www.nature.com/eye

Real-world experience with 0.2µg/day fluocinolone acetonide intravitreal implant (ILUVIEN) in the United Kingdom

#### Abstract

*Aims* To compare safety outcomes and visual function data acquired in the real-world setting with FAME study results in eyes treated with  $0.2 \mu g/day$  fluocinolone acetonide (FAc).

Methods Fourteen UK clinical sites contributed to pseudoanonymised data collected using the same electronic medical record system. Data pertaining to eyes treated with FAc implant for diabetic macular oedema (DMO) was extracted. Intraocular pressure (IOP)-related adverse events were defined as use of IOP-lowering medication, any rise in IOP > 30 mm Hg, or glaucoma surgery. Other measured outcomes included visual acuity, central subfield thickness (CSFT) changes and use of concomitant medications.

Results In total, 345 eyes had a mean follow-up of 428 days. Overall, 13.9% of patients required IOP-lowering drops (included initiation, addition and switching of current drops), 7.2% had IOP elevation >30 mm Hg and 0.3% required glaucoma surgery. In patients with prior steroid exposure and no prior IOP-related event, there were no new IOP-related events. In patients without prior steroid use and without prior IOP-related events, 10.3% of eyes required IOP-lowering medication and 4.3% exhibited IOP > 30 mm Hg at some point during follow-up. At 24 months, mean best-recorded visual acuity increased from 51.9 to 57.2 letters and 20.8% achieved  $\geq$  15letter improvement. Mean CSFT reduced from 451.2 to 355.5 µm.

*Conclusions* While overall IOP-related emergent events were observed in similar frequency to FAME, no adverse events were seen in the subgroup with prior steroid exposure and no prior IOP events. Efficacy C Bailey<sup>1</sup>, U Chakravarthy<sup>2</sup>, A Lotery<sup>3</sup>, G Menon<sup>4</sup> and J Talks<sup>5</sup> for the Medisoft Audit Group<sup>6</sup>

findings confirm that the FAc implant is a **useful treatment option for chronic DMO**. *Eye* (2017) **31**, 1707–1715; doi:10.1038/eye.2017.125; published online 24 July 2017

#### Introduction

Diabetic macular oedema (DMO) is a serious visual complication of diabetic retinopathy, one of the leading causes of vision loss among working-age adults.<sup>1</sup> Available data suggest that up to 24% of patients with diabetes develop DMO within 10 years of diagnosis.<sup>2</sup>

The goal of treatment is to preserve or improve vision by preventing or reducing macular swelling. Without treatment, over half of all patients who develop DMO will lose two or more lines of visual acuity within 2 years.<sup>3</sup> Current first-line treatment options include focal/grid laser photocoagulation<sup>4</sup> and intravitreal anti-vascular endothelial growth factor (VEGF) therapy.<sup>5–7</sup>

Although most patients respond to anti-VEGF therapy, a proportion of eyes do not show an improvement in vision or even lose vision. In a post hoc analysis of the Diabetic Retinopathy Clinical Research Network Protocol I study, 40% of eyes had an insufficient response (<5-letter improvement in best-corrected visual acuity (BCVA) from baseline) to anti-VEGF therapy at 3 months.8 In the Studies of Ranibizumab Injection in Subjects with Clinically Significant Macular Edema (ME) With Center Involvement Secondary to Diabetes Mellitus (RIDE and RISE), 13% of patients experienced no change or a decrease in visual acuity score at Month 24 following 0.5 mg ranibizumab therapy.<sup>5</sup> Anti-VEGF therapies also require regular follow-up and usually multiple injections, resulting in a substantial treatment burden for patients and hospital eye services.9

<sup>1</sup>Department of Ophthalmology, Bristol Eye Hospital, University Hospitals Bristol NHS Foundation, Bristol, UK

<sup>2</sup>Belfast Health and Social Care Trust, Belfast, UK

<sup>3</sup>University Hospital Southampton, Southampton, UK

<sup>4</sup>Frimley Park Hospital, Frimley, Surrey, UK

<sup>5</sup>Royal Victoria Hospital Newcastle upon Tyne, Newcastle Upon Tyne, UK

<sup>6</sup>Medisoft Audit Group contributors are listed before the references and in Supplementary Table S1.

Correspondence: C Bailey, Department of Ophthalmology, Bristol Eye Hospital, Lower Maudlin Street, Bristol BS1 2LX, UK Tel: +44 (0)117 342 1400; Fax: +44 (0)117 342 3402. E-mail: clare.bailey@bristol. ac.uk

Received: 2 February 2017 Accepted in revised form: 29 May 2017 Published online: 24 July 2017

Intravitreal corticosteroid implants are another effective treatment option for DMO and, as the biological activity of such implants lasts longer, a reduced frequency of injections would be expected compared with anti-VEGF monotherapy.<sup>9–12</sup> One long-acting steroid preparation for the management of DMO is  $0.2 \mu g/day$  fluocinolone acetonide (FAc) intravitreal implant (ILUVIEN, Alimera Sciences Limited, Aldershot, UK), which has proven to be efficacious for up to 36 months.<sup>13</sup> However, intraocular pressure (IOP) elevations and cataract formation, which are known side effects of intravitreal corticosteroid therapy, 10, 12, 14-17 were also observed with  $0.2 \mu g/day$ FAc. In patients who were phakic at baseline, development of cataract was shown to occur following FAc implantation in a substantial proportion of the FActreated arm compared with the sham control arm, and increased IOP was also observed more frequently in the actively treated arm.<sup>10</sup>

In order to evaluate if the clinical trial outcomes with  $0.2 \mu g/day$  FAc implant were replicated in real-world settings, particularly with respect to adverse events, the present electronic medical record (EMR) based study examined safety and efficacy outcomes using data acquired from 14 clinical sites in the UK.

# Subjects and methods

All 14 clinical sites that provided data for this study used a single EMR system (Medisoft Ophthalmology, Medisoft Limited, Leeds, UK). A structured template was used as part of the retina module to record and document the findings, and thus the data that are collected are more similar to those obtained in prospective clinical trials and studies. The lead clinician and Caldicott Guardian (responsible nominee for data protection) at each NHS Hospital gave written approval for anonymised data extraction. This study was conducted in accordance with the Declaration of Helsinki and the UK's Data Protection Act.

The present analysis was conducted using data extracted in August 2016. Data from patients who had received the  $0.2 \mu g/day$  FAc implant for the licenced indication of chronic DMO were identified by Medisoft Limited from the EMR system of each participating centre and extracted from each site, before being pseudoanonymised prior to amalgamation into a single dataset. Automated scripts were used to identify any patient treated with  $0.2 \mu g/day$  FAc implant and not flagged as a test patient. Data were then extracted from the entire record of eligible patients so that observations and treatments before and after  $0.2 \mu g/day$  FAc treatment were included within the analysis. A two-step approach was used to focus on DMO patients: first, non-diabetic patients were excluded and, subsequently, diabetic

patients with no DMO diagnosis were excluded. Data available in the extracted set covered baseline demographics and disease characteristics including: prior treatment for DMO; the incidence of IOP elevation and management; additional ocular treatments administered post  $0.2 \mu g/day$  FAc implant; vision outcomes; and change in central subfield foveal thickness (CSFT).

Multiple data extracts are permitted from the EMR by the current protocol approval, up to 2018.

The range of baseline vision distribution for inclusion was not specified at the outset of the study, as this was not a clinical trial. Treatment was carried out at the clinicians' discretion with a range of 5–85 Early Treatment Diabetic Retinopathy Study (ETDRS) letters.

IOP-related end points analysed following the  $0.2 \,\mu g/$ day FAc treatment were: percentage of treated eyes that had exhibited IOP increase  $\geq 10 \text{ mm Hg}$  and IOP elevation above 30 mm Hg; percentage of patients diagnosed with glaucoma or requiring IOP-lowering medication; and percentage of patients requiring trabeculoplasty and trabeculectomy/glaucoma surgery. IOP-related outcomes for patients who completed 12- and 18-month follow-up in this study were compared with the same outcomes at 12 and 18 months in the Fluocinolone Acetonide for Diabetic Macular Edema (FAME) study. Visual outcomes were also analysed from the database, including: change in vision distribution assessed by ETDRS letters; mean Best-Recorded Visual Acuity (BRVA); percentage of patients achieving  $\geq 6/12$ vision; percentage of patients with vision stability or improvement; and percentage of eyes gaining  $\geq 15$ ETDRS letters. Baseline data were included if there was a later data point for comparison. Data were excluded if only baseline data or only follow-up data were available. Baseline visual acuity (VA) is the last non-missing value taken on or before the initial date of  $0.2 \mu g/day$  FAc implant administration. Every non-missing VA assessment collected after the initial date of  $0.2 \,\mu g/day$  FAc administration was assigned a follow-up visit using study day number (number of days between VA assessment and initial  $0.2 \mu g/day$  FAc implant administration) and visit windows. In addition, drug utilisation in the 12 months prior to and following  $0.2 \mu g/day$  FAc implant for the treatment of DMO was analysed. End points were captured based on data captured in EMR.

Data from this real-world safety study were compared with results for patients with chronic DMO from the pivotal pre-registration FAME study at equivalent time points.<sup>10,11</sup> All comparisons were descriptive; no formal statistical analysis was undertaken.

Eye

# Results

# Study population

Data were available for 345 DMO eyes (305 patients; 40 received bilateral treatment) with a mean duration of follow-up of 428 days (range 0–919 days).

Mean age of treated patients was 68.5 years; 53.1% were male and 58.5% of patients had proliferative diabetic retinopathy at baseline. Most treated eyes (89.6%) were already pseudophakic and a further 7.2% of patients (25 eyes) received  $0.2 \,\mu g/day$  FAc implants at the same time as cataract surgery. Prior to receiving the  $0.2 \,\mu g/day$  FAc implant, 14.2% of eyes had already received IOP-lowering medication; 3.5% of eyes had IOP level >30 mm Hg at baseline and 0.3% of eyes had already required trabeculectomy or glaucoma surgery.

# Prior DMO treatment

The majority of treated eyes had received prior therapy for DMO (91.6%); 28.4% of treated eyes had received prior macular laser therapy and 84.6% of treated eyes had received at least one prior intravitreal treatment, with a mean of 7.36 prior intravitreal treatments. In patients with any prior intravitreal treatment, 32.8% had prior intravitreal steroids (29.0% received intravitreal triamcinolone; 5.5% received a dexamethasone intravitreal implant) and 78.6% had prior anti-VEGF (68.4% received ranibizumab, 21.4% bevacizumab and 1.7% aflibercept; Supplementary Tables S2 and S3).

At baseline, mean BRVA was 51.9 ETDRS letters (n = 311). In the majority of treated eyes (84.4%) baseline vision was <70 letters.

## Incidence and management of IOP elevation

An increase in mean IOP of 3.1 mm Hg from baseline was observed during the first 12 months after  $0.2 \mu g/day$  FAc implantation, followed by a decrease over the subsequent 12–30 months. The mean IOP at baseline was 15.7 mm Hg, which increased to a maximum of 19.2 mm Hg at 12 months. Following this, a decrease was observed to 18.3 mm Hg at 24 months and 15.4 mm Hg at 30 months (Supplementary Figure S1).

At last observation, 13.9% of patients in the current study required IOP-lowering drops (including patients who changed existing/received additional IOP-lowering medication following  $0.2 \,\mu$ g/day FAc treatment, as well as those requiring drop initiation); 7.2% experienced an IOP elevation above 30 mm Hg and there was a single patient (0.3%) who required IOP-lowering surgery (this patient had a prior IOP-related event). The overall incidence of glaucoma (diagnosis based on report of

glaucomatous cupping/notching at optic disc exam) was 1.2%.

Examining the trend over time, by 18 months the incidence of IOP increase  $\geq 10$  mm Hg was 24.4% and the rate of IOP elevation above 30 mm Hg was 13.4%. For chronic DMO patients in the FAME study, at equivalent time points, these rates were 24.9 and 10.5%, respectively. In the current study, the incidence of glaucoma at 18 months was 2.4% with 22.0% of eyes requiring emergent IOP-lowering medication while, in the FAME study, the incidence at this time point was 1.4%, with 26.3% of eyes requiring IOP-lowering treatments (Table 1; 12-month comparisons are shown in Supplementary Table S4).

## Impact of prior steroid use or prior IOP-related event

Prior to the  $0.2 \mu g/day$  FAc implant, 14.2% of eyes were receiving IOP-lowering medication. Of treated eyes in the study, 33.6% had prior IOP-related events; 59.5% of these events were reported in patients without prior steroid use. In patients with prior steroid use but no prior event, 0% reported any emergent IOP-lowering medication or had an IOP elevation above 30 mm Hg. Requirement for IOP-lowering medication and IOP elevation above 30 mm Hg were both more common in eyes that had a prior IOP-related event (Figure 1). IOP-related events by history of prior IOP-related event are further described in appendix (Supplementary Table S5).

# Additional ocular treatments administered post FAc injection

The majority of eyes (64.3%) were given no additional treatments for DMO post FAc injection. Where used, additional treatments included macular laser therapy (6.4%, n = 22), intravitreal treatment (32.2%, n = 111) and retreatment with the FAc implant (0.53%, n = 2). Of the eyes that received additional intravitreal treatment post FAc implant, 4 (1.2%) received bevacizumab; 47 (13.6%) aflibercept; 61 (17.7%) ranibizumab; 8 (2.3%) dexamethasone; and 8 (2.3%) triamcinolone. Overall, the mean number of intravitreal injections was 7.4 before FAc administration and 4.4 after FAc administration. For specific additional intravitreal treatments post FAc implant, the mean number of injections was 2.5 for bevacizumab; 4.0 for aflibercept; 4.5 for ranibizumab; and 1.3 for triamcinolone. One patient retreated with  $0.2 \,\mu g/$ day FAc injection had a concomitant uveitis diagnosis; the other patient had a history of pars plana vitrectomy 2 months before the second injection.

1709

1710

**Table 1** (a) IOP elevation and management. (b) Comparison of IOP elevation and management for patients completing 18 months ofthis study compared with 18 months in FAME study

(a)				
Medisoft data	DMO eyes % (n) l Mean follow-up 428 days n = 345	Prior steroid use and no prior IOP-related event % (n) n = 44	No prior steroid use and no prior IOP-related events % (n) n = 185	
IOP increase of $\geq 10 \text{ mm Hg}$	15.4 (53/345)	6.8 (3/44)	9.7 (18/185)	
IOP elevation above 30 mm Hg	7.2 (25/345)	0 (0/44)	4.3 (8/185)	
Trabeculoplasty	0 (0/345)	0 (0/44)	0 (0/185)	
Trabeculectomy/glaucoma surgery	0.3 (1/345)	0 (0/44)	0 (0/185)	
Reported 'glaucoma'a	1.2 (4/345)	0 (0/44)	0.5 (1/185)	
Emergent IOP-lowering medication <sup>b</sup>	13.9 (48/345)	0 (0/44)	10.3 (19/185)	
(b)				
	Medisoft <sup>c</sup> 18-month DMO comple	eters % (n) FAME <sup>d</sup> (cDM0	O patients, 18 months) % (n)	
	<i>n</i> = 127		n = 209	
IOP increase of $\geq 10 \text{ mm Hg}$	24.4 (31/127)		24.9 (52/209)	
IOP elevation above $>30 \text{ mm Hg}$	13.4 (17/127)		10.5 (22/209)	
Trabeculoplasty	0 (0/127)		0 (0/209)	
Trabeculectomy/glaucoma surgery	0.8 (1/127)		1.5 (3/209)	
Reported 'glaucoma'	2.4 (3/127)		1.4 (3/209)	
Emergent IOP-lowering medication <sup>b</sup>	22.0 (28/127)	:	26.3 (55/209)	

Abbreviations: cDMO, chronic diabetic macular oedema; DMO, diabetic macular oedema; FAc, fluocinolone acetonide; IOP, intraocular pressure. <sup>a</sup>Includes diagnosis post FAc implant reassessed by the principal investigator. <sup>b</sup>Includes IOP-lowering medications initiated after FAc injection and addition and/or switch of medication in patients with baseline IOP-lowering medication. <sup>c</sup>Preliminary safety findings for patients with at least 18 months of follow-up. <sup>d</sup>Preliminary safety findings at 18 months for the FAME study.

## Visual outcomes

Mean BRVA for eyes with baseline and at least one later data point for comparison increased from 51.9 letters at baseline (n = 311) to 56.4 letters at 18 months (n = 120). At 24 months, mean BRVA was 57.2 letters (n = 53). A similar trend was also demonstrated in the subgroup of pseudophakic patients. BRVA gain was maintained in patients with 12 or 18 months' follow-up (Figure 2a). Although the majority of patients had BRVA of 34-68 letters at all time points, the distribution of VA change improved after treatment with the  $0.2 \mu g/day$  FAc implant, with more patients having BRVA of 69-100 letters at 18 and 24 months than prior to the implant (Figure 2b). Patients who received  $\geq 1$  intravitreal injection post FAc injection (n = 105) had a mean BRVA of 51.8 letters at baseline. This increased by 3.2 letters to 55.0 letters at last observation. Patients who did not receive any additional treatments post FAc injection (n = 206) had a mean BRVA of 52.0 letters at baseline. This increased by 3.0 letters to 55.0 letters at last observation.

# Vision stability, improvement and loss

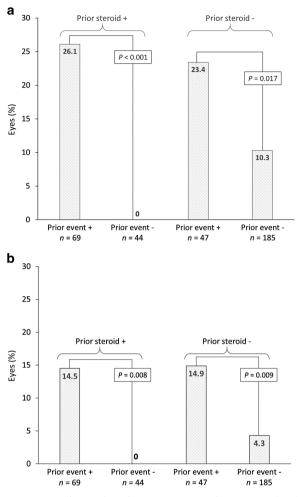
The percentage of eyes with vision stability or improvement (defined by any gain or any loss less than four letters from baseline) was 78.7% at 12 months (n = 160), 81.6% at 18 months (n = 120) and 86.7% at 24 months (n = 53), and remained above 74.0% over the entire period of analysis. The proportion of patients with 6/12 vision or better increased from 18.1% at baseline to 39.2% at 18 months and 39.6% at 24 months, and remained above baseline over the period of analysis (Table 2).

## Change in central subfield foveal thickness

Mean CSFT at baseline was  $451.2 \,\mu\text{m}$  (n = 54). A mean reduction in CSFT of 95.7  $\mu\text{m}$  was observed over the period of analysis (P < 0.001), with a mean CSFT at last observation of  $355.5 \,\mu\text{m}$ .

# Treatments used before and after 0.2 µg/day FAc implant

Overall, 85.7% of eyes were treated with any intravitreal treatment or laser (ie, anti-VEGFs, steroids and laser) in the 12 months prior to receiving  $0.2 \mu g/day$  FAc implant and the overall use decreased to 32.8% in the 12 months after  $0.2 \mu g/day$  FAc implant. Utilisation of anti-VEGF treatment decreased by 51.3%; laser treatment decreased by 2.1% and steroid treatment decreased by 2.5% in the 12 months after  $0.2 \mu g/day$  FAc implant, compared with



**Figure 1** Predictors, based on prior intraocular pressure (IOP)related event (+) or no prior IOP-related event (-) for (a) emergent IOP-lowering medications and (b) IOP peak >30 mm Hg after  $0.2 \mu g/day$  fluocinolone acetonide implant. Prior event is defined as report of IOP elevation, glaucoma, trabeculoplasty, glaucoma surgery, trabeculectomy, any IOP  $\geq$ 21 mm Hg, IOP increase  $\geq$  10 mm Hg, or report of any IOP-lowering medication.

the 12 months before. Table 3 compares all individual treatments recorded in the 12 months after  $0.2 \mu g/day$  FAc implant with those in the 12 months prior to  $0.2 \mu g/day$  FAc implant.

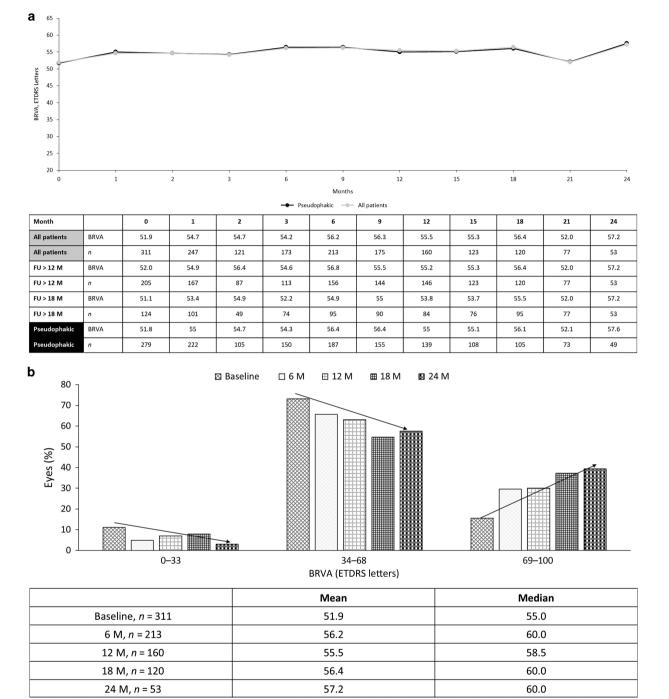
## Discussion

This study, which used the highly structured EMR data from 14 UK retina centres, was undertaken to assess reallife outcomes, with a particular focus on IOP-related adverse events, following the use of  $0.2 \,\mu\text{g/day}$  FAc implant for the treatment of chronic DMO. In this cohort, on average, the majority of treated eyes had moderate visual impairment at entry into this database and had received intravitreal therapy, including anti-VEGFs and other corticosteroids, before treatment with the FAc implant. The main finding of our analysis was the demonstration of a favourable safety profile, with important improvements in VA and retinal morphology.

The range of VA of eyes at the time of  $0.2 \,\mu g/day$  FAc implant treatment that were included in the EMR dataset was different and vastly broader than of the FAME study<sup>10,11</sup> and in other landmark clinical trials of intravitreal therapies for DMO.<sup>5,6,12</sup> In the real-life setting, we observed that treatment was initiated in eyes with VA ranging from 5 to 85 ETDRS letters, compared with a range of 19–68 ETDRS letters in the FAME study and 24–73 ETDRS letters in the RISE/RIDE trial.

Overall, the side-effect profile demonstrated in this study was in line with the known safety profile for intravitreal corticosteroids. The majority of IOP increases did not require medical management, as demonstrated by only 13.9% of patients requiring IOP-lowering drops (including patients who changed existing/received additional IOP-lowering medication since  $0.2 \mu g/day$  FAc treatment, as well as those requiring drop initiation) and 0.3% requiring glaucoma surgery at last observation. In the overall study population, the increase in mean IOP observed was gradual and remained under 20 mm Hg throughout the period of analysis. Our real-world data show that the proportion of patients requiring IOPlowering medication or glaucoma surgery at 18 months was lower than that in the FAME study at 18 months. In addition, the incidence of glaucoma was low in this study (2.4% in 18-month completers). Future analyses of data collected following  $0.2 \,\mu g/day$  FAc treatment could include exploration of the relationship between IOP and lens status and thus provide further insight into the extent of the effect of cataract removal on IOP.

Our data also show that  $0.2 \,\mu g/day$  FAc implant has a favourable safety profile for patients without prior IOPrelated events. Patients without an IOP elevation in response to a steroid challenge may be particularly good candidates for this technology. IOP rise is frequent in DMO patients and may not always be related to steroid use, as demonstrated by the fact that 59.5% of the patients that had reported prior IOP-related events did not have a history of prior steroid use. Emergent IOP-lowering medication or IOP elevation above 30 mm Hg following treatment with  $0.2 \mu g/day$  FAc was more frequently reported in patients with prior IOP-related events. Based on the data from this study, for patients who had not previously received steroid and were without prior IOPrelated events, only 4.3% developed IOP elevation above 30 mm Hg and 10.3% required IOP-lowering medication following FAc treatment, indicating a low likelihood of IOP complications in this patient population.



**Figure 2** Best-recorded visual acuity (BRVA) over time<sup>a</sup> in all patients and pseudophakic patients alone (a) and vision distribution over time with  $0.2 \mu g/day$  fluocinolone acetonide implant (b). <sup>a</sup>Baseline data were included, if there was a later data point for comparison. Data were excluded, if only baseline data or only follow-up data were available. BRVA, best-recorded visual activity; ETDRS, Early Treatment Diabetic Retinopathy Study; FU, follow-up; M, month.

Although data on macular thickness were not comprehensively recorded, a reduction in mean CSFT was observed following treatment with the FAc implant. Overall, these results are in line with those of recent case reports and other studies of  $0.2 \mu g/day$  FAc

implant for the treatment of DMO in real-world settings,<sup>18–20</sup> and highlight the potential additional value that can be gained by switching to the FAc implant in patients with a suboptimal response to other treatment options.

1712

	12 months (%) n = 160	18 months (%) n = 120	24 months (%) n = 53
Vision stability/improvement	78.7	81.6	86.7
≥15-letters gain	15.0	15.0	20.8
≥10-letters gain	28.1	32.5	34.0
≥5-letters gain	48.1	47.5	52.9
6/12 vision or better	30.0	39.2	39.6
BRVA loss of >0 letters	27.6	26.7	22.7
BRVA loss of >15 letters	6.9	5.0	5.7

**Table 2** Vision changes at 12 and 24 months—vision loss, stability and improvement at 12 months and 24 months and percentage of eyes achieving [6/12 or better] following  $0.2 \mu g/day$  FAc implant

Abbreviations: BRVA, best-recorded visual acuity; FAc, fluocinolone acetonide.

**Table 3** Therapy utilisation in patients with both 12 months of follow-up before  $0.2 \,\mu$ g/day FAc implant and 12 months of follow-up after  $0.2 \,\mu$ g/day FAc implant

Treatment	Use 12 months prior to FAc implant (%)	Use 12 months post FAc implant (%)
Ranibizumab	66.1	18.0
Aflibercept	1.1	6.9
Bevacizumab	9.0	0
Dexamethasone implant	2.1	1.6
Panretinal	5.8	6.3
photocoagulation (PRP)		
Macular laser	7.4	4.8
IVTA	4.2	2.2

Abbreviations: FAc, fluocinolone acetonide; IVTA, intravitreal triamcinolone.

The strengths of a database study such as this are the diversity of the patient population, in terms of baseline clinical characteristics, and the fact that patients were treated with  $0.2 \mu g/day$  FAc implant in real-world settings; thus enabling a more direct translation of the study findings to routine clinical practice. For example, in contrast to clinical trials, patients with ocular comorbidities such as epiretinal membrane and vitreomacular traction were not excluded and no restrictions were placed on systemic parameters, such as HbA1c and blood pressure; despite this, comparable efficacy to clinical trials was observed.

A potential limitation is the interim and open-label nature of this analysis. Although the data were entered prospectively, they were analysed retrospectively and no further information could be obtained if there were missing data points, such as optical coherence tomography thickness; although subsequent analyses are likely to provide further information on the long-term tolerability and efficacy of  $0.2 \mu g/day$  FAc in real-world settings. Additionally, validation of disease state was not carried out and quality of data was dependent on completeness and accuracy of electronic records.

A confounding factor to consider when using real-world data is that VA is often measured with the patients' habitual correction (if any) rather than objective refractions at each visit. This is likely to underestimate the actual changes in vision. However, it may better reflect the visual outcomes that patients actually experience following treatment and is reassuring for the outcomes that ophthalmologists can advise their patients to expect.

Treatment with a single  $0.2 \,\mu g/day$  FAc implant has the potential to considerably improve patients' quality of life, owing to improved vision and a decreased requirement for additional therapies/visits. Despite poor starting vision and receiving prior therapy, treatment with the FAc implant was associated with sustained or improved vision for 86.7% of patients at 24 months. The majority of patients did not receive additional treatments, however, it should be noted that 35.7% of patients received additional treatments post FAc injection. Nevertheless, visual outcomes were similar for patients regardless of if they received additional intravitreal treatment or not. As most patients had received intravitreal anti-VEGF prior to the FAc implant, the visual improvements on top of previous improvements in VA are important. These results are especially noteworthy, since the patient population in this study may have been at a later stage of disease than was studied in the RISE and RIDE studies for intravitreal ranibizumab.<sup>5–6,21</sup> Another important guality of life consideration is maintenance of functional vision; the legal minimum requirement for driving in the UK is binocular VA of 6/12.22 The proportion of patients with 6/12 vision or better in the treated eye increased from 18.1% at baseline to 39.6% at 24 months, and remained above baseline over the period of analysis.

In conclusion, the results of this EMR audit provide further evidence of the tolerability and efficacy of  $0.2 \,\mu\text{g}/$ day FAc for the treatment of chronic DMO in routine clinical practice. The FAc implant appears to be a valuable therapeutic approach for patients with chronic DMO refractory to other treatment options, with a predictable and manageable side-effect profile that is more favourable in the absence of prior IOP-related events.

#### Summary

What was known before

- 0.2 μg/day FAc implant is indicated for the treatment of vision impairment associated with chronic diabetic macular oedema, considered insufficiently responsive to available therapies.
- In the FAME study, it was shown to be efficacious in the treatment of DMO and lasted for up to 36 months.
- At the time of the FAME study, the standard of care for DMO was predominantly laser, but a course of intravitreal anti-VEGF injections is now widely used before considering intravitreal steroid treatment. Therefore, it was unclear how 0.2 μg/day FAc implant performed outside of a clinical trial and in real-world practice.
- It was also unclear at the start of this study how the safety outcomes and visual function data acquired in the real-world setting compared with those from the FAME study.

#### What this study adds

- Efficacy findings confirm that the FAc implant is a useful treatment option for chronic DMO, even in patients who had a long duration of DMO and had received numerous prior DMO therapies.
- Real-world data shows a favourable safety profile with a similar frequency of IOP-related emergent adverse events to the FAME trial.
- No adverse events were seen in a subgroup of patients where a prior steroid had been given and where there had been no prior IOP events.
- This study provides further evidence of the value of the FAc implant in patients with chronic DMO that have not responded adequately to prior DMO therapies.

## **Conflict of interest**

CB is a consultant for Allergan, Alcon, Bayer, Alimera Sciences, Roche and Novartis. UC is a consultant for Allergan, Bayer, Novartis, Alimera Sciences and Roche. AL is a consultant for Bayer, Roche and Gyroscope Therapeutics. GM is a consultant for Novartis and Bayer. JT is a consultant for Bayer, Alimera Sciences, Allergan and Novartis.

#### Acknowledgements

We acknowledge the late Robert Johnston for his significant contribution to the work reported in this paper and Barry Kapik, Alimera Sciences, Inc., for providing statistical support. Medical writing assistance was provided by Helios Medical Communications and supported by Alimera Sciences, Inc.

### Medisoft Audit Group Contributors

Dr Clare Bailey (Principal Investigator), Bristol Eye Hospital; Dr Ahmed Kamal, Aintree University Hospitals; Professor Usha Chakravarthy, Belfast Health and Social Care Trust; Dr Faruque Ghanchi, Bradford Teaching Hospitals; Dr Rehna Khan, Calderdale Royal Hospital; Professor Geeta Menon, Frimley Park Hospital; Dr Robert Johnston, Gloucestershire Hospitals; Dr Martin McKibbin, Leeds Teaching Hospitals; Dr Atul Varma, Mid Yorkshire Hospitals; Dr Bushra Mustaq, BMEC; Dr Christopher Brand, Sheffield Teaching Hospitals; Dr James Talks, Newcastle Upon Tyne Hospitals; Professor Andrew Lotery, University Hospital Southampton; Dr Nick Glover, Queen Elizabeth Birmingham.

#### References

- 1 Yau JW, Rogers SL, Kawasaki R, Lamoureux EL, Kowalski JW, Bek T *et al.* Global prevalence and major risk factors of diabetic retinopathy. *Diabetes Care* 2012; **35**(3): 556–564.
- 2 Klein R, Klein BE, Moss SE, Cruickshanks KJ. The Wisconsin Epidemiologic Study of Diabetic Retinopathy. XV. The long-term incidence of macular edema. *Ophthalmology* 1995; 102(1): 7–16.
- 3 Ferris FL 3rd, Patz A. Macular edema. A complication of diabetic retinopathy. Surv Ophthalmol 1984; 28(Suppl): 452–461.
- 4 Early Treatment Diabetic Retinopathy Study Research Group. Photocoagulation for diabetic macular edema. Early Treatment Diabetic Retinopathy Study report number 1. *Arch Ophthalmol* 1985; **103**(12): 1796–1806.
- 5 Nguyen QD, Brown DM, Marcus DM, Boyer DS, Patel S, Feiner L *et al.* Ranibizumab for diabetic macular edema: results from 2 phase III randomized trials: RISE and RIDE. *Ophthalmology* 2012; **119**(4): 789–801.
- 6 Brown DM, Nguyen QD, Marcus DM, Boyer DS, Patel S, Feiner L *et al.* Long-term outcomes of ranibizumab therapy for diabetic macular edema: the 36-month results from two phase III trials: RISE and RIDE. *Ophthalmology* 2013; **120**(10): 2013–2022.
- 7 Diabetic Retinopathy Clinical Research Network. Aflibercept, bevacizumab, or ranibizumab for diabetic macular edema. N Engl J Med 2015; 372(13): 1193–1203.
- 8 Dugel PU, Campbell J, Holekemp N, Kiss S, Lowenstein A, Augustin A *et al.* Long-term response to anti-VEGF therapy for diabetic macular edema can be predicted after 3 injections: an analysis of Protocol I data. Paper presented at the American Academy of Ophthalmology Annual Meeting; 14 - 17 November 2015; Las Vegas, NV, USA.
- 9 Danis RP, Sadda S, Li XY, Cui H, Hashad Y, Whitcup SM. Anatomical effects of dexamethasone intravitreal implant in diabetic macular oedema: a pooled analysis of 3-year phase III trials. Br J Ophthalmol 2016; 100(6): 796–801.
- 10 Campochiaro PA, Brown DM, Pearson A, Chen S, Boyer D, Ruiz-Moreno J *et al.* Sustained delivery fluocinolone acetonide vitreous inserts provide benefit for at least 3 years in patients with diabetic macular edema. *Ophthalmology* 2012; **119**(10): 2125–2132.
- 11 Campochiaro PA, Brown DM, Pearson A, Ciulla T, Boyer D, Holz FG *et al.* Long-term benefit of sustained-delivery

fluocinolone acetonide vitreous inserts for diabetic macular edema. *Ophthalmology* 2011; **118**(4): 626–635.

- 12 Boyer DS, Yoon YH, Belfort R Jr., Bandello F, Maturi RK, Augustin AJ *et al.* Three-year, randomized, sham-controlled trial of dexamethasone intravitreal implant in patients with diabetic macular edema. *Ophthalmology* 2014; **121**(10): 1904–1914.
- 13 Alimera Sciences Limited. Summary of product characteristics for ILUVIEN 190 micrograms intravitreal implant in applicator. 2012. Available from: https://www.medicines.org.uk/emc/ medicine/27636 (Accessed on June 2017).
- 14 Diabetic Retinopathy Clinical Research Network. A randomized trial comparing intravitreal triamcinolone acetonide and focal/grid photocoagulation for diabetic macular edema. *Ophthalmology* 2008; **115**(9): 1447–1449.
- 15 Diabetic Retinopathy Clinical Research Network. Three-year follow-up of a randomized trial comparing focal/grid photocoagulation and intravitreal triamcinolone for diabetic macular edema. *Arch Ophthalmol* 2009; **127**(3): 245–251.
- 16 Daruich A, Matet A, Behar-Cohen F. Sustained-release steroids for the treatment of diabetic macular edema. *Curr Diab Rep* 2015; **15**(11): 99.
- 17 Parrish RK, Campochiaro PA, Pearson PA, Green K, Traverso CE; FAME Study Group. Characterization of intraocular pressure increases and management strategies following treatment with fluocinolone acetonide intravitreal implants in the FAME trials. *Ophthalmic Surg Lasers Imaging Retina* 2016; 47(5): 426–435.
- 18 Bertelmann T, Schulze S. Long-term follow-up of patient with diabetic macular edema receiving fluocinolone acetonide intravitreal implant. *Ophthalmol Ther* 2015; 4(1): 51–58.

- 19 Schmit-Eilenberger VK. A novel intravitreal fluocinolone acetonide implant (Iluvien<sup>®</sup>) in the treatment of patients with chronic diabetic macular edema that is insufficiently responsive to other medical treatment options: a case series. *Clin Ophthalmol* 2015; **9**: 801–811.
- 20 Elaraoud I, Andreatta W, Kidess A, Bhatnagar A, Tsaloumas M, Quhill F *et al*. Use of flucinolone acetonide for patients with diabetic macular oedema: patient selection criteria and early outcomes in real world setting. *BMC Ophthalmol* 2016; **16**: 3.
- 21 Novartis. Summary of product characteristics for Lucentis 10 mg/ml solution for injection. 2016. Available from: https://www. medicines.org.uk/emc/medicine/19409 (Accessed on June 2017).
- 22 Bron AM, Viswanathan AC, Thelen U, de Natale R, Ferreras A, Gundgaard J *et al*. International vision requirements for driver licensing and disability pensions: using a milestone approach in characterization of progressive eye disease. *Clin Ophthalmol* 2010; **4**: 1361–1369.

This work is licensed under a Creative Commons Attribution 4.0 International License. The images or other third party material in this article are included in the article's Creative Commons license, unless indicated otherwise in the credit line; if the material is not included under the Creative Commons license, users will need to obtain permission from the license holder to reproduce the material. To view a copy of this license, visit http://creativecommons.org/licenses/by/ 4.0/

© The Author(s) 2017

Supplementary Information accompanies this paper on Eye website (http://www.nature.com/eye)