe bound to the target molecule with high selectivity. As a result, the cDNA hybridized with the PLP insead of the aptamer probe. The PLP was circularized by DNA T4 ligase for RCA with Phi29 DNA polymerase. The product then hybridized with the loop of molecular beacons and generated a distinct fluorescence signal [64].

Methylene blue, a biological stain, can insert into the double-stranded DNAs from the products of RCA and serves as an electrochemical label [65], allowing for label-free electrochemical sensing. For example, a label-free ultrasensitive electrochemical aptamer sensor, based on hyperbranched rolling circle amplification (HRCA) with the help of DPV, was developed by Wang et al. [66]. In their work, HRCA was coupled to an electrochemical technique to detect platelet-derived growth factor B-chain (PDGF-BB) with high sensitivity and specificity. This combined the excellent sensitivity of HRCA and the inexpensive electrochemical detection. Both the target molecule competitive reaction and the combination of electrochemical technique increased the accuracy of the result; meanwhile, the use of RCA speeded up the process of experiment. Moreover, these strategies are also applicable to other target analytes by tuning the sequence of the aptamer probe.

#### 5. Micromolecular Biosensor Based on Electrochemistry Coupled to RCA

The development of electrochemical technology provides biosensors widely used in disease diagnosis and immunotherapy. RCA could produce a mass of sites on which to fasten DNA

recognition probes. Owing to the otherness of binding efficiency between electroactive species and DNA, electroactive species such as tetramethylbenzidine and methylene blue are often used as electrochemical responders to enlarge the electrochemical signal [67]. Therefore, a composite of RCA and electrochemistry could be used to information output for electrochemical study.

Doxorubicin hydrochloride (DOX), a class of important anti-tumor antibiotics, produces a wide range of biochemical effects in organisms. DOX has a strong cytotoxic effect with a main mechanism of action of inhibiting nucleic acid synthesis [68]. Thus, the sensitivity of DNA sensors could be drastically enhanced using DOX as an electroactive indicator. For instance, DOX could be used to establish a high sensitivity DNA sensor [69]. An electrochemical DOX biosensor based on RCA has been established by Lu et al. [70]. In their study, DOX was intercalated into double-stranded GC or CG sequences and the DOX current signal was monitored using differential pulse voltammetry (DPV).

Furthermore, with the help of electrochemical impedance spectroscopy, potassium ferricyanide  $(K_3Fe(CN)_{6})$  and DNA have been used for electrochemical signal output for ultra-sensitive detection of small molecules via ligation-RCA with analyte-mediated sticky ends (Figure 4A). In this method, 2 ss-DNA probes were designed for DNA cyclization. A "hairpin" structure was formed by the left part probe after denaturing, and right part probe also formed a similar "hairpin" structure, based on analyte-activated conformation change. Subsequently, the two probes were ligated via DNA ligase and a circular template for the RCA reaction was formed. When the adenosine was introduced, the RCA products hybridized with the capture probe on the electrode surface, prompting the impedance signal to enhance drastically, because the scheduled kinetics limit between  $[Fe(CN)_6]^{3-/4-}$  and the negatively charged phosphate backbone of the DNA (Figure 4B). Using this electrochemical sensing technology, a fairly low detection limit and a wide linear dynamic range were accomplished by Yi et al. [71] with highly specific detection of the target.



**Figure 4.** Schematic diagram of micromolecular biosensor based on electrochemistry coupled to RCA. (**A**) Formulation of RCA process based on structure-switching aptamer and sticky ends-based ligation. (a) Right part probe: target-aptamer binding, (b) left part probe: DNA denaturing to form a hairpin structure, (c) double probes were linked by *E. coli* DNA ligase with the same sticky ends, (d) the primer was adhered to the circular template by annealing, (e) RCA was initiated by adding Phi29 DNA polymerase and dNTPs. (**B**) Fabrication of the electrochemical biosensor. (a) Capture probes were anchored to the bare electrode, (b) blocking the electrode with MCH, (c) capture probe–RCA product hybridization for EIS quantitative determination [71].

Although these protocols are complex compared to other designs, the composite of RCA and electrochemical techniques offered a credible method for the detection of numerous small biomolecules.

#### 6. Transcription Factor (TF) Biosensor Based on RCA

A TF is a protein that is capable of binding to a specific nucleotide sequence upstream of a gene. The TF regulates the velocity of transcription of genetic information from DNA to mRNA [72] and may influence multiple transcription-associated cellular processes including cell development, differentiation, and growth [73]. TF plays a vital role in gene transcriptional regulation, and TF proteins have been confirmed to have a variety of unique features closely associated with various human diseases including cancer, abnormal hormone responses, autoimmune disorders, neurological disorders, diabetes, cardiovascular disease [74]. For example, the nuclear factor-kappaB (NF- $\kappa$ B) protein and the TATA-binding protein (TBP) are related to a variety of diseases [75]. Therefore, the quantification of TF proteins is essential for pharmaceutical research and immunodiagnosis.

NF- $\kappa$ B p65 protein, a crucial TF, appears on multiple pathogenesis, such as inflammation, vicious circle, apoptosis, and cancer. Some corresponding measures had been developed to detect TF, such as western blot, electrophoretic mobility shift assay [76], DNase footprinting assay [77], and enzyme-linked immunosorbent assay (ELISA) [78]. However, these processes have some universal drawbacks such as insensitive, high detection limit, etc. Inspired by the advantages of RCA, Deng et al. [33] designed a highly sensitive, reproducible biosensor with good specificity for ultrasensitive TF detection. In their study, a biomedical biosensor was designed to detect TF, based on specific target molecule-DNA adsorption and RCA signal amplification. Here, three ss-DNA probes were designed for the TF biosensor. Probe 1 (P1) was attached to the electrode surface and hybridized with probe 2 (P2) to form a partially complementary dsDNA. The complementary part included a TF binding sites, while the non-complementary part of P2 paired with RCA primer sequence. Probe 3 (P3) was displaced P2 and hybridized with P1 to create a whole complementary dsDNA. In the presence of TF protein, a stable TF-DNA complex formed and initiated the RCA process. Finally, the electrochemical redox probe MB was combined with the RCA product and produced the signal that was detected by DPV (Figure 5). The fabricated biomedical sensor displayed a wide linear range and a low detection limit.



**Figure 5.** Schematic diagram of TF sensing. Three ss-DNA probes were designed for the TF biosensor. P1 was attached to the electrode surface and hybridized with P2 to form a partially complementary dsDNA. The complementary part included a TF binding sites while the non-complementary part of P2 paired with RCA primer sequence. (a) In the absence of TF protein, P3 was displaced by P2 and hybridized with P1 to form a dsDNA strand, thus stopping RCA. (b) In the presence of TF protein, a stable TF-DNA complex formed and inhibited the displacement of P3, and then, initiated the RCA with ccDNA and Phi29 DNA polymerase. Finally, the electrochemical redox probe MB was combined with the RCA product and produced the signal that was detected by DPV [33].

A mutation in TBP, a kind of TF that could bond with the TATA box specifically, causes a variety of neurodegenerative diseases. Therefore, engineering a high-efficiency immunosensor has become an emerging and powerful strategy for proteome and genomics research, also for clinical diagnosis. An efficient fluorescent-amplification method for fast, quantitative, and low cost detection of TF has been developed by Li et al. [79] utilizing RCA using TBP as a target model. Three components were used in their study: TF binding probe (TFBP), enlargement primer, and dumbbell-probe. When the RCA process was complete, the products were quantized though the signal of SYBR Green I. This strategy had a very low detection limit and a wide linear region. The schematic is similar to that in Figure 5. The above two sensing strategies are simple and accurate, and they can be used for detecting other transcription factors by changing the protein-binding sequence. These protocols have advantage to be a tool for clinic diagnostic applications and high throughput bioanalysis.

# 7. MiRNAs Biosensor Based on RCA

MicroRNAs (miRNAs) are small (18–25 nt), endogenic, non-coding, single-stranded RNA molecules that could command the expression of messenger RNA in numerous organisms [80]. Since miRNAs were found in eukaryotic cells [81], a mass of studies based on miRNA had verified that disorder in miRNA expression caused many emerging malignancies [82–84]. Therefore, miRNAs as novel biomarkers often be used in the diagnosis and treatment of many types of cancer [85–88], which necessitates simple, fast, reliable, sensitive, and specific tests for miRNA detection.

Traditional techniques for miRNAs detection include Northern blotting [89], RT-PCR [90], and microarrays [91]. Though these methods all have merits, they still have some drawbacks, such as low efficiency, low sensitivity, and being time-consuming. It's necessary to select an effective amplification measure for accurate detection of miRNAs. A number of amplification strategies have been proposed, such as exonuclease (Exo)-assisted signal amplification [92,93], strand displacement amplification (SDA) [94], and RCA [95–98]. Among the many amplification methods, RCA may be the most suitable for miRNA detection because these short RNAs are optimal substrates for the ligation reaction that is needed to launch the process of RCA.

A label-free ultrasensitive colorimetric biosensing scheme for miRNA detection had been reported by Li et al. [99]. To improve the analytical efficiency of RCA-based amplification strategies for miRNA detection, with the mutual assistance of trigger template, C-rich DNA co-modified molecular beacon (MB), G-rich DNA (GDA) probe, MB-mediated SDA, and toehold-initiated rolling circle amplification (TIRCA) to compose into a new-type, functionalized, nucleic acid-based amplification system for miRNAs detection with specificity and sensitivity (Figure 6). The amplification system consists of three parts: MB/GDNA probe, polymerase & nicking enzyme, and a seal prime (dumb-bell-shaped amplification template). MB/GDNA combined with miRNA and promoted the MB-mediated SDA to continuously produce nicking triggers, which then hybridized with the seal probe to launch TIRCA reaction and release a mountain of GDNAs. The connection of GDNAs and hemin to create a G-quadruplex/hemin DNAzyme, a famous horse radish peroxidase mimic, which catalyzed a colorimetric reaction. Notably, the 3'-OH of MB and GDNA could be deactivated by a C6 spacer, which blocked the nonspecific polymerization along with the 5' protruding termini of MB, thus increasing the target molecule identification and decreasing the background signal. The project exhibited high sensitivity and specificity with a wide linear dynamic range, and enabled successful visual analysis the minute amount of miRNA in some real samples via the naked eye. This simple and high-efficiency signal amplification strategy built a fast and sensitive platform for miRNA detection.

Moreover, Deng's group [97] utilized toehold-mediated strand displacement (TMSD) to design a structure-switchable seal probe to activate the RCA reaction of specific RNAs, a proposed that could accomplish the precise recognition and in situ enlargement of the target miRNA. In this miRNA course, the design of a dumbbell-shaped seal probe was the key for TMSD and RCA. The TMSD process was initiated by the target miRNA and caused a structural change in the probe. When miRNA was combined by the toehold domain, spontaneous branch migration prompted the circular form, and started RCA process.



**Figure 6.** Schematic diagram of the functional nucleic acid-based amplification system for miRNA detection. The MB/ GDNA probe were composed of four domains (see right frame). The hybridization was achieved between target miRNA and domain (a); then, the target miRNA was extended to domain (b) and domain (c) to form a complete duplex by Phi29 DNA polymerase (adhered to the domain b). Then, the duplex nicking site was recognized by the nicking enzyme specifically, and the extended DNA strand was cleaved at domain (c). The TIRCA was triggered when the seal probe was annealed with the primer which were nicking triggers and released by the circulation of the extension and cleavage processes at domain (c). When the toehold domain of seal probe was bound with trigger, the spontaneous branch migration leaded to an activated circular form, and the RCA was initiated. The resultant DNA duplex was cleaved at the nicking site in the circle by nicking enzyme. Hundreds of tandem repeats of GDNA was produced as the primers were extended by Phi29 DNA polymerase. Consequently, once the presence of hemin, the colorimetric detection was amplified by the formation of DNAzyme [99].

Nevertheless, the stabilized dumbbell structure will stop the mismatched miRNA and terminated the amplification. After the seal probe was activated, the target miRNA was enlarged to lots of tandem repeat sequences by RCA and the evident diffraction-limited spot corresponding to a single miRNA will eliminate the FAM-labeled probe interference from background signal. Through this process, both stringent recognition and in situ amplification of the target miRNA can be achieved. The visualization analysis of individual miRNAs in single cells is accomplished.

#### 8. Protein Biosensor Based on RCA

In recent years, with improvements in people's standard of living, a variety of protein-related diseases have appeared. For example, gastric cancer, which was characterized by many oncoprotein biomarkers, such as p21, p27, p53, CyclinE, C-myc, Galectin-3, miR-221, MCM7, Runx3, etc. [100]. Therefore, an accurate and efficient method for protein detection is essential for disease diagnosis and clinical applications. In the traditional method of protein detection, antibodies offered a testing tool for proteins detection [101,102]; however, antibodies are generally from in vivo and cannot be synthesized in vitro. In contrast, aptamers can be synthesized in vitro through the SELEX technique. Aptamers have been widely used to fabricate biosensors in numerous new fields of study [63,103–105].

Optical diffraction biosensors have been widely used to distinguish the binding process of many biomolecules, based on changes in effective height or refractive index on periodically patterned gratings [106]. Utilizing the many advantages of RCA, Lee et al. [107] achieved a diffraction biosensor for proteins using microbead-based RCA. In their work, aptamer and RCA were connected to detect

PDGF-BB, which is related to cancer cell proliferation and transformation [108,109]. In the presence of PDGF-BB, a sandwich complex was formed between two anti-PDGF-BB aptamers (Figure 7). One of the aptamers contained a primer binding site, and the complex of aptamer and primer was used to help the product of RCA to directly localize on PDGF. The RCA reaction was initiated and the primer sequence was extended into a long oligonucleotide with the aid of phi 29 DNA polymerase. The biotinylated aptamers were fixed on the surface where periodic patterns of streptavidin were microcontact printed using a polydimethylsiloxane stamp. After the streptavidin-labeled microbeads were introduced, the diffraction grating was completed and linked with RCA concatemers on the periodic patterns. The number of microbeads on the patterns was the main determinant to generated different intensities diffraction modes with a laser light. In the absence of RCA on periodically patterned gratings, the capacity of the aptamer-based sandwich propose was executed for testing the efficiency of RCA on the periodical patterns as a signal amplification strategy, and the result proved there wasn't any obvious bead-binding was detected, thereby reconfirming the importance of RCA.



**Figure 7.** (a) Scheme of RCA-based microbead combines with aptamers for detection assay. Streptavidin coated periodic patterns links a biotinylated anti-PDGF-B specific aptamer. PDGF-BB was added and bound by the aptamer. An aptamer-primer complex recognized and bound to the protein. The primer tail of the aptamer was hybridized by a padlock probe, thereby initiating the RCA. The elongated concatemers hybridized with biotinylated probes which bound with streptavidin conjugated beads. (b) The diffraction gratings were formed by self-assembled streptavidin (SA)-coated beads on the RCA-based micropattern. The diffraction modes yielded when the illumination with a laser carried out [107].

The same principle, a sensitive protein biosensor, was designed by Guo et al. [110]. They used RCA coupled with thrombin catalysis to design a specific aptamer-based sandwich assay for protein detection on a microplate. This propose makes use of the long-ssDNA, with a series of tandem duplication thrombin-binding sites from RCA and the affinity of aptamer to finish various thrombin labeling and activation for signal producing (Figure 8). First, the target molecule was specifically recognized by an antibody-coated microplate. Then, a familiar sandwich structure is formed by adding aptamer and primer sequence. Following the RCA reaction was initiated to produce the combination sequence for thrombin with the help of primer. More thrombin molecules bound with these combination sequences and catalyzed the chromogenic or fluorogenic peptide substrates transformed to detectable products for final quantification of the target proteins. This protocol was

used to identify PDGF-BB. With the help of two systems from RCA and thrombin catalysis, this assay had an extremely low detection limit when a fluorogenic peptide substrate was introduced. This project created a new approach for signal output in RCA relevant studies via direct thrombin labeling and evaded costing too long time on preparation of enzyme-conjugate and affinity probes.



**Figure 8.** Schematic diagram of using RCA coupled with thrombin catalysis to detect protein. Microplate coated with antibody which captured the target protein. Then, the aptamer-primer complex bound with the protein. The template hybridized with the primer and was circularized by ligase, and it encoded with a complementary sequence of the aptamer for thrombin. Subsequently, the RCA initiated and a long single-stranded DNA sequence was produced for thrombin. The generated ssDNA bound with thrombin molecules, achieving multiple thrombin labeling in sandwich complex. Thrombin catalyzes small peptide substrates into detectable product [110].

By taking advantage of RCA, an antibody coated microplate as a signal enhancement strategy is an excellent biosensing platform. That cleverly avoided the using of complex instruments and offered a visual detection of the molecular binding events under an ordinary experiment conditions. These strategies can be used in analysis of other proteins.

# 9. Other Novel Biosensors Based on RCA

With the increasing sophistication of experimental techniques, more and more new types of immunosensors have been developed, such as sensors for the capture of oligonucleotides, proteins, cancer cells, and sensors for vitamins [111].

Nucleic acids occupy an extremely significant role in biological inheritance, and variations in them can cause immeasurable damage to an organism. Accordingly, qualitative and quantitative studies of nucleic acids contribute to the development of immunodiagnostics and pharmacogenomics [112]. Abundant methods for the detection of nucleic acids had been reported, such as SPR [113], inductively coupled plasma mass spectrometric (ICPMS) [114], chemiluminescence [115]. Nonetheless, the detection limit for DNA when using these existing scheme is still a major obstacle. Therefore, designing a novel detection method for nucleic acids is imperative. A new style of biosensor, based on RCA and nanoparticle aggregation, for ultrasensitive detection of DNA and tumor cells was developed by Ding et al. [116]. Their work included three primary steps, which are summarized as follows: first, the surface of magnetic beads was immobilized with a "sandwich-type" DNA complex contained target DNA. Then the primer in the "sandwich-type" DNA complex initiated RCA in the system. The new "sandwich-type" DNA complex were formed in the long RCA products for electrochemical detection (Figure 9). With the help of DPV, an extremely low detection limit of target DNA was obtained. Assisted with aptamer technique, this signal output strategy was also used to identify tumor cells, in which an extremely low detection limit was also achieved (Figure 10).



**Figure 9.** Scheme of RCA and electrochemical detection of DNA. (**A**) MBs connected with capture DNA1, and target DNA was added and tethered with it. Then, the primer DNA connected to the target DNA and the padlock probe after annealing. The RCA process was initiated to yield a long ssDNA after the padlock probe was circularized by ligase. Consequently, the long RCA products was digested to generate a crowd of short single ssDNA with same sequence as transfer DNA (t DNA) after Taq I DNA enzymes were added. (**B**) The surface of the Au electrode was covered by self-assembled DNA 2. And the electrochemical biosensor was formed by t DNA and capture DNA 2. The signal DNA loaded on Au NPs and hybridize with t DNA. The differential pulse voltammetry (DPV) scan monitored the quantity of the t DNA [116].



**Figure 10.** Scheme of the Ramos cells and aptamer reaction. Carboxyl-group-coated MBs connected with amino-modified aptamers of Ramos cells to form MB-DNA bio-complex which hybridized with cDNA. The bio-complex could instead of cDNA because of the stronger affinity between the aptamers and its targets when the presence of Ramos cells [116].

Folic acid (FA), a water-soluble vitamin, promotes the maturation of bone marrow cells in the human. A deficiency in FA can cause megaloblastic anemia and leucopenia, which is particularly important for pregnant women. Therefore, monitoring the FA level is vital for the immunodiagnosis and treatment of cancers and chronic inflammatory diseases [117]. For example, a fluorescence biosensor for folate receptor (FR) in cancer cells based on terminal protection and HRCA was developed by Li et al. [118]. In their work, ssDNA terminally tethered to FA specifically combined with FR and was protected from digestion by exonuclease I (Exo I). The protected ssDNA hybridized with the padlock probe and triggered the HRCA reaction. Conversely, the ssDNA was digested by Exo I and no probe was left to initiate the HRCA reaction without the protection of the target FR. In the presence of SYBR Green I, the HRCA products included a mass of double-stranded DNA and a strong fluorescence signal could be detected (Figure 11). Moreover, the developed biosensor is also used to detect FR in cancer cells (e.g., HeLa cells). The increased fluorescence intensity has shown lower detection limit with a wide linear dynamic range.

This protocol offered a simple, fast and efficient method for the identification of FR. At the same time, it effectively prevented the ssDNA from hydrolysis by Exo I, and made full use of the advantages of HRCA rapid expansion, which not only shortened the working time, but also increased the reliability of the result.



**Figure 11.** Schematic of a fluorescence biosensor for FR determination, based on HRCA and terminal protection. (**A**) FR connected with FA-ssDNA through FR-FA interaction and prevented the hydrolyzation of Exo I. Then, the compound hybridized with padlock probe, and formed a circular padlock probe with the aid of DNA ligase. Later, the HRCA reaction was activated by Bst DNA polymerase, P1, P2, and dNTPs to launch chain extensions and strand displacements, resulting a mass of long double-strand DNA (dsDNA) and ssDNA yielded. High fluorescence signal was monitored after introducing SYBR Green I. (**B**) In the absence of the target, ssDNA were hydrolyzed by Exo I and the HRCA was inhibited, so only weak fluorescence signal was detected [118].

# 10. Outlook

RCA is an excellent signal amplification technology. It is a highly versatile DNA amplification tool widely used in many fields where limitations in sensitivity and/or specificity, laborious sample preparation and/or signal amplification procedures had previously hindered the use of other tools. RCA is used for assays and procedures in fields such as immunohistochemistry, immunodiagnostics, nanotechnology, materials science, genomics, proteomics, biosensing, drug discovery, targeted therapy, flow cytometry. Moreover, the combination of RCA with functional nucleic acids, containing aptamers and DNAzymes, and with other assay platforms involve PCR, SELEX, optical diffraction, ELISA, microfluidics, ICPMS, chemiluminescence, SPR, and nanoparticles, presents new opportunities for ultrasensitive detection of a lot of targets, including nucleic acids, proteins, vitamins, small molecules, viruses, hormones, and cells. Particularly, RCA has increased the sensitivity of medical detection and greatly reduced the detection limit. In recent years, the combination of RCA with aptamers and nanomaterials has attracted more attention. Integrating these three technologies will greatly promote human health and medicine. As the standard of living continues to increase, more new diseases will likely emerge, necessitating continued research to ensure human health and social development. The combination of new generations of biosensors with RCA and/or other technologies holds great potential for further applications in biomedical research and early clinical diagnostics.

Acknowledgments: This work was by the National Natural Science Foundation of China (31471719), Jiangsu Science and Technology Development Program (Grant No. BF2016702), and PhD Research Foundation of Huaihai Institute of Technology.

Conflicts of Interest: The authors declare no conflict of interest.

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